Richland School District Two
District Coordinated School Health Advisory Council

Agenda
Thursday, October 29, 2026
4:00 pm - 5:00 pm via Google Meet
meet.google.com/rxr-iphy-ttn

Video Recording of Meeting

School Health Councils
- Summary of School Wellness (ADF, ADF-R)

Board Policy
- Policy ADF- District Wellness
- Administrative Rule- Wellness ADF-R

Competitive Food Sales and Vending Machines
- USDA Smart Snacks in School
- Smart Snacks Individual Exempt Fundraisers
- Healthy Fundraiser Ideas

SC Department of Education
- SCDE Local Wellness Policies
- Assessment Support Doc
- Triennial Assessment 2025
- SCDE Review of Richland Two with Areas of Improvement
- CSHAC Areas of Improvement

Alliance for a Healthier Generation
- Alliance for a Healthier Generation website
- Alliance for a Healthier Generation Action Center login

Parent Square Message for Parent and Community Representatives



District Coordinated School Health Advisory Council

October 29, 2026

RICHLAND SCHOOL DISTRICT TWO

OVERVIEW

- Purpose of School Health Councils
- Board Policy
- Competitive Food Sales and Vending Machines
- SCDE Local Wellness Policies
- Triennial Assessment 2025
- CSHAC Areas of Improvement
- Alliance for a Healthier Generation
- Parent Square Message for Parent and Community Representatives

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Coordinated School Health

Eight Components of School Health

- Health Education
- Physical Education
- Health Services
- Nutrition Services
- Counseling, Psychological, and Social Services
- Healthy and Safe School Environment
- Health Promotion for Staff
- Family and Community Involvement

Coordinated School Health

Richland Two Board Policy

- Policy ADF- District Wellness
- Administrative Rule- Wellness ADF-R
- Summary of School Wellness (ADF, ADF-R)

Smart Snacks in School

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USDA Smart Snacks in School standards are federal nutrition guidelines for all foods and beverages sold to students during the school day outside of the official school meal programs.

Smart Snacks in School

Which foods and beverages sold at school need to meet the Smart Snacks Standards?

1. Any food and beverage sold to students at schools during the school day,* other than those foods provided as part of the school meal programs.

2. Examples include à la carte items sold in the cafeteria and foods sold in school stores, snack bars, and vending machines.

3. Foods and beverages sold during fundraisers, unless these items are not intended for consumption at school or are otherwise exempt by your State agency.

* The school day is defined as the midnight before to 30 minutes after the end of the school day.

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Smart Snacks in School

Where the Standards Apply

- Venues: Vending machines, à la carte cafeteria lines, school stores, snack bars, and in-school fundraisers.
- Timeframe: From the midnight before until 30 minutes after the end of the school day across all student-accessible areas on campus.
- Exemptions: Items brought from home, foods sold outside of school hours (such as weekend events or sports concessions), and classroom parties or non-food student rewards where food is given away rather than sold.

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Smart Snacks in School

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General Nutrition Standards for Snacks

To qualify, a snack must meet these criteria:

- **First Ingredient:** Must be a whole grain-rich product, a fruit, a vegetable, a dairy product, a protein food, or a combination food that contains at least 1/4 cup of fruit and/or vegetable.
- **Calories:** 200 calories or less per item.
- **Total Fat:** 35% of calories or less.
- **Saturated Fat:** Less than 10% of total calories.
- **Trans Fat:** 0 grams.
- **Sugar:** 35% of weight or less from total sugars.
- **Sodium:** 200 mg or less per item. Fox C-6 School +3

How can I tell if my snack meets the Smart Snacks Standards?

1. Enter information from the food or beverage's Nutrition Facts panel and ingredients list into the Alliance for a Healthier Generation's Smart Snacks Product Calculator (**https://www.healthiergeneration.org/app/resources/81**). For multi-unit packages, you must enter the servings per container as one (1) and the nutrition information for one (1) unit. Do not enter the servings per container for the entire bulk box or case.

2. If your snack doesn't have a nutrition label because it is made from scratch, then you may need to calculate the nutrition information. Your school nutrition program may already use a nutrient analysis software approved by the United States Department of Agriculture (USDA; **https://www.fns.usda.gov/tn/usda-approved-nutrient-analysis-software**) that can be used to evaluate recipes.

Smart Snacks in School

The Smart Snacks Standards apply only to locations on the school campus that are accessible to students. So, this does not include places like the teachers' lounge, although you may choose to vend healthy snacks there, too.

Competitive Food Sales

- Smart Snacks Individual Exempt Fundraiser
- Healthy Fundraiser Ideas

SC Department of Education

- SCDE Local Wellness Policies
- Assessment Support Doc

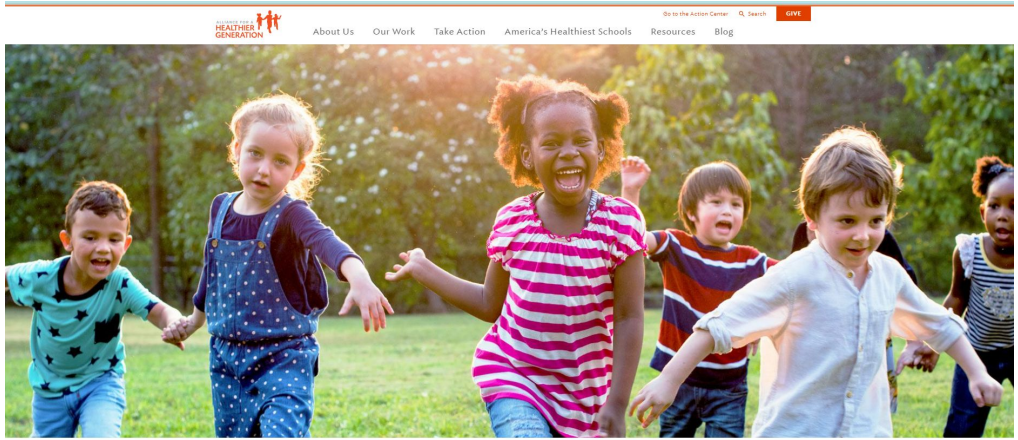
SC Department of Education

- Richland School District Two
  Triennial Assessment Report (TAR) 2025

- CSHAC Areas of Improvement

Alliance for a Healthier Generation

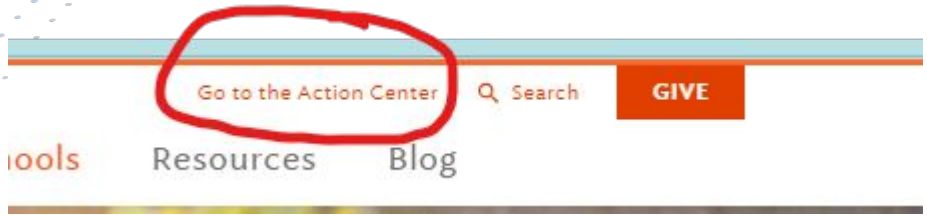
Action Center-
Alliance for a Healthier Generation



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ALLIANCE FOR A HEALTHIER GENERATION

Assessments

These are the assessments available for Richland School District Two. Learn more here.

South Carolina Healthy Schools Assessment

This custom version of the Healthy Schools Assessment for districts includes items from the Triennial Wellness Policy Assessment. Check out our helpful training video below.

Complete

VIEW

View training video

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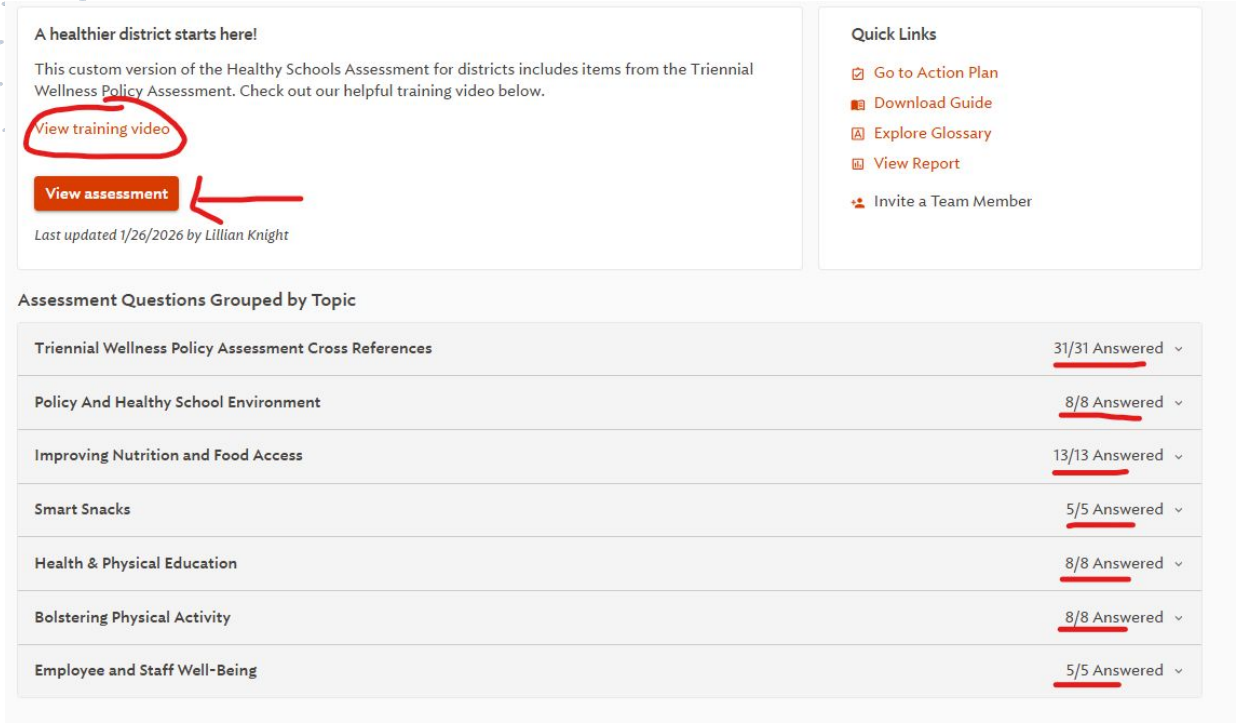
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Once you are signed into the Action Center

1. Complete the South Carolina Healthy Schools Assessment for your school.
2. Set your goals for this year.
3. Begin planning on how to achieve your goals.
4. Ready, Set, Go!

Alliance for a Healthier Generation



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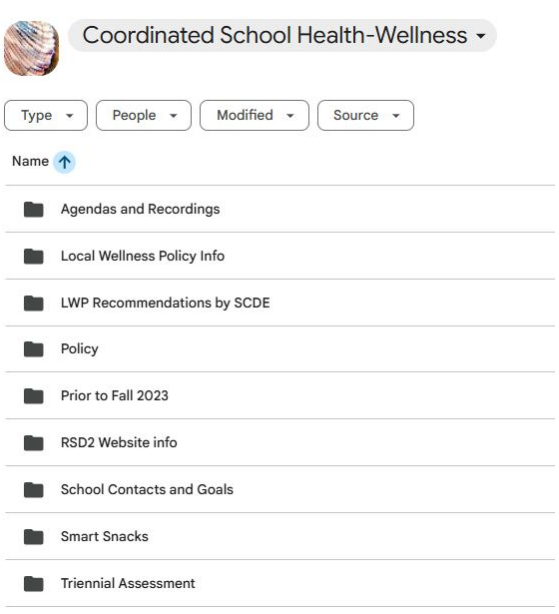
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Areas Under Development

District Triennial Assessement Areas to Improve

Topic	Handle	Name	Alignment
Improving Nutrition and Food Access	INFA-8	Venues outside the cafeteria offer fruits and vegetables	Not in place
Health & Physical Education	HEPE-12 T.13B	District uses student fitness data	Partially in place
Bolstering Physical Activity	BPHA-6	Professional development for classroom teachers	Under development
Bolstering Physical Activity	BPHA-3 T.11	Availability of physical activity breaks in classrooms	Under development
Policy And Healthy School Environment	PHSE-11 T.23	Community involvement in school health initiatives	Under development
Smart Snacks	SMSN-5	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Under development
Triennial Wellness Policy Assessment Cross References	BPHA-3 T.11	Availability of physical activity breaks in classrooms	Under development
Triennial Wellness Policy Assessment Cross References	PHSE-11 T.23	Community involvement in school health initiatives	Under development
Triennial Wellness Policy Assessment Cross References	SMSN-5	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	Under development

District Resources



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COMMENTS/QUESTIONS
DISCUSSION



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