Family Resources

Text-a-Tip
Text Fremont to 1-844-823-5323

Emergency Hotlines
- Domestic Violence Hotline
- DCFS Hotline Information
- Child Abuse Reporting

Bullying
- stopbullying.org
- Text HOME to 741741

Contact Building Principal

Parent University
- Fremont sponsored programming for parents
- Parent University information

Homeless Services & McKinney-Vento
- Contact Krista Winkelman
- Lake County ROE Homeless Services
- ISBE Homeless Information
- ISBE Youth in Care Services

Food Pantries
- Fremont Township

Shelter
- PADS
- Cool Ministries

Counseling and Mental Health
- Referral GPS
- Child and Adolescent Behavioral Health Services

Counseling and Mental Health
- Family Support Program
- Counseling Connections
  Libertyville
- Simply Bee Counseling
  Vernon Hills
- Compass Health Center
  Northbrook
- Cherry Hill Counseling
  Vernon Hills
- Nicasa
- NAMI
- NorthStar Counseling Group- Mundelein
- Progressive Psychological Healthcare
- Here & Now - Northbrook

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Family Resources

Medical Health Services/Hospitals

- Alexian Brothers Behavioral Health
- Antioch Area Healthcare Accessibility Alliance
- Family Resource Center of Zion- Women's Healthcare
- Rogers Behavioral Health Center
- Various Medical Providers

Neurodivergent Information

- CHADD
  - ADHD information and support
- Autism Care
  - Comprehensive Autism Services at RUSH

Community Resources

- One Hope United
- Lake County Community Resources
- Wauconda Township
- Arden Shore Child and Family Services
- United Way
- Big Brothers Big Sisters
- Josselyn
- ElderCARE

Family Support & Advocacy

- Various Family Support & Advocacy Resources
- Autism Family Cares
- Sibshop
- Family Support & Advocacy

Recreation Programs & Camps

- Special Recreation & Camps
- Center for Enriched Living (CEL)
- Equestrian Connection, NFP
- Partners for Progress Therapeutic Equestrian Center
- Special Recreation Association of Central Lake County (SRACLC)
- Great Lakes Adaptive Sports Association (GLASA)
- Multilingual Services
  - Family Focus Dual Language Program children 0-4 years old

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Family Resources

Park Districts

- **Mundelein Park and Recreation District**
  847-566-0650
  1401 N. Midlothian Rd
  Mundelein, IL 60060

- **Wauconda Park District**
  847-526-3610
  600 N. Main Street
  Wauconda, IL 60084

- **Round Lake Area Park District**
  847-546-8558
  814 Hart Road
  Round Lake, IL 60073

Park Districts, Continued

- **Grayslake Park District**
  847-223-7529
  240 Commerce Drive
  Grayslake, IL 60030
- **Vernon Hills Park District**
  847-996-6800
  635 North Aspen Drive
  Vernon Hills, IL 60061
- **Long Grove Park District**
  3849 Old McHenry Rd.
  Long Grove, IL 60047
- **ELA Township Youth Programs**

Childcare

- **Stepping Stone**
- **Kindercare**
- **YWCA**
- **Wildflower Early Learning**

Respite Care

- **Respite Care Resources**

LGBTQIA+ Resources

- **Gender Health Services Lake County**
- **UChicago Medicine Gender Affirming Care**
- **Trevor Project**
  - Text START to 678678

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Family Resources

Health, Equipment & Transportation Resources

- Various Health, Equipment & Transportation Resources
- Keeping Families Covered
- Pace

Grief Support

- Willow House

Pregnancy Health Services

- Lake County Health Department
- Doula Services Program

Financial Support

- Various Funding Resources
- Supplemental Nutrition Assistance Program - SNAP
- SNAP, TANF-temporary assistance for needy families, Medicaid/Medicare
- The Special Supplemental Nutrition Program for Women, Infants & Children (WIC)
- Community Alternatives Unlimited (CAU)
- Criminal Record - Legal Coalition
- Prairie State Legal Services
- Catholic Charities
- 211 Lake County

Alcohol Drug Testing & Treatment

- SAMHSA's National Helpline
  - 24/7 treatment referral and information service
  - (800) 662-HELP (4357)

Domestic Violence, Sexual Assault & Human Trafficking

- A Safe Place
- Zacharias Sexual Abuse Center

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