Oregon Pool Fall 2026 Schedule: 11/9/2026 – 12/21/2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:45am	**Lap Swim** 5:30am – 7:45am	**Masters/OCSC** 5:30am – 6:30am **Lap Swim** 6:30-7:45am	**Lap Swim** 5:30am – 7:45am	**Masters/OCSC** 5:30 – 6:30am **Lap Swim** 6:30-7:45am	**Lap Swim** 5:30am – 7:45am		
8:00 - 11:00am	**Oregon School District Physical Education Swim Lessons** 8:00-11:30am Pool Closed:, 11/26, 11/27, 12/24, 12/25, 12/31, 1/1 Pool closes at 4:30pm for OHS swim meets on: 12/22, 1/19					**OHS** 7:30 - 9:30am **OCSC** 9:30 - 11:00am	**Lap Swim/ Water Polo** 10:00 - 11:00am
11:00am-1:00pm	**Water Exercise** 11:40am - 12:40pm	**Lap Swim** 11:40am - 12:40pm *Lap Swim Priority	**Water Exercise** 11:40am - 12:40pm	**Lap Swim** 11:40am - 12:40pm *Lap Swim Priority	**Water Exercise** 11:40am - 12:40pm	**Lap Swim** 11:00am - 1:00pm	**Lap Swim** 11:00am –1:00pm
1:00 - 3:00pm	**Oregon School District Physical Education Swim Lessons**					**Open Swim** 1:00-4:00pm	**Family Swim** 1:00-4:00pm *The entire immediate family gets in for $5!*
	Open/Lap Swim 2:00-3:00pm	**Open/Lap Swim** 2:00-3:00pm	**Open/Lap Swim** 2:00-3:00pm	**Open/Lap Swim** 2:00-3:00pm	**Open/Lap Swim** 2:00-3:00pm		
3:00 - 4:00pm	**OCSC** 3:15 - 4:15pm	**OCSC** 3:15 - 4:15pm	**OCSC** 3:15 - 4:15pm	**OCSC** 3:15 - 4:15pm	**OCSC** 3:15 - 4:15pm		
4:00 - 6:00pm	**OHS** 4:15 - 6:00pm	**OHS** 4:15 - 6:00pm	**OHS** 4:15 - 6:00pm	**OHS** 4:15 - 6:00pm	**OHS** 4:15 - 6:00pm	**Available for Rental** 4:00 - 8:00pm	**Fall Swim Lessons** 4:00 - 7:30pm Session 1 9/13 - 10/18 Session 2 11/1-12/13
6:00 - 7:00pm	**OCSC** 6-9pm	**Water Ex (deep)** 6-7pm	**OCSC** 6-9pm	**Water Ex (deep)** 6-7pm	**OCSC** 6:00 - 8:45pm **OCSC = Oregon Community Swim Club Information for the Community Swim Club is located in the lobby of the Oregon Pool.**		
7:00 - 8:00pm	**Lap Swim** 7:00-9pm	**OCSC** 6-9pm **Lap Swim** 7:30-9pm	**Lap Swim** 7:00-9pm	**OCSC** 6-9pm **Lap Swim** 7:30-9pm			
8:00 - 9:00pm							
9:00 - 9:15pm	**Cleaning** **Please Note: The pool will close 15 minutes after the last activity is over. Please be sure to complete your swimming in time to be out of the locker room by closing time. Parents need to pick up children within this 15 minute period. Please notify the pool if you are going to be delayed.**						

OREGON POOL SWIM DESCRIPTIONS FALL 2026

Lap Swim: Ages 16+. You may swim at your own pace but you must use lap lanes for lap swimming No restriction on patron numbers per lane, Mask, fins, and snorkel allowed in lap swim. **Open Swim:** Open to all ages. Children under age of 7 must be accompanied by a responsible teen or adult; this teen or adult must be in the water at all times with a child who cannot touch bottom at 3' end (recommended height is 4'). **Water Exercise:** For older teens and adults of all ages; non-swimmers and swimmers. Includes warm-up, stretching and toning, aerobics, and cool-down. Adapt workout to your own level. Some deep water exercise with flotation devices may be included. **Whirlpool:** May be used during all regularly scheduled recreational swims. It may not be used during lessons. Minimum age of 18 years Please follow guidelines posted on the door and wall of the whirlpool room. **Call our front desk with any questions**: **608-835-8617**