MENU

HS Week 14 11.16.26-11.20.26	Monday	Tuesday	Wednesday	Thursday	Friday
SIGNATURE	**Tiger Bowl** Popcorn Chicken Creamy Mashed Potato, Chicken Gravy, Seasoned Corn & Garlic Roll	**Florentine Cheese Stuffed Shells** With Marinara or Alfredo Sauces Green Beans Garlic Breadstick	**Orange Chicken** Popcorn Chicken With Brown Rice Steamed Broccoli	**Cheese Pierogi** With Grilled Peppers and Onions Pork Kielbasa Seasoned Carrots Sour Cream	**All Beef Meatball Sub** Mozzarella Cheese Marinara Sauce , Pickles and Onions With BBQ Baked Beans Onion Rings
PIAZZA	Cheese Pizza Pepperoni Pizza Chicken Buffalo	Cheese Pizza Pepperoni Pizza Vegetable Pizza	Cheese Pizza Pepperoni Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza Ranch Chicken Pizza	Cheese Pizza Pepperoni Pizza Meat Lovers
CHX	**Chicken Tenders** Carrots Sticks Homemade Bread Stick Assorted Sauces	**Boneless Wings** Celery Sticks Homemade Dinner Roll Assorted Sauces	**Chicken Caesar Salad** Chopped Romaine Red Onions, Black Olives, Croutons, Parmesan Cheese, Chicken Tenders Caesar Dressing Bread Stick	**Chicken Tenders** Carrots Sticks Homemade Bread Stick Assorted Sauces	**Boneless Wings** Celery Sticks Homemade Dinner Roll Assorted Sauces
Met	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks with Marinara Sauce	Chicken Filet Sandwich	Hamburger Cheeseburger Mozzarella Sticks with Marinara Sauce	Spicy Chicken Filet Sandwich
agave	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	**Walking Taco Tuesday** Nacho Dorito Beef or Chicken Brown Rice, Black Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily	Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily
nutri bar Garden Fresh Salads & Ancient Grains	Fresh Salad Bar Options **Adult Nutri-Bar:** Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily. **Student Fresh Salad Bar:** Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily. **Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily**				

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

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