Shiner ISD School Health Advisory Council (SHAC) Meeting #1- 10/23/26

Minutes

- Welcome and Call to Order at 2:04 pm
- Introductions and Documentation of Attendance (Sign In Sheet)
- Approval of Minutes
    - Motion: Mrs. Michelle Winkenwerder
    - Second: Mrs. Glenda Nevlud
- Review of Programs:
    - Health Instruction- Coach Winkenwerder- Discussed in health: Bones and muscles, Cardiovascular, digestive, and respiratory systems, Infectious and Non infectious diseases; Will finish the semester with- First Aid, STDs, Drug, Alcohol, Tobacco chapters
    - Health Services - Nurse Aman- Health Screenings- Vision (Lions Club came to do spotscreens on younger grades), Hearing, Spinal, AN; Club Med is a student club that is focused on health occupations Club- 3rd Tuesday of the month at Yoakum Community Hospital; Immunizations- state report due first Friday in December
    - Physical Education- Coach Nitsch- Turkey Trot in November
    - School Counseling-
        - Mrs. Jamie Steffek via email (JH and HS)- Testing- ASVAB, ACT, SAT, PSAT (FAFSA); October is Bullying Awareness, Red Ribbon Week, and Fentanyl Awareness.
        - Mrs. Heather Boner (Elem.)- Red Ribbon week- planned guest speakers throughout the week with age appropriate drug awareness topics for those grades
    - Nutrition Services- Mrs. Glenda Nevlud- Thanksgiving lunch with parents- 11/12 for grades PreK- 2 (Turkey) and 11/19 for grades 3-6 (Chicken Tenders)
- Family and Community Involvement
    - Bicycle Rodeo 11/2/26- Shiner Pilot Club
    - Red Ribbon Week
    - Thanksgiving lunch with parents- 11/12/26 for Grades Pre-k through 2nd and 11/19/26 for Grades 3-6
    - Turkey Trot
- Open Discussion and Questions
    - HB 549- Airway Clearance Device- We have a LifeVac in Cafeteria and Staff Training done prior to start of school
    - October – Fentanyl Awareness month- Red Ribbon Week
        - Tucker's Law- HB 3908- appropriate grade level information/curriculum on the dangers of opioids- Required for 6th grade through 12th grade
        - Fentanyl Awareness to red ribbon week and add information on website
    - Health Education- Sexual Health is no longer required to use the "Opt-In" Form, it expired- but parent permission is still a requirement
        - Plan to continue to use the same Permission Forms for "Opt-In", that way it gives parents a clear precise box to choose to either Opt In or Opt Out.
        - Continuance of the SHARE Program or change to a different curriculum- agreed to continue SHARE
- Adjournment:
    - Motion: Mrs. Michelle Winkenwerder
    - Second: Mrs. Jamie Steffek
    - Vote: unanimous
    - Meeting adjourned at 2:24 pm