Cleveland Heights University Heights

MENU

Middle Schools Week 14: 11.16.26-11.20.26	Monday	Tuesday	Wednesday	Thursday	Friday
SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE	**Lasagna Roll Up** with Meat Sauce or Alfredo Sauce Seasoned Green Beans Garlic Bread Stick	**Tiger Bowl** Popcorn Chicken with Mashed Potato and Gravy Seasoned Corn And Dinner Roll	**BBQ Beef Riblet Sandwich** With American Cheese Slice, Pickles and Onions Baked Onion Rings	**Fajita Chicken Rice Bowl** Brown Rice, Black Beans, Seasoned Corn, Shredded Cheese, Salsa and Sour Cream With Tortilla Chips	**Chicken Corn Dog** with Spiral French Fries Glazed Carrots
GRILL SIZZLING, SEASONED & SASSY	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
PIZZA & PASTA OVEN-FRESH AND HANDCRAFTED	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
SALAD BAR Crisp, Crunchy & Nutritious	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
FRESH TO GO FAST AND CONVENIENT	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

Fresh
THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES