PARENT EDUCATION SERIES

Transitional Kindergarten

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Transitional Kindergarten Overview

Monthly Schedule
Online once a month

Classroom Resources
Copies of resources available through your TK teacher

Language Accessibility
Breakout rooms for translation

Dedicated Q&A Time
Last 30 minutes time to ask questions

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Today's Presentation Topics

Play-Based Learning
Interactive & active growth

Morning Routines
Daily habits for success

Home Connections
Bridging home & school

TK Teacher Role
Collaborative partnership

Questions & Q&A
Open discussion time

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Play Based Learning

Universal PreKindergarten (UPK)
Curriculum Guidance for Programs Serving
4-Year-Old Children

A checklist resource developed by the California Department of Education Early
Education Division to help Universal PreKindergarten (UPK) programs choose
developmentally appropriate curricula for 4-year-old children



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Routines for Success

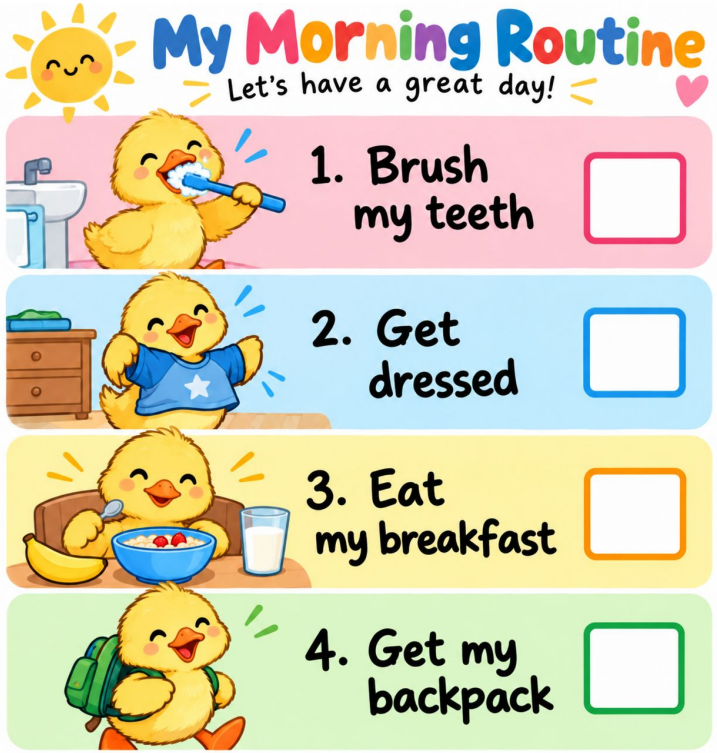
Structured Morning Routine
Start the day with predictable, calming steps

Small Snack in the Car
Keep energy balanced during morning commute

Practice Goodbye
Build confidence for smooth school drop-offs

Structure Nighttime Routine
Establish restful wind-down habits before bed

Sleep Requirements
4-year-olds need 10–13 hours of sleep daily



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Home Connections

Sensory Play
Bowls & tubs filled with rice or pasta

Games
Teaching your child turn-taking, playing fair, handling losing, and understanding peers' feelings

Screen Time
Effects of Excessive Screen Time on Child Development: An Updated Review & Management Strategies



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Oral Language Development

Key Strategy: Talk to your child during daily errands and ask open-ended questions to build strong language skills.

Daily Highlights

- What made you smile today?
- What was the best thing that happened at school today?
- Tell me something that made you laugh today.
- What part of school was your favorite today?

Learning & Books

- What book did your teacher read today?
- Can you show me something you learned today?
- Did you learn something you didn't understand?
- What are you looking forward to tomorrow?

Social & Feelings

- Who did you sit by at lunch today?
- What made you feel proud today?
- Did you help anyone today?
- Did you get frustrated with anything at school today?

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Challenging Behaviors

GUIDANCE & TOOLS

Expressing Emotion

1. Kimochi's Method

Kimochi's (Using the same language as school)

2. Post-Emotion Reflection

After big emotions, ask them why

Resources:

Behavior Tools



Contact: jargumedo@pausd.org

Collaborating with the TK teacher

01. STEP

Communicate

- Check Parent Square for updates and to message teacher
- Complete family questionnaires
- Keep drop-offs and pick-ups brief
- Schedule time for longer conversations

02. STEP

Share Insights

- Share medical and physical needs
- Communicate important home updates
- Share your child's interests and comforts

03. STEP

Support at Home

- Practice independence and self-help
- Maintain consistent daily routines
- Ask about your child's day

04. STEP

Work as a Team

- Assume positive intentions
- Solve challenges together
- Keep communication lines open

Contact: jargumedo@pausd.org

Online Parent Series

Event Information

PAUSD Early Education

Date

November 18th

Time

5:00 PM – 7:00 PM

Access details at **PAUSD Early Education**

Agenda

Topics Covered

1. PAUSD Resources

Explore available support services and tools for families.

2. PAUSD System

Understand key processes, structures, and guidance.

Contact: jargumedo@pausd.org

Questions & Feedback

TRANSITIONAL KINDERGARTEN

What do you want to know more about for the next session?

We value your input! Help us tailor upcoming workshops to best support your family's needs.

- **Topics & Strategies:** Specific areas of child development or classroom routines
- **Follow-up Questions:** Clarifications on today's presentation
- **Resource Requests:** Tools or guides you'd like to see provided

CONNECT WITH US

Submit Feedback

Send your questions or comments directly via email:

DIRECT EMAIL

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PAUSD Early Education & Transitional Kindergarten Program