MENU

HS Week 13: 11.09.26-11.13.26	Monday	Tuesday	Wednesday	Thursday	Friday
The SIGNATURE Inspired • Innovative • In-Style	**Lasagna Roll Up** With All Beef Meat Sauce or Alfredo Cheese Sauce Seasoned Green Beans Garlic Roll	**BBQ Glazed Chicken Leg** With Mac and Cheese Green Peas Bread Stick	**Teriyaki Chicken** Popcorn Chicken With Brown Rice Steamed Broccoli	**Chicken Quesidilla** Tortilla Shell Grilled Chicken and Monterey Cheese With Black Beans Brown Rice Sour Cream Salsa	**All American Beef Dog** All Beef Hotdog Soft WG Bun Shredded Cheese, Diced Onion, Pickle Relish and BBQ Baked Beans Baked Fries
Piazza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Pasta Alfredo Grilled Chicken, Steamed Vegetable, Bread stick
CHX Fresh Grilled Chicken	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces	South West Salad Chopped Romaine Red Onions, Black Beans, Corn, Cheddar Cheese, Onion, Tomatoes and Chicken Bread Stick	Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces	Boneless Wings Celery Sticks Homemade Dinner Roll Assorted Sauces
Met Mediterranean Grill	Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Cheese or Pepperoni Bosco Sticks with Marinara Sauce	Chicken Filet Sandwich
agave Mexican Grill	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
nutri bar Garden Fresh Salads & Ancient Grains	Fresh Salad Bar Options **Adult Nutri-Bar:** Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily. **Student Fresh Salad Bar:** Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily. **Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily**				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat-Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

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