Rialto Unified School District

Nov 2, 2026 thru Nov 6, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:27:32 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Mon - 11/02/2026											
PRE-K LUNCH	Total	1100									
CHICKEN NUGGETS,GOLDKIST	5 EACH	1100	194	42	0.00	0.36	260.0	14.0	10.0	2.00	0.00
Chili, Deluxe 3 Beans,can '24	3/8 CUP	1400	72	0	3.72	1.50	33.5	13.87	0.62	0.09	*0.00
APPLES,Fresh sliced	pkg. (2oz)	1400	34	0	2.00	0.18	10.0	8.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1400	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
CATSUP	.5 oz	1400	17	0	0.05	0.06	2.6	4.66	0.02	0.00	0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	1100	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			513	57	7.39	2.61	570.5	61.07	19.57	4.60	*0.12
% of Calories								47.6%	34.3%	8.1%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Tue - 11/03/2026											
PRE-K LUNCH	Total	1000									
Chicken, Teriyaki and Rice '24	BOX	1000	349	83	3.47	2.14	16.7	49.99	6.14	1.27	0.00
BROCCOLI,Raw:Fresh0.25'C PK'25	Serving 1/4 cu	1000	7	0	0.57	0.16	10.3	1.46	0.08	0.03	0.00
BANANAS	1 EACH	1000	90	0	2.63	0.26	5.1	23.07	0.33	0.11	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1000	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	1000	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			595	97	6.71	2.59	283.6	87.54	13.97	3.68	0.10
% of Calories								58.8%	21.1%	5.6%	0.1%
Nutrient Guideline			550-650						<=30.0	<10.00	
Wed - 11/04/2026											
PRE-K LUNCH	Total	1000									
Chicken & Waffles, WG 2024	Serving	1000	455	54	6.00	3.20	60.0	63.06	14.0	3.00	0.00
SALAD 3/WAY	1/4 CUP	1000	5	0	0.27	0.01	0.3	1.07	0.0	0.00	*0.00
APPLESAUCE CUP-MOTT'S	1 EACH	1200	50	0	1.00	0.00	0.0	13.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1200	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	1000	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			679	68	7.51	3.24	312.1	92.96	22.41	5.42	*0.12
% of Calories								54.7%	29.7%	7.2%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 6, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:27:33 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Thu - 11/05/2026											
PRE-K LUNCH	Total	900									
Cheeseburger 1.65 oz,Integrate	1 EACH	900	320	43	3.03	3.24	238.2	31.74	13.18	5.56	0.16
CARROT, Sticks '24	1/2 Cup	1100	25	0	1.71	0.18	20.1	5.84	0.15	0.02	0.00
PEACHES, Diced XtraLite Syp PS	serving	1100	30	0	0.00	0.00	0.0	7.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1100	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	900	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			547	57	5.16	3.50	514.6	60.68	21.88	8.02	0.28
% of Calories								44.4%	36.0%	13.2%	0.5%
Nutrient Guideline			550-650						<=30.0	<10.00	
Fri - 11/06/2026											
PRE-K LUNCH	Total	800									
PIZZA, DETROIT STYLE '26	5.80 OZ	800	370	35	2.00	2.40	400.0	44.0	14.0	6.00	*N/A*
TOMATOES, CHERRY-PS 2018	Serving	1100	7	0	0.45	0.10	3.7	1.45	0.07	0.01	0.00
PEACHES, Diced XtraLite Syp PS	serving	1100	30	0	0.00	0.00	0.0	7.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1100	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	800	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			588	50	2.67	2.58	657.2	69.02	23.37	8.57	*0.13
% of Calories								46.9%	35.8%	13.1%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Weighted Average			585	66	5.89	2.90	467.6	74.26	20.24	6.06	*0.15
								50.8%	31.2%	9.3%	*0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	585		550 - 650	100%				
Cholesterol (mg)	66							
Fiber (g)	5.89							
Iron (mg)	2.90							
Calcium (mg)	467.6							
Carbohydrate (g)	74.26	50.81%						
Total Fat (g)	20.24	31.16%	<=30.00%					Correction Required - Total Fat too High
Saturated Fat (g)	6.06	9.33%	<10.00%					
Trans Fat¹ (g)	0.15	0.23%			Missing			

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/09/2026											
PRE-K LUNCH	Total	750									
FISH STICKS, POLLOCK -2026	SERV.(4 stick	750	210	55	3.00	1.44	59.0	23.0	5.0	0.50	0.00
CARROT PS, sticks	Serving	950	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	950	34	0	2.00	0.18	10.0	8.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	950	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
CATSUP	.5 oz	950	17	0	0.05	0.06	2.6	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint	750	120	15	0.00	0.00	350.0	14.0	2.5	1.50	0.00
Weighted Daily Average			457	75	5.65	1.78	426.8	54.33	13.76	2.97	0.12
% of Calories								47.5%	27.1%	5.9%	0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Tue - 11/10/2026											
PRE-K LUNCH	Total	800									
Chicken, tempura nuggets '26	Serving (4 ea)	800	220	35	1.00	1.00	0.0	10.0	15.0	3.00	0.00
BARBECUE BEANS -2018 PS	Servings	1050	97	0	3.38	1.03	31.7	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	1050	90	0	2.63	0.26	5.1	23.07	0.33	0.11	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1000	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
CATSUP	.5 oz	1000	17	0	0.05	0.06	2.6	4.66	0.02	0.00	0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	750	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			642	49	9.00	2.80	287.6	88.48	24.37	5.59	*0.12
% of Calories								55.1%	34.2%	7.8%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Wed - 11/11/2026											
PRE-K LUNCH	Total	800									
Chicken,Orange EL	3.6 OZ	800	150	40	0.00	0.72	10.0	20.0	3.0	0.00	0.00
Noodles, Chow Mein '23	1/2 Cup	800	167	1	3.82	1.38	32.3	27.21	5.04	0.79	*0.00
BROCCOLI,Raw:Fresh0.25'C PK'25	Serving 1/4 cu	1050	7	0	0.57	0.16	10.3	1.46	0.08	0.03	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	1050	50	0	1.00	0.00	0.0	13.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1050	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	800	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			557	56	5.93	2.35	307.8	79.53	17.10	3.33	*0.13
% of Calories								57.2%	27.7%	5.4%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/12/2026											
PRE-K LUNCH	Total	800									
Nacho,TURKEY TACO, '25	Serving(3.2 o	800	436	39	1.89	226.80	75.6	43.38	24.42	5.64	0.00
CORN,CANNED,YELLOW PS .25 cup	Serving	1050	27	0	0.82	0.11	1.2	5.88	0.5	0.10	0.00
STRAWBERRIES: frozen unswtnd.	Serv(1/2 Cup)	1050	39	0	2.32	0.83	17.7	10.09	0.12	0.01	0.00
Salsa, LaVictoria 1oz	Serv(1oz)	1050	9	0	0.00	0.00	0.0	1.89	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1050	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint	800	120	15	0.00	0.00	350.0	14.0	2.5	1.50	0.00
Weighted Daily Average			720	59	6.06	228.06	452.4	82.16	34.20	8.29	0.13
% of Calories								45.7%	42.8%	10.4%	0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Fri - 11/13/2026											
PRE-K LUNCH	Total	800									
Penne, Alfredo, JTM Cheesy '26	1 CUP	800	114	1	8.47	0.95	16.2	21.82	0.97	0.10	*0.00
TOMATOES, CHERRY-PS 2018	Serving	1050	7	0	0.45	0.10	3.7	1.45	0.07	0.01	0.00
PEACHES, Diced XtraLite Syp PS	serving	1050	30	0	0.00	0.00	0.0	7.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	1050	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint	800	120	15	0.00	0.00	350.0	14.0	2.5	1.50	0.00
Weighted Daily Average			347	20	9.11	1.12	373.0	48.25	10.03	2.62	*0.13
% of Calories								55.7%	26.0%	6.8%	*0.3%
Nutrient Guideline			550-650						<=30.0	<10.00	
Weighted Average			544	52	7.15	47.22	369.5	70.55	19.89	4.56	*0.13
								51.8%	32.9%	7.5%	*0.2%

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:04 AM

Nutrient	Menu AVG	% of Cals	Portion Size / Weekly Target	Reimb Qty / % of Target	Cals (kcal) / Miss Data	Cholst (mg) / Shortfall	Fiber (g) / Overage	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Error Messages (if any)													
Calories	544		550 - 650	99%			6						
Correction Required - Calories are Low													
Cholesterol (mg)	52												
Fiber (g)	7.15												
Iron (mg)	47.22												
Calcium (mg)	369.5												
Carbohydrate (g)	70.55	51.83%											
Total Fat (g)	19.89	32.88%	<=30.00%										
Correction Required - Total Fat too High													
Saturated Fat (g)	4.56	7.54%	<10.00%										
Trans Fat[1] (g)	0.13	0.21%			Missing								

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:12 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Mon - 11/16/2026											
PRE-K LUNCH	Total	720									
TAMALE, CHICKENRED W/ BEANS 26	1 EACH	720	420	45	5.00	2.30	90.0	43.0	21.0	3.00	*0.00
SALAD 3/WAY	1/4 CUP	810	5	0	0.27	0.01	0.3	1.07	0.0	0.00	*0.00
APPLES,Fresh sliced	pkg. (2oz)	810	34	0	2.00	0.18	10.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz	810	69	7	0.03	0.02	19.0	2.12	7.61	1.27	*0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			642	62	7.58	2.53	373.0	67.59	32.06	5.93	*0.00
% of Calories								42.1%	44.9%	8.3%	*0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Tue - 11/17/2026											
PRE-K LUNCH	Total	720									
TERIYAKI BEEF DUNKERS '26	SERVING (4 each)	720	180	40	1.00	1.00	16.0	10.0	10.0	4.00	0.00
RICE, ORIENTAL-BROWN RICE-2014	1/2 CUP	720	113	1	1.32	0.51	2.9	22.92	1.12	0.04	0.00
CUCUMBER, SLICED PS	serving	810	4	0	0.13	0.07	4.2	0.94	0.03	0.01	0.00
BANANAS	1 EACH	810	90	0	2.63	0.26	5.1	23.07	0.33	0.11	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	810	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			554	55	5.46	1.92	280.9	73.08	19.56	6.54	0.11
% of Calories								52.7%	31.8%	10.6%	0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Wed - 11/18/2026											
PRE-K LUNCH	Total	720									
Popcorn Chicken-Wh.Grain '26	Serving	720	160	50	2.00	1.00	10.0	12.0	7.0	1.50	0.00
POTATOES,MASHED	1/4 CUP	810	24	0	0.14	0.02	17.5	1.86	1.7	0.81	*0.00
BROCCOLI,Raw:Fresh0.25'C PK'25	Serving 1/4 cu	810	7	0	0.57	0.16	10.3	1.46	0.08	0.03	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	810	50	0	1.00	0.00	0.0	13.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	810	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			407	64	3.97	1.24	293.0	43.51	17.04	4.80	*0.11
% of Calories								42.7%	37.7%	10.6%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:13 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/19/2026											
PRE-K LUNCH	Total	720									
Ch-Burger w/WhWheat Bun-'24EL	1 EACH	720	305	46	3.40	3.43	144.0	32.5	10.8	3.75	*6.30
CHILI 3-BEANS,dry'24	1 CUP	812	177	0	8.72	3.47	77.5	33.42	0.95	0.17	*0.00
Blueberries, Frozen	Serv(1/2 Cup)	812	40	0	2.09	0.14	6.2	9.43	0.5	0.04	0.00
CATSUP	1 oz	812	33	0	0.00	0.00	0.0	8.34	0.0	0.00	0.00
MUSTARD	.5 oz	812	9	0	0.60	0.24	9.5	0.87	0.5	0.03	0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			697	56	16.27	7.77	499.0	103.21	15.49	5.53	*6.30
% of Calories								59.2%	20.0%	7.1%	*8.1%
Nutrient Guideline			550-650						<=30.0	<10.00	
Fri - 11/20/2026											
PRE-K LUNCH	Total	720									
Macaroni & Cheese	serving (1/2 c)	720	250	55	0.48	0.68	571.2	12.55	16.95	9.92	*0.57
TOMATOES, CHERRY-PS 2018	Serving	812	7	0	0.45	0.10	3.7	1.45	0.07	0.01	0.00
PEACHES, Diced XtraLite Syp PS	serving	812	30	0	0.00	0.00	0.0	7.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	812	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			447	69	1.03	0.82	827.0	35.23	25.09	12.30	*0.68
% of Calories								31.5%	50.5%	24.8%	*1.4%
Nutrient Guideline			550-650						<=30.0	<10.00	
Weighted Average			550	61	6.86	2.86	454.6	64.53	21.85	7.02	*1.44
								47.0%	35.8%	11.5%	*2.4%

N/A ***- denotes a nutrient that is either missing or incomplete for an individual ingredient***

*** - denotes combined nutrient totals with either missing or incomplete nutrient data***

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:13 AM

Nutrient	Menu AVG	% of Cals	Portion Size / Weekly Target	Reimb Qty / % of Target	Cals (kcal)	Cholst (mg) / Miss Data	Fiber (g) / Shortfall	Iron (mg)	Calcm (mg) / Overage	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g) / Error Messages (if any)
Calories	550		550 - 650		100%								
Cholesterol (mg)	61												
Fiber (g)	6.86												
Iron (mg)	2.86												
Calcium (mg)	454.6												
Carbohydrate (g)	64.53	46.97%											
Total Fat (g)	21.85	35.79%	<=30.00%										Correction Required - Total Fat too High
Saturated Fat (g)	7.02	11.50%	<10.00%										Correction Required - Sat. Fat too High
Trans Fat¹ (g)	1.44	2.36%				Missing							

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:26 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Mon - 11/16/2026											
PRE-K LUNCH	Total	720									
TAMALE, CHICKENRED W/ BEANS 26	1 EACH	720	420	45	5.00	2.30	90.0	43.0	21.0	3.00	*0.00
SALAD 3/WAY	1/4 CUP	810	5	0	0.27	0.01	0.3	1.07	0.0	0.00	*0.00
APPLES,Fresh sliced	pkg. (2oz)	810	34	0	2.00	0.18	10.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz	810	69	7	0.03	0.02	19.0	2.12	7.61	1.27	*0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			642	62	7.58	2.53	373.0	67.59	32.06	5.93	*0.00
% of Calories								42.1%	44.9%	8.3%	*0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Tue - 11/17/2026											
PRE-K LUNCH	Total	720									
TERIYAKI BEEF DUNKERS '26	SERVING (4 each)	720	180	40	1.00	1.00	16.0	10.0	10.0	4.00	0.00
RICE, ORIENTAL-BROWN RICE-2014	1/2 CUP	720	113	1	1.32	0.51	2.9	22.92	1.12	0.04	0.00
CUCUMBER, SLICED PS	serving	810	4	0	0.13	0.07	4.2	0.94	0.03	0.01	0.00
BANANAS	1 EACH	810	90	0	2.63	0.26	5.1	23.07	0.33	0.11	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	810	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			554	55	5.46	1.92	280.9	73.08	19.56	6.54	0.11
% of Calories								52.7%	31.8%	10.6%	0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	
Wed - 11/18/2026											
PRE-K LUNCH	Total	720									
Popcorn Chicken-Wh.Grain '26	Serving	720	160	50	2.00	1.00	10.0	12.0	7.0	1.50	0.00
POTATOES,MASHED	1/4 CUP	810	24	0	0.14	0.02	17.5	1.86	1.7	0.81	*0.00
BROCCOLI,Raw:Fresh0.25'C PK'25	Serving 1/4 cu	810	7	0	0.57	0.16	10.3	1.46	0.08	0.03	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	810	50	0	1.00	0.00	0.0	13.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	810	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			407	64	3.97	1.24	293.0	43.51	17.04	4.80	*0.11
% of Calories								42.7%	37.7%	10.6%	*0.2%
Nutrient Guideline			550-650						<=30.0	<10.00	

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:26 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/19/2026											
PRE-K LUNCH	Total	720									
Ch-Burger w/WhWheat Bun-'24EL	1 EACH	720	305	46	3.40	3.43	144.0	32.5	10.8	3.75	*6.30
CHILI 3-BEANS,dry'24	1 CUP	812	177	0	8.72	3.47	77.5	33.42	0.95	0.17	*0.00
Blueberries, Frozen	Serv(1/2 Cup)	812	40	0	2.09	0.14	6.2	9.43	0.5	0.04	0.00
CATSUP	1 oz	812	33	0	0.00	0.00	0.0	8.34	0.0	0.00	0.00
MUSTARD	.5 oz	812	9	0	0.60	0.24	9.5	0.87	0.5	0.03	0.00
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			697	56	16.27	7.77	499.0	103.21	15.49	5.53	*6.30
% of Calories								59.2%	20.0%	7.1%	*8.1%
Nutrient Guideline			550-650						<=30.0	<10.00	
Fri - 11/20/2026											
PRE-K LUNCH	Total	720									
Macaroni & Cheese	serving (1/2 c)	720	250	55	0.48	0.68	571.2	12.55	16.95	9.92	*0.57
TOMATOES, CHERRY-PS 2018	Serving	812	7	0	0.45	0.10	3.7	1.45	0.07	0.01	0.00
PEACHES, Diced XtraLite Syp PS	serving	812	30	0	0.00	0.00	0.0	7.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	812	49	4	0.04	0.03	1.5	1.02	4.92	0.77	0.10
MILK,1% SHELF ST WS PK'2026	EACH(1/2 pint	720	100	10	0.00	0.00	250.0	12.0	2.5	1.50	0.00
Weighted Daily Average			447	69	1.03	0.82	827.0	35.23	25.09	12.30	*0.68
% of Calories								31.5%	50.5%	24.8%	*1.4%
Nutrient Guideline			550-650						<=30.0	<10.00	
Weighted Average			550	61	6.86	2.86	454.6	64.53	21.85	7.02	*1.44
								47.0%	35.8%	11.5%	*2.4%

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:26 AM

Nutrient	Menu AVG	% of Cals	Portion Size / Weekly Target	Reimb Qty / % of Target	Cals (kcal)	Cholst (mg) / Miss Data	Fiber (g) / Shortfall	Iron (mg)	Calcm (mg) / Overage	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g) / Error Messages (if any)
Calories	550		550 - 650		100%								
Cholesterol (mg)	61												
Fiber (g)	6.86												
Iron (mg)	2.86												
Calcium (mg)	454.6												
Carbohydrate (g)	64.53	46.97%											
Total Fat (g)	21.85	35.79%	<=30.00%										Correction Required - Total Fat too High
Saturated Fat (g)	7.02	11.50%	<10.00%										Correction Required - Sat. Fat too High
Trans Fat¹ (g)	1.44	2.36%				Missing							

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Rialto Unified School District

Nov 23, 2026 thru Nov 27, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 11/23/2026											
PRE-K LUNCH	Total	1									
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
% of Calories								0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Tue - 11/24/2026											
PRE-K LUNCH	Total	1									
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
% of Calories								0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Wed - 11/25/2026											
PRE-K LUNCH	Total	1									
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
% of Calories								0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Thu - 11/26/2026											
PRE-K LUNCH	Total	1									
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
% of Calories								0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Fri - 11/27/2026											
PRE-K LUNCH	Total	1									
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Nov 23, 2026 thru Nov 27, 2026

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

Generated on: 11/5/2026 7:04:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Weighted Daily Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
% of Calories								0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650						<=30.0	<10.00	
Weighted Average			0	0	0.00	0.00	0.0	0.00	0.00	0.00	0.00
								0.0%	0.0%	0.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		550 - 650	0%		550		Correction Required - Calories are Low
Cholesterol (mg)	0							
Fiber (g)	0.00							
Iron (mg)	0.00							
Calcium (mg)	0.0							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00		<=30.00%					
Saturated Fat (g)	0.00		<10.00%					
Trans Fat¹ (g)	0.00							

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