HIGHLANDS MIDDLE SCHOOL STUDENT BULLETIN

Friday, November 6th, 2026 "S" Day

FREE BREAKFAST *AND* LUNCH FOR ALL STUDENTS K-12

First Meal is Free, Second Meal or Second Entrée $3.25

Monday, November 2nd M/E Buffalo Chicken Dip Or Vegetarian Nuggets w/ Tortilla Chips, Spinach Salas, Apple & Raisins 100% Fruit Juice	Tuesday, November 3rd SCHOOL CLOSED Election Day	Wednesday, November 4th S/F Cheesy Croissant Sandwich w/ or w/out Ham (Pork), Roasted Butternut Squash & Apple Slices, Warm Cran-Apple Crisp Milk Choice	Thursday, November 5th M/A Ooey Gooey Tripple Decker Grilled Cheese Crispy Smile Fries, Fresh Strawberries & Mixed Fruit Cup Milk Choice	Friday, November 6th S/B Meatball (Beef) Parm Wedge Or Vegetarian Nuggets w/ Roll, Roasted Garlic Mushrooms Orange Smiles & Applesauce 100% Fruit Juice

Available Daily:

Cooked or Raw Vegetables, Fresh or Cupped Fruit with Every MealChoice of 1% White Milk, FF Chocolate Milk, Lactose Offered on Monday & Friday 100% Fruit Juice.
Romaine Lettuce Salad, Cucumbers, Tomatoes Croutons & Chicken, Turkey, Ham, American Cheese on WG Rolls or Sunbutter & Jelly. Yogurt Parfait w/ Granola.
Pepperoni & Cheese Pizza Friday's Special Buffalo Chicken Pizza.

Today!



