MES Lunch

Cafeteria Manager: Ashley Thomas, 706-862-6036
School Nutrition Director: Brandie Wooten, 706-859-3054

DECEMBER 2026

Did you know?
About 25% of Americans eat fast food every single day.
The average American eats about 1,996 pounds of food each year.

Tue	Wed	Thu	Fri
1 Pizza (1, 4, 5) Corn Glazed Carrots Fruit Choice of Milk (1)	2 Hot Ham & Cheese on Bun (1, 5) OR Grilled Cheese (1, 5) Goldfish Crackers (1, 5) Baked Beans Fruit & Choice of Milk (1)	3 Chicken Alfredo (1, 2, 5) w/ Garlic Bread (1, 5) Green Beans Fruit Choice of Milk (1)	4 Chili (4) w/ Crackers (5) Cinnamon Roll (1, 4, 5) Sweet Potato Tots Fruit Choice of Milk (1)
8 Cowboy Nachos (1, 4) OR Taco Salad (4) Side Salad w/ Dressing (1, 2) Refried Beans & Corn Fruit & Choice of Milk (1)	9 Potato Soup (1, 5) OR Vegetable Soup w/ Crackers (1, 5) Veggie Cup w/ Ranch (1, 2) Goldfish Crackers (1, 5) Fruit & Choice of Milk (1)	10 PB&J w/ String Cheese (1, 3, 5) Chips (1, 4) Corn Baby Carrots w/ Ranch (1, 2) Fruit & Choice of Milk (1)	11 Ham w/ Roll (2, 4, 5) OR Chicken Sandwich (1, 4, 5, 9) Mashed Potatoes (1) Green Beans Mac & Cheese (1) Christmas Dessert Fruit & Choice of Milk (1)
15 Chicken Tenders (1, 5) OR Spicy Tenders (1, 5) Baked Beans Side Salad w/ Dressing (1, 2) Fruit & Choice of Milk (1)	16 BBQ Sandwich (4, 5, 9) Slaw (2) & Pickles Fries Fruit Choice of Milk (1)	17 Cheeseburger (1, 5) OR Hamburger (5) Chips (1, 4) Glazed Carrots Fruit Choice of Milk (1)	18 PB&J w/ String Cheese (1, 3, 5) OR Ham/Turkey Sandwich (1, 5) Chips (1, 4) Snack Pack Carrots Fruit & Choice of Milk (1)
22 CHRISTMAS BREAK	23 CHRISTMAS BREAK	24 CHRISTMAS BREAK	25 CHRISTMAS BREAK

Notes



Harvest of the Month:
Lettuce



Some menu items may contain allergens. The following will be used to indicate the presence of allergens in foods:
(1) Milk (2) Egg (3) Peanut (4) Soy (5) Wheat (6) Tree Nut (7) Shellfish (8) Fish (9) Sesame

Chattooga County School District is participating in CEP (Community Eligibility Provision). All students eat at no charge to families. However, there *is* a charge for extra items and snack items. To add money to your student's account, visit www.linqconnect.com

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