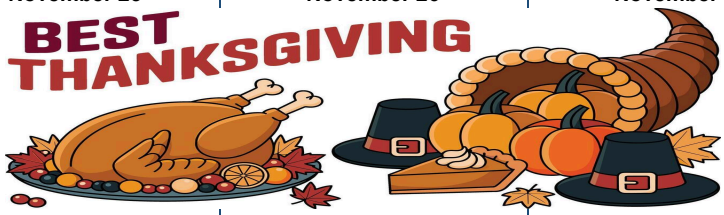


Hoke County Schools Breakfast Menus for November 2026

MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Ham & Cheese Croissant Maple Pancake Minis Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	**November 3** 	**November 4** Super Donut Pancake on Stick Assorted Cereal Mandarin Oranges Cup Assorted Juice Low-fat or Fat Free Milk	**November 5** Chicken Biscuit Mini Maple Waffles Assorted Cereal Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	**November 6** Breakfast Pizza Blueberry Donut holes Assorted Cereal Diced Pears Assorted Juice Low-fat or Fat Free Milk
November 9 Breakfast Bagel Apple Cinnamon Muffin Assorted Cereal Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	**November 10** Cinnamon Roll Pancake and Sausage Sandwich Assorted Cereal Diced Peach Cup Assorted Juice Low-fat or Fat Free Milk	**November 11** 	**November 12** Chicken Waffle Sandwich Apple Strudel Stick Assorted Cereal Mandarin Orange Cup Assorted Juice Low-fat or Fat Free Milk	**November 13** Apple Cinnamon Texas Toast Chicken Biscuit Assorted Cereal Diced Pear Cup Assorted Juice Low-fat or Fat Free Milk
November 16 Honey Bun Ham & Cheese Croissant Assorted Cereal Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	**November 17** Breakfast Pizza Chocolate Donut Holes Assorted Cereal Mixed Fruit Cup Assorted Juice Low-fat or Fat Free Milk	**November 18** Dunkin Stix Breakfast Bites Assorted Cereal Mandarin Orange Cup Assorted Juice Low-fat or Fat Free Milk	**November 19** Sausage Biscuit French Toast Sticks Assorted Cereal Diced Peach Cup Assorted Juice Low-fat or Fat Free Milk	**November 20** Blueberry Donut Holes Belgian Waffle Assorted Cereal Applesauce Cup Assorted Juice Low-fat or Fat Free Milk
November 23 Ham & Cheese Croissant Maple Pancake Minis Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	**November 24** Powdered Donut Holes Sausage Biscuit Assorted Cereals Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	**November 25** 	**November 26**	**November 27**
November 30 Breakfast Bagel Apple Cinnamon Muffin Assorted Cereal Applesauce Cup Assorted Juice Low-fat or Fat Free Milk				

Nutrition Byte

Celebrate #NCFarmers from the Mountains to the Sea!

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmer Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 6, 2025.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at https://www.ncfarmerappreciation.com. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #MountainstoSea. Tag @NCFarmersAppreciationDay.

Did you know?

- Agriculture is North Carolina's #1 industry with an economic impact of over $100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3rd for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

North Carolina Department of PUBLIC INSTRUCTION

This institution is an equal opportunity provider.
https://www.dpi.nc.gov/districts-schools/district-operations/school-nutrition

Nutrilink: Learn more at https://www.ncfb.org/ag-in-the-classroom, https://gottobenc.com, and https://ncfarmtoschool.com.



Hoke County Schools Lunch Menus for November 2026

MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Chick Fillet On Bun 4x6 Cheese Pizza Meatball sub Steamed Broccoli Seasoned Potato Tots Apple Sauce Cup Low Fat or Fat-Free Milk	**November 3** 	**November 4** Cheeseburger on Bun Chicken Quesadilla Deep Dish Pepperoni Pizza Baked Beans Seasoned Spiral French Fries Mixed Fruit Low-fat or Fat-Free Milk	**November 5** General Tso Chicken Chef Salad w/ Grilled Chick Fillet W/ Breadstick Cheeseburger on Bun Vegetable Fried Rice Candied Yams Strawberry Cup Breadstick Low-fat or Fat-Free Milk	**November 6** Vegetable Beef Soup W/Goldfish Crackers Grilled Cheese Sandwich Grape Uncrustable Garden Salad w/ Dressings Peach Cup Low Fat or Fat-Free Milk
November 9 Chicken Tenders Stuffed Crust Cheese Pizza Corn Dog Steamed Broccoli Mashed Potatoes Apple Sauce Cup Dinner Roll Low-fat or Fat-Free Milk	**November 10** Chicken Fajita in Soft Shell Chef Salad w/ Chicken Fajita and Tortilla chips Cheese Burger on Bun Diced Tomatoes Shredded Lettuce Grated Cheese, Salsa Black Beans Buttered Corn ***NC Fresh Bagged Apples** Low-fat or Fat-Free Milk	**November 11** 	**November 12** Oven Roasted Chicken Chef Salad w/ Boiled Egg w/ Dinner Roll Fiesta Pizza Pinto Beans ***NC Fresh Baked Sweet Potato** Spiced Apples Dinner Roll Low-fat or Fat Free Milk	**November 13** Chicken Noodle Soup W/Animal Crackers Cheese Pocket Strawberry Uncrustable ***NC Fresh Broccoli** and Baby Carrot Cup w/ Ranch Dressing ***Fresh NC Apple Wedges** Low-fat or Fat Free Milk
November 16 Chicken Nuggets Cheeseburger on Bun 4x6 Cheese Pizza Steamed Broccoli Mashed Potatoes Pineapple Tidbits Dinner Roll Low Fat or Fat-Free Milk	**November 17** Soft Shell Beef Taco Turkey Taco Chef Salad w/ Tortilla Chips Chicken Quesadilla Pinto Beans Buttered Corn Diced Tomatoes Shredded Lettuce Grated Cheese, Salsa ***Fresh NC Bagged Apples** Low-fat or Fat-Free Milk	**November 18** 6' Round Pepperoni Pizza Veggie Burger on Bun Grilled Chick Fillet Sandwich Steamed Green Beans Seasoned Sweet Potato Fries ***NC Mixed Berry Medley** Low-fat or Fat-Free Milk	**November 19** Oven Roasted Turkey French Bread Cheese Pizza Stuffing Gravy Cranberry Sauce ***Fresh NC Collards** ***Fresh NC Baked Sweet Potato** Spiced Peaches with Crumb Topping Garlic Knot Low-fat or Fat-Free Milk	**November 20** Chilli Con Carne W/Cheese Itz Grilled Cheese Sandwich Cinnamon Roll Peanut Butter and Honey Uncrustable Seasoned Hash Rounds ***Fresh NC Apple Wedges** Low Fat or Fat-Free Milk
November 23 Popcorn Chicken Corn Dog Nuggets Deep Dish Cheese Pizza Steamed Broccoli Pinto Beans Sliced Peaches Dinner Roll Low-fat or Fat Free Milk	**November 24** Spaghetti ***NC Ground Beef Meatsauce** Chef Salad w/ Boiled Egg W/ Cheesy Bites Cheesy Bites w/ Marinara ***Fresh NC Steamed Cabbage** Candied Yams Mixed Fruit Wild Mike's Cheesy Bites Low-fat or Fat Free Milk	**November 25** 	**November 26**	**November 27**
November 30 Chick Fillet on Bun 4X6 Cheese PizzA Meatball Sub Steamed Broccoli Seasoned Potato Rounds Pineapple Tidbits Low-fat or Fat Free Milk				