Please see the Site Supervisor to request a specific allergen free menu

Vegetarian · Whole Grain · Vegan

November Lunch

2026

SWEETWATER NUTRITION

	Monday	Tuesday	Wednesday	Thursday	Friday
W1	**2** Spicy Chicken Sandwich Chicken Caesar Salad w/ WG Option California Burrito Bean Tamale	**3** Domino's Pizza (Pepperoni or Cheese) Chicken Alfredo Bowl Fruit & Yogurt Parfait w/WG Granola Pretzel Dipper Box	**4** Buffalo Wings w/WG Option Cheeseburger w/Fries Turkey and Cheese Sandwich Tofu Fried Rice	**5** Domino's Pizza (Pepperoni or Cheese) Pork Adobo Grilled Cheese Sandwich Burrito Rice Bowl	**6** Bosco Sticks w/Marinara Garlic Parm Chicken Pasta Carnitas Burrito Taco Salad w/ Chips
W2	**9** Breaded Chicken Plate Birria Pupusa Fruit & Yogurt Parfait w/WG Granola Tofu Banh Mi	**10** Domino's Pizza (Pepperoni or Cheese) Cheeseburger w/ Fries Chef Salad w/ WG Option Fiesta Burrito	**11** **NO SCHOOL**	**12** Domino's Pizza (Pepperoni or Cheese) Lemon Chicken Rice Bowl Philly Cheesesteak Tofu Teriyaki Rice Bowl	**13** Spicy Chicken Sandwich Buffalo Chicken Cheesy Toast Bean, Cheese, & Rice Burrito Bean Tamale
W3	**16** Pasta Bolognese Chicken Caesar Salad w/ WG Option Pork Torta Falafel Wrap	**17** Domino's Pizza (Pepperoni or Cheese) Spicy Chicken Sandwich Buffalo Smack n'cheese Taco Salad w/ Chips	**18** Turkey Plate Cheesy Toast w/ Marinara Beef Bulgogi Falafel Bistro Box	**19** Domino's Pizza (Pepperoni or Cheese) Chicken Fried Rice Sub Sandwich Tofu Fried Rice	**20** Cheeseburger w/Fries Pork Carnitas Burrito Fruit & Yogurt Parfait w/WG Granola Tofu Banh Mi
	23 **THANKSGIVING BREAK**	**24**	**25**	**26**	**27**
W1	**30** Spicy Chicken Sandwich Chicken Caesar Salad w/ WG Option California Burrito Bean Tamale				

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk. All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.

This institution is an equal opportunity provider.

Daily Vegetables
M: Hummus & Baby Carrots
T: Spicy Lime Cucumbers & Side Salad
W: Celery Sticks & Baby Carrots
Th: Spicy Cucumbers & Cheesy Broccoli
F: Mexican Street Corn & Spicy Carrots

Daily Fruit:
Fresh Fruit Bowl & Assorted Fruit Cups