Rialto Unified School District

Nov 2, 2026 thru Nov 6, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:50:58 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 11/02/2026													
PRE-K BIC # 1	Total	300											
Bowl,Potato,Sausage,Egg&Chz'26	1 EACH	300	320	25	6.00	2.80	330.0	0	0.0	14.0	40.0	12.0	5.00
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			485	40	8.30	2.90	718.4	716	51.07	23.90	65.28	14.61	6.51
% of Calories										19.7%	53.8%	27.1%	12.1%
Nutrient Guideline			350-500									<=30.0	<10.00
Tue - 11/03/2026													
PRE-K BIC # 1	Total	300											
CEREAL,CHERRIOS	Serving	300	211	0	5.73	16.39	202.4	1871	12.13	7.03	41.5	3.74	0.91
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			381	15	6.73	16.39	552.4	2425	24.13	16.03	68.50	6.24	2.41
% of Calories										16.8%	71.9%	14.7%	5.7%
Nutrient Guideline			350-500									<=30.0	<10.00
Wed - 11/04/2026													
PRE-K BIC # 1	Total	300											
Croissant,Sausage & Cheese '25	1 Each	300	222	35	2.20	1.61	154.3	182	0.0	12.14	18.28	11.3	5.43
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			376	50	4.20	1.79	514.3	732	123.60	21.14	40.28	13.80	6.93
% of Calories										22.5%	42.8%	33.0%	16.6%
Nutrient Guideline			350-500									<=30.0	<10.00

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Rialto Unified School District

Nov 2, 2026 thru Nov 6, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:50:58 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 11/05/2026													
PRE-K BIC # 1	Total	300											
Bagel, Mini w/Straw. BIC'26	1 Each	300	230	10	2.00	1.08	20.0	100	0.0	6.0	41.0	6.0	2.50
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			440	25	4.63	1.34	375.1	665	8.79	16.10	78.07	8.83	4.11
% of Calories										14.6%	71.0%	18.1%	8.4%
Nutrient Guideline			350-500									<=30.0	<10.00
Fri - 11/06/2026													
PRE-K BIC # 1	Total	300											
Oats, Overnight Berry	1 Cup	300	195	4	3.44	1.45	220.8	88	7.48	7.98	33.01	2.37	0.58
Orange juice, DW, 4oz.2024	1 EACH	150	55	0	0.00	0.00	10.0	100	30.0	1.0	14.0	0.0	0.00
Orange juice, DW, 4oz.2024	1 EACH	150	55	0	0.00	0.00	10.0	100	30.0	1.0	14.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			370	19	3.44	1.45	580.8	688	37.47	17.98	61.01	4.87	2.08
% of Calories										19.4%	65.9%	11.8%	5.1%
Nutrient Guideline			350-500									<=30.0	<10.00
Weighted Average			410	30	5.46	4.77	548.2	1045	49.01	19.03	62.63	9.67	4.41
										18.5%	61.0%	21.2%	9.7%

N/A ***- denotes a nutrient that is either missing or incomplete for an individual ingredient***

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Rialto Unified School District

Nov 2, 2026 thru Nov 6, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:50:58 PM

Nutrient	Menu AVG	% of Cals	Portion Size / Weekly Target	Reimb Qty / % of Target	Cals (kcal) / Miss Data	Cholst (mg) / Shortfall	Fiber (g) / Overage	Iron (mg) / Error Messages (if any)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Calories	410			350 - 500	100%										
Cholesterol (mg)	30														
Fiber (g)	5.46														
Iron (mg)	4.77														
Calcium (mg)	548.2														
Vitamin A (IU)	1045														
Vitamin C (mg)	49.01														
Protein (g)	19.03	18.54%													
Carbohydrate (g)	62.63	61.03%													
Total Fat (g)	9.67	21.21%		<=30.00%											
Saturated Fat (g)	4.41	9.67%		<10.00%											

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:12 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 11/09/2026													
PRE-K BIC # 1	Total	300											
MUFFINS,CRN STAR DAVES PK '26	1 each	300	148	11	1.50	1.10	15.0	80	0.1	2.8	23.0	5.0	0.90
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			318	26	2.50	1.10	365.0	635	12.10	11.80	50.00	7.50	2.40
% of Calories										14.8%	62.9%	21.2%	6.8%
Nutrient Guideline			350-500									<=30.0	<10.00
Tue - 11/10/2026													
PRE-K BIC # 1	Total	300											
Bite, Three Chz & Eggs PK'26	Serving	300	90	120	0.00	0.60	80.0	*N/A*	*N/A*	7.0	2.0	6.0	3.00
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			255	135	2.30	0.70	468.4	*716	*51.07	16.90	27.28	8.61	4.51
% of Calories										26.5%	42.8%	30.4%	15.9%
Nutrient Guideline			350-500									<=30.0	<10.00
Wed - 11/11/2026													
PRE-K BIC # 1	Total	300											
MaplepancakeChx&Saus.Snd'2026	Serving	300	140	25	1.00	0.70	40.0	*N/A*	*N/A*	8.0	16.0	5.0	1.00
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			294	40	3.00	0.88	400.0	*550	*123.60	17.00	38.00	7.50	2.50
% of Calories										23.1%	51.7%	23.0%	7.7%
Nutrient Guideline			350-500									<=30.0	<10.00

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:12 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 11/12/2026													
PRE-K BIC # 1	Total	300											
Bagel, Mini w/Cinn.BIC'26	1 Each	300	230	10	3.00	1.70	30.0	0	0.0	6.0	42.0	6.0	2.00
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			440	25	5.63	1.96	385.1	565	8.79	16.10	79.07	8.83	3.61
% of Calories										14.6%	71.9%	18.1%	7.4%
Nutrient Guideline			350-500									<=30.0	<10.00
Fri - 11/13/2026													
PRE-K BIC # 1	Total	300											
BREAD,BANANA K-5 OG	1/2 Slice	300	311	31	3.43	1.02	26.2	70	2.94	3.96	45.76	14.21	1.30
Juice, Wildberry, 4oz, 2024	1 EACH	150	60	0	0.00	0.00	200.0	2000	30.0	0.0	15.0	0.0	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	150	60	0	0.00	0.00	200.0	2000	30.0	0.0	15.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			491	46	3.43	1.02	576.2	2570	32.94	12.96	74.76	16.71	2.80
% of Calories										10.6%	60.9%	30.6%	5.1%
Nutrient Guideline			350-500									<=30.0	<10.00
Weighted Average			360	54	3.37	1.13	438.9	*1007	*45.70	14.95	53.82	9.83	3.16
										16.6%	59.9%	24.6%	7.9%

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Rialto Unified School District

Nov 9, 2026 thru Nov 13, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:12 PM

Nutrient	Menu AVG	% of Cals	Portion Size / Weekly Target	Reimb Qty / % of Target	Cals (kcal) / Miss Data	Cholst (mg) / Shortfall	Fiber (g) / Overage	Iron (mg) / Error Messages (if any)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Calories	360		350 - 500	100%											
Cholesterol (mg)	54														
Fiber (g)	3.37														
Iron (mg)	1.13														
Calcium (mg)	438.9														
Vitamin A (IU)	1007				Missing										
Vitamin C (mg)	45.70				Missing										
Protein (g)	14.95	16.63%													
Carbohydrate (g)	53.82	59.86%													
Total Fat (g)	9.83	24.60%	<=30.00%												
Saturated Fat (g)	3.16	7.92%	<10.00%												

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 11/16/2026													
PRE-K BIC # 1	Total	300											
YOGURT PARFAIT W/ GRANOLA 202	serving	300	246	20	3.16	0.82	2015.2	68	23.56	7.08	39.19	6.82	3.59
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			416	35	4.16	0.82	2365.2	623	35.56	16.08	66.19	9.32	5.09
% of Calories										15.5%	63.6%	20.2%	11.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Tue - 11/17/2026													
PRE-K BIC # 1	Total	300											
FRENCH TOAST W/ SAUS, PS '25	SERVING	300	307	178	0.00	2.88	18.0	204	0.0	17.69	31.0	12.79	2.95
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
ORANGE WEDGES '23	Serv (1/2 Cu	150	45	0	2.30	0.10	38.4	216	51.07	0.9	11.28	0.12	0.01
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			472	193	2.30	2.97	406.4	920	51.07	27.59	56.28	15.41	4.46
% of Calories										23.4%	47.7%	29.4%	8.5%
Nutrient Guideline			350-500									<=30.0	<10.00
Wed - 11/18/2026													
PRE-K BIC # 1	Total	300											
BAGEL W/ CREAM CHEESE, PS 25'	SERVING	300	233	20	3.30	1.80	37.0	*N/A*	*N/A*	7.9	36.5	6.61	4.06
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
BANANAS	1 EACH	150	90	0	2.63	0.26	5.1	65	8.79	1.1	23.07	0.33	0.11
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			443	35	5.93	2.06	392.1	*565	*8.79	18.00	73.57	9.44	5.67
% of Calories										16.3%	66.4%	19.2%	11.5%
Nutrient Guideline			350-500									<=30.0	<10.00

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:22 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 11/19/2026													
PRE-K BIC # 1	Total	300											
BURRITO,BICEGGCHEZ&BCHORIZO'	1 each	300	210	65	3.00	*N/A*	*N/A*	*N/A*	*N/A*	10.0	22.0	9.0	3.00
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
APPLES,Fresh sliced	pkg. (2oz)	150	34	0	2.00	0.18	10.0	50	123.6	0.0	8.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			364	80	5.00	*0.18	*360.0	*550	*123.60	19.00	44.00	11.50	4.50
% of Calories										20.9%	48.4%	28.4%	11.1%
Nutrient Guideline			350-500									<=30.0	<10.00
Fri - 11/20/2026													
PRE-K BIC # 1	Total	300											
CROISSANT W/ CHOC SPREAD 25'	SVG	300	340	0	4.00	3.00	92.0	*N/A*	*N/A*	10.0	44.0	15.0	3.50
Juice, apple 4oz. DW-2024	EACH	150	55	0	0.00	0.00	0.0	0	30.0	0.0	15.0	0.0	0.00
Juice, apple 4oz. DW-2024	1 EACH	150	55	0	0.00	0.00	0.0	0	30.0	0.0	15.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 p int)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			515	15	4.00	3.00	442.0	*500	*30.00	19.00	73.00	17.50	5.00
% of Calories										14.8%	56.7%	30.6%	8.7%
Nutrient Guideline			350-500									<=30.0	<10.00
Weighted Average			442	72	4.28	*1.81	*793.1	*631	*49.80	19.93	62.61	12.63	4.94
										18.0%	56.7%	25.7%	10.1%

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Rialto Unified School District

Nov 16, 2026 thru Nov 20, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:22 PM

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Fiber (g) Overage	Iron (mg) Error Messages (if any)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Calories	442		350 - 500	100%											
Cholesterol (mg)	72														
Fiber (g)	4.28														
Iron (mg)	1.81					Missing									
Calcium (mg)	793.1					Missing									
Vitamin A (IU)	631					Missing									
Vitamin C (mg)	49.80					Missing									
Protein (g)	19.93	18.04%													
Carbohydrate (g)	62.61	56.66%													
Total Fat (g)	12.63	25.73%	<=30.00%												
Saturated Fat (g)	4.94	10.07%	<10.00%					Correction Required - Sat. Fat too High							

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Rialto Unified School District

Nov 23, 2026 thru Nov 27, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 11/23/2026													
PRE-K BIC # 1	Total	1											
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Tue - 11/24/2026													
PRE-K BIC # 1	Total	1											
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Wed - 11/25/2026													
PRE-K BIC # 1	Total	1											
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Thu - 11/26/2026													
PRE-K BIC # 1	Total	1											
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00
Weighted Daily Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Fri - 11/27/2026													
PRE-K BIC # 1	Total	1											
HOLIDAY	SERVING	1	0	0	0.00	0.00	0.0	0	0.0	0.0	0.0	0.0	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
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Rialto Unified School District

Nov 23, 2026 thru Nov 27, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:29 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500									<=30.0	<10.00
Weighted Average			0	0	0.00	0.00	0.0	0	0.00	0.00	0.00	0.00	0.00
										0.0%	0.0%	0.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	0		350 - 500	0%		350		Correction Required - Calories are Low
Cholesterol (mg)	0							
Fiber (g)	0.00							
Iron (mg)	0.00							
Calcium (mg)	0.0							
Vitamin A (IU)	0							
Vitamin C (mg)	0.00							
Protein (g)	0.00							
Carbohydrate (g)	0.00							
Total Fat (g)	0.00		<=30.00%					
Saturated Fat (g)	0.00		<10.00%					

N/A *- denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
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Rialto Unified School District

Nov 30, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Generated on: 11/4/2026 12:51:38 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 11/30/2026													
PRE-K BIC # 1	Total	300											
MUFFINS,CRN STAR DAVES PK '26	1 each	300	148	11	1.50	1.10	15.0	80	0.1	2.8	23.0	5.0	0.90
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
APPLESAUCE CUP-MOTT'S	1 EACH	150	50	0	1.00	0.00	0.0	55	12.0	0.0	13.0	0.0	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	0.00	0.00	350.0	500	0.0	9.0	14.0	2.5	1.50
Weighted Daily Average			318	26	2.50	1.10	365.0	635	12.10	11.80	50.00	7.50	2.40
% of Calories										14.8%	62.9%	21.2%	6.8%
Nutrient Guideline			350-500									<=30.0	<10.00
Weighted Average			318	26	2.50	1.10	365.0	635	12.10	11.80	50.00	7.50	2.40
										14.8%	62.9%	21.2%	6.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	318		350 - 500					
Cholesterol (mg)	26							
Fiber (g)	2.50							
Iron (mg)	1.10							
Calcium (mg)	365.0							
Vitamin A (IU)	635							
Vitamin C (mg)	12.10							
Protein (g)	11.80	14.84%						
Carbohydrate (g)	50.00	62.89%						
Total Fat (g)	7.50	21.22%	<=30.00%					
Saturated Fat (g)	2.40	6.79%	<10.00%					

*Data comparisons are not available for one or two day selections

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