# November 2026

# Iredell Statesville Schools:

# Elementary and Middle Lunch Menu

Offered Daily: 1/2 pint Milk:
1% Unflavored (13), Chocolate FF (19) or Strawberry FF (19)

**(~carb counts)**

****Menu subject to change****

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|---|---|---|---|---|
| PBJ, Cheese Stick Animal Cracker (54)<br>Chicken Chunks with Roll (45)<br>Pork BBQ Sandwich (26)<br>Savory Baked Beans (30)<br>Fresh Baby Carrots (6)<br>Apple Cobbler (42)<br>**2** | Turkey/Cheese Wrap (24) with Chips (≈16)<br>Mozzarella Cheese Sticks (32)<br>Roasted BBQ Chicken with Roll ()<br>Sweet Potato Waffle Fries (19)<br>Green Beans (4)<br>Peach Cup (18)<br>**3** | **Early Release Day**<br><br>**Manager's Choice**<br>**4** | Taco Chef Salad (36)<br>Beefy Nacho (30)<br>French Bread Pizza (28)<br>Fresh Garden Salad (5)<br>Sweet Yellow Corn (16)<br>Fruit Cup (≈18)<br>**5** | PBJ, Cheese Stick Animal Cracker (54)<br>Pizza Crunchers (41)<br>Hot Dog with or without Chili (34)<br>Potato Emoticons (19)<br>Creamy Cole Slaw (6)<br>Fruit Ice Cup (22)<br>**6** |
| PBJ, Cheese Stick Animal Cracker (54)<br>Cheesy Dipping Sticks (28)<br>Mandarin Chicken with Rice (59)<br>Glazed Carrots (10)<br>Broccoli with Cheese (4)<br>Mandarin Orange Cup (17)<br>**9** | Yogurt with Cheese Stick and Goldfish (29)<br>Hamburger (26) or Cheeseburger (28)<br>French Bread Pizza (28)<br>Seasoned Potato Wedges (18)<br>Green Beans (4)<br>Mixed Fruit Cup (19)<br>**10** | <br>**11** | Chef Salad (≈10)<br>Grilled Cheese Sandwich (32)<br>Sausage and Egg Griddle (31)<br>Cheesy Broccoli Soup (30)<br>Cinnamon Glazed Yams (35)<br>Fruit Cup (≈18)<br>**12** | PBJ, Cheese Stick Animal Cracker (54)<br>Pepperoni Pizza (48)<br>Popcorn Chicken with Roll (48)<br>Crispy French Fries (14)<br>Blackeye Peas (20)<br>Assorted Fruit Juice (≈15)<br>**13** |
| PBJ, Cheese Stick Animal Cracker (54)<br>Chili with Crispy Chips (41)<br>Chicken Tenders with Roll (46)<br>Sweet Yellow Corn (16)<br>Savory Baked Beans (30)<br>Pear Cup (19)<br>**16** | Ham/Cheese Wrap (25) with Chips (≈16)<br>Fiestada Pizza (30)<br>Chicken Chunks with Roll (45)<br>Sweet Potato Waffle Fries (19)<br>Broccoli with Cheese (4)<br>Peach Cup (18)<br>**17** | PBJ, Cheese Stick Animal Cracker (54)<br>Pork BBQ Sandwich (26)<br>Mac & Cheese with Roll (64)<br>Crispy Tater Tots (14)<br>Creamy Cole Slaw (6)<br>Fruit Ice Cup (22)<br>**18** | Taco Chef Salad (36)<br>Beefy Nacho (30)<br>Pizza Crunchers (41)<br>Deli Roasters (21)<br>Lettuce and Tomato (3)<br>Baked Apples (24)<br>**19** | PBJ, Cheese Stick Animal Cracker (54)<br>Mozzarella Cheese Sticks (32)<br>Corndog Nuggets (30)<br>Potato Emoticons (19)<br>Fresh Baby Carrots (6)<br>Fruit Cup (≈18)<br>**20** |
| PBJ, Cheese Stick Animal Cracker (54)<br>Chicken Filet Sandwich (39)<br>Pepperoni Pizza (48)<br>Cinnamon Glazed Yams (35)<br>Broccoli with Cheese (4)<br>Applesauce Cup (14)<br>**23** | Yogurt with Cheese Stick and Goldfish (29)<br>Popcorn Chicken with Roll (48)<br>Cheesy Dipping Sticks (28)<br>Pinto Beans (19)<br>Crispy Tater Tots (14)<br>Mixed Fruit Cup (19)<br>**24** | <br>**25** | <br>**26** | **27** |
| PBJ, Cheese Stick Animal Cracker (54)<br>Chicken Chunks with Roll (45)<br>Pork BBQ Sandwich (26)<br>Savory Baked Beans (30)<br>Glazed Carrots (10)<br>Blueberry Cobbler<br>**30** | **Kindness is Always on the Menu**<br>**Enjoy your lunch and remember:**<br>**Kind words are always a great side dish!** | |  | |

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.

## Fresh Fruit is Offered Daily

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