SCHOOL DISTRICT OF HOLMEN
SCHOOL BOARD COMMITTEE MEETING NOTES
WELLNESS COMMITTEE
Wednesday, March 11, 3:45 p.m.
Frederic D. Frick Administrative Center
Boardroom
1019 McHugh Road
Holmen, Wisconsin 54636

01. CALL TO ORDER

02. ROLL CALL & NOTICE OF QUORUM

Committee members present were Maggie Smith, Dr. Kristin Mueller, Paula Barlow, Jen Dienger Hanson, Karis Dylhoff, Kim Edwards, Emily Franzen, Erica Haight, Ben Johrendt, Melissa Kaatz, Dawn Shea, and Sarah Thompson. Absent were Melanie Carpenter, Kari Delong, Mike Gasper, and Tiphany Kokott.

03. APPROVAL OF AGENDA

The agenda was approved by consensus.

04. PUBLIC PARTICIPATION

No one addressed the committee.

05. APPROVAL OF PRIOR MEETING NOTES

5.1 November 5, 2025 Committee Notes

The November 5, 2025 Wellness Committee Notes were approved, by consensus.

06. REVIEW OF WELLNESS COMMITTEE GOALS

6.1 Wellness Resource Repository

The committee reviewed the proposed website of wellness resources. It was determined the purpose of the website would be a resource for families, aligned with the Wellness Policy, for nutrition and activities. Other resources would be moved to the appropriate location within their respective area (i.e., mental wellness would move to Student Service resources, digital resources to Technology).

Committee members gave direction for updates to the repository such as section headers and organization. Information for staff will be removed from this site and shared with staff elsewhere. This will help the webpage be more family-focused. The district disclaimer statement will be added to the site. The "why" for resources will be removed so the list of resources is more clear.

6.2 Feedback on Student Participation in SNAC

Karis and Paula noted that they spoke to the Student Council regarding SNAC at the high school level. Students did not have much interest or see a benefit in joining such a club unless it was connected to a class (i.e., foods or greenhouse) and met a worthwhile frequency. Kim Edwards noted that she can look into this.

There has not been SNAC at the middle school for a number of years. Jen noted that the sentiment of the middle school students is that they want their voices heard more than forming a formal club.

07. CLARIFY/REVIEW ACTIONS & DISCUSSION

Dr. Mueller will share the suggestions for the website with Travis Judell to make updates. The updated website will be shared with committee members by email.

There will not be a May Wellness Committee meeting. The committee will reconvene in the 2026-27 school year.

Dr. Mueller will share the feedback regarding SNAC at the middle school with Mike Gasper. Kim Edwards will look into linking SNAC at the high school with a course. No other action is required at this time.

08. ADJOURNMENT

The March 11, 2026 Wellness Committee meeting adjourned at 4:46 pm.