Dear Students, Families, and Caregivers,

When in-person school is not possible, learning continues at home! The Alexandria City Public Schools team has created these activities to support your child's continued learning.

These activities give students opportunities to practice key academic skills, stay active, express creativity, explore real-world problem solving, and discover exciting career paths.

Learning Symbols

Look for these icons on your board to see what subject each activity covers:


Literacy


Math


Science


Social Studies


Art & Music


Health & Wellness


Career Awareness & Exploration

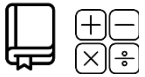
Complete **5 activities** each day learning happens at home:

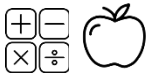
1. **Pick Your Activities:** Choose 5 activities from the board. If you do not have the materials or want to try something else, feel free to pick a different box from any day on the Learning Board. If a box has extra icons, it counts toward both subjects!
2. **Track Your Progress:** Circle each activity on the board as you complete it.
3. **Share Your Learning:** Show or discuss your finished work with an adult or caregiver.
4. **Turn It In:** Bring your completed work back to your teacher when you return to the school building.

For extra activities, check the Family Learning Resources page included in this packet or visit the ACPS Family Learning Activities Page. https://www.acps.k12.va.us/families/learning-activities-list

ACPS First Grade School Learning Board

Literacy	Math	Science	Social Studies	Encore
Journaling: Write sentences and draw pictures to show what you did today.	Find 110 things (like cereal). Practice skip counting by 5s and 10s. Try to count to 110 or more!	Go outside and collect ten items (sticks, leaves, rocks). Sort your objects by how they feel, rough or smooth. Then sort the objects by their size, big or little?	Play a board game together. After the game is done, talk about why taking turns is important.	Sing a song you learned in school to a grown-up.
Read a story together. Retell the beginning, middle, and end. Tell someone what you like about the story.	Write numbers 1–110 on paper, or draw them in sand, rice, or snow.	Go outside in the morning, at lunchtime, and afternoon and stand in the same spot. Point to the sun. Then draw a picture to show how the sun's position has changed.	Give a compliment to everyone in your family. Write each compliment.	Hold a plank or pushup position while singing a song for 1 minute.
Read a favorite book and draw a picture of something that happens in the story to share with your class.	Let's get moving! Try jumping jacks, reaching up high, touching your toes, bouncing a ball, or jumping on one foot. Count as you go. How high can you count?	Little Plant Scientist! Imagine you grow plants for a living. Draw or build a plant. Show its roots, stem, and leaves. Explain what your plant needs to grow and how you would care for it.	Be a great friend by making a card for a friend in school. Include reasons why they are a great friend.	Crabwalk around your house 3 times.

Read with a buddy! Share a story with a family member, friend, or stuffed animal! Act out your favorite page. 	Design a Dream Playground! Imagine you are a playground designer. Use circles, squares, rectangles, and triangles to draw a playground. Count how many of each shape you used. Explain your favorite feature. 	Practice “Mindful Eating” Think about how your snack tastes, sounds, feels, and smells. 	Make a homemade gift for someone. Write a note to go with it. 	Draw a picture of someone who lives in your house with you. Make sure to include all the parts of the face! 
Write four sentences about your favorite outside activity. Draw pictures to match your sentences. 	Find 110 things in your house (like cereal). Practice skip counting by 2’s. Try to count to 110 or more!	Musical Instrument Inventor! Design a musical instrument using household materials. Make two different sounds. Draw your instrument and write one sentence explaining how it works. 	Help someone with a chore around the house.	Balance a book on your head while walking slowly across the room five times. 
Write your own “calming strategy” and teach it to someone at home. 	Star Jump to 100! Count by 10s to 100 and do a star jump for each number. Then count by 5s to 100 and do a star jump for each number. 	Find 5 items in your home that are clear, 5 items you can see through but are not clear, and 5 items you cannot see through. Write them in a chart.	Create a Kindness Calendar. Plan a week of kind activities to do each day. Share your completed calendar with your teacher. 	Play patterns of long/short sounds on an item you find in your house (for example: tap a pencil on the side of a cup). 

Listen to a book being read aloud by a family member or on the computer. Write a question you have about the book. (*I wonder why…)*	Look for squares, rectangles, circles, and triangles in your home. Count the sides, corners (vertices), and angles of each shape.	Compare the sound your pencil makes when you tap it against different objects in your home. Write a sentence for each using describing words.	Community Problem Solver! Think of one thing about your school, community, or country you would like to change, and why. Draw what it looks like now and how you would improve it. Tell someone about your idea. 	Make the letter shapes with your body to spell your first name. 
Practice reading aloud in your best storyteller voice. Record a video to share with friends or family!	Count by 1's as high as you can. How high did you get? Can you write numbers that high too?	Observe how this season affects plants, animals, and people. Write sentences and draw a picture to tell what you see and notice.	What is your favorite holiday? Draw, write, or tell about why it is important to you.	Make up a dance to a song and perform it for someone at home. 
Make a cozy "reading spot." Read a book to a stuffed animal and share what feelings you have while reading it.	Show the number 67 in at least 2 different ways. You can use pictures, words, or numbers. What other numbers can you show too?	Create a musical instrument and write a sentence to describe how it works.	Talk to a parent or family member about life when they were children. Make a list of 3 similarities and 3 differences.	See how many different ways you can balance. Try standing on one foot, one hand, or two hands. Count all the ways you can do it. 
Write a letter to someone you haven't seen in a while. Share what has been going on in your life and ask questions about theirs.	Think about the different types of graphs you've seen. Make a survey question, ask people at home, and create a graph with the answers.	Draw a design for how you could bring more shade to your school playground.	Think of someone who is a good citizen in your community. Draw or write a thank you note.	Draw OR use items around your house to create a scene from a place you like to visit (ex. beach, mountains, pool, park) 

Design a Better Playground!

Career exploration: Playground designers and landscape architects



Directions:

1. **Be a Designer:** Imagine you design playgrounds.
2. **Draw and Tell:** Draw a playground with at least three shapes and one feature that helps people play safely. Tell or write about your design.

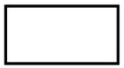
Choose your challenge

Level 1 | Explore:	**Level 2 | Explain:**	**Level 3 | Apply / Extend:**
Draw three features using circles, rectangles, squares or triangles.	Label shapes and explain how one design feature improves safety.	Redesign your playground to include children with different abilities. Explain two choices.

Reflect and connect

How does your playground help everyone feel welcome and safe?

Design a Better Playground!

Circle	Rectangle	Square	Triangle
			

My playground is safe and fun because _____

_____.

Bonus

Make signs to label things or places in your home! 	List the Top 5 Best Things About Snow Days List the 5 Worst Things About Snow Days 	Teach someone in your family how to finger-stretch these words: *cat, fish, goat, wolf, snake* 	Strike up a book conversation with someone. Ask your family member or neighbor – about their favorite book! 	Listen to a book being read aloud by a family member or on YouTube. Write a note to the author telling him/her about what you liked or didn't like about the book. 

120 Chart

10	20	30	40	50	60	70	80	90	100	110	120
9	19	29	39	49	59	69	79	89	99	109	119
8	18	28	38	48	58	68	78	88	98	108	118
7	17	27	37	47	57	67	77	87	97	107	117
6	16	26	36	46	56	66	76	86	96	106	116
5	15	25	35	45	55	65	75	85	95	105	115
4	14	24	34	44	54	64	74	84	94	104	114
3	13	23	33	43	53	63	73	83	93	103	113
2	12	22	32	42	52	62	72	82	92	102	112
1	11	21	31	41	51	61	71	81	91	101	111

Tens Frames

