PLEASANT HILL MIDDLE/HIGH SCHOOL ANNOUNCEMENTS
November 5, 2026

Tomorrow is a grading day - no school.
No school next Wednesday, November 11th in observance of Veterans Day.
Monday, November 9, we will be on a special bell schedule for our Veterans Assembly.

High School		**Middle School**	
Breakfast	8:05 - 8:15	Breakfast	8:05 - 8:15
1st Period	8:19 - 9:02	1st Period	8:19 - 9:02
2nd Period	9:06 - 9:49	2nd Period	9:06 - 9:49
3rd Period	9:53 - 10:36	3rd Period	9:53 - 10:36
4th Period	10:40 - 11:23	Middle School Lunch	10:36 - 11:09
High School Lunch	11:23 - 11:56	4th Period	11:11 - 11:54
5th Period	11:58 - 12:41	5th Period	11:58 - 12:41
6th Period	12:45 - 1:28	6th Period	12:45 - 1:28
7th Period	1:32 - 2:15	7th Period	1:32 - 2:15
Assembly	2:15 - 3:10	Assembly	2:15 - 3:10

MS/HS menu:
Today
Lunch: Stuffed Mozzarella Bread Stick with Caesar Salad
Friday - no school
Monday
Breakfast: Mini Cinni
Lunch: Chicken Sandwich

MEDICAL CLUB TODAY
Medical Club will be meeting today during lunch in room 9. We have something fun planned and will have some sweet treats!

FAFSA SUPPORT NIGHTS FOR SENIORS & FAMILIES
Pleasant Hill High School is offering a two-part FAFSA support series with a Lane Community College admissions counselor. These sessions are for students planning to attend any college, university, trade school, or eligible career training program.

VIRTUAL INFORMATION SESSION TONIGHT!
Learn about FAFSA, ORSAA, Oregon Promise, and financial aid options, from 6-7pm tonight.
Join via Zoom: https://lanecc.zoom.us/j/96050454847

In-Person FAFSA Completion Night
Thursday, November 12 | 5:00–7:00 pm
Location: Pleasant Hill High School Student Center
Drop in for help completing your FAFSA with a Lane Community College representative.
Parents and guardians are encouraged to help students prepare. All seniors are encouraged to attend!
Please contact The College and Career Center with any questions.

LUNCH BUDDIES
Lunch Buddies are 8-12 grade students who are matched up with an elementary school student to become their mentor. They will meet with their Little Buddy for lunch on Tuesdays to spend 30 minutes playing games, making crafts, and having fun! This is during MS/HS lunch times and some class time. Questions? Contact Phoebe Cooksey @ pcooksey@pleasanthill.k12.or.us. Applications are due to the front office by Nov. 9.

MURAL PAINTING OPPORTUNITY
Ms. J is painting the background of A Christmas Carol for the Pleasant Hill Community theatre's winter production. For the next four weeks, Ms. J will be painting from 10:30-4:00 every Saturday at the PHCT. If you would like to be a part of the mural magic, and have your artwork come alive for all to see, the graveyard and the shop-front are available for students to paint. Ms. J will be happy to teach you the ropes and help you in any way you need. Talk with Ms. J if you are interested! All supplies will be provided, as well as snacks and a beverage.

HOLIDAY FOOD DRIVE
The HOLIDAY FOOD DRIVE is on! Please look for fliers about where to bring your non-perishable donations to help local families. The food drive runs until the end of the month. High demand items are: canned pumpkin, evaporated milk, green beans, stuffing mix, chicken broth, olives, cranberry sauce, canned yams, jello, canned fruit, cake/brownie mix, and pie filling.

GIRLS WRESTLING CLINIC
This clinic is open to all 7th-12th grade girls and the cost is free! Come experience a fun, supportive, and active environment while learning new techniques and skills. Join us on Thursday, Nov. 12, from 5:30-7:00 or Friday, Nov. 13, from 2:30-4:00 in the wrestling room. Stick around after Friday's session for drinks and cupcakes to celebrate everyone's hard work and participation. No sign-up required.