LMES Lunch

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School Nutrition Director: Brandie Wooten, 706-859-3054

DECEMBER 2026

Did you know?
About 25% of Americans eat fast food every single day.
The average American eats about 1,996 pounds of food each year.

Tue	Wed	Thu	Fri
1 Pizza (1, 4, 5) Corn Veggie Cup w/ Ranch (1, 2) Fruit & Choice of Milk (1)	2 Chicken Sandwich (1, 4, 5, 9) OR Spicy Chicken Sandwich (1, 4, 5, 9) Sweet Potato Fries Green Beans Fruit & Choice of Milk (1)	3 Spaghetti (1, 5) w/ Garlic Bread (5) Corn Side Salad w/ Dressing (1, 2) Fruit Choice of Milk (1)	4 BBQ Sandwich (4, 5, 9) Potato Smiles Baked Beans Fruit Choice of Milk (1)
8 Chicken Alfredo (1, 2, 5) Garlic Bread (1, 5) Green Beans Fruit Choice of Milk (1)	9 Hotdog (4, 5) Chili/Cheese Fries (1, 4) Slaw (2) Fruit Choice of Milk (1)	10 Philly Cheesesteak (1, 4, 5) Chips (1, 4) Broccoli w/ Cheese (1) Fruit & Choice of Milk (1)	11 Hamburger (5) OR Cheeseburger (1, 5) Potato Smiles Baked Beans Fruit & Choice of Milk (1)
15 Turkey Sandwich (1, 5) Lettuce/Tomato/Pickle Chips (1, 4) Sweet Potatoes Fruit & Choice of Milk (1)	16 **Christmas Dinner** Ham Cornbread Dressing w/ Gravy (1, 2, 5) Green Beans & Mac n Cheese (1) Cranberry Sauce Blueberry Crumble Choice of Milk (1)	17 **Christmas Dinner** Chicken Tenders (1, 5) Cornbread Dressing w/ Gravy (1, 2, 5) Green Beans & Mac n Cheese (1) Cranberry Sauce Peach Cobbler Choice of Milk (1)	18 PB&J w/ String Cheese (1, 3, 5) OR Grilled Cheese (1, 5) Chips (1, 4) Baby Carrots Fruit & Choice of Milk (1)
22 CHRISTMAS BREAK	23 CHRISTMAS BREAK	24 CHRISTMAS BREAK	25 CHRISTMAS BREAK

Notes



Harvest of the Month:
Lettuce



Some menu items may contain allergens. The following will be used to indicate the presence of allergens in foods:
(1) Milk (2) Egg (3) Peanut (4) Soy (5) Wheat (6) Tree Nut (7) Shellfish (8) Fish (9) Sesame

Chattooga County School District is participating in CEP (Community Eligibility Provision). All students eat at no charge to families. However, there *is* a charge for extra items and snack items. To add money to your student's account, visit www.linqconnect.com

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