October Newsletter 2026

Stefanie Joyner • a month ago • Wednesday, Sep 30 at 4:07 PM • **Kenneth Carberry Elementary**

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October Newsletter

2026





A message from Principal Greg Alexander

Happy October, Carberry families! The leaves are turning, the mornings are cooler, and our classrooms are buzzing with fall
learning. Thank you for the support you show our students, teachers, and staff every day.

A Few Reminders for This Time of Year

• Layer up for recess. Idaho mornings are getting chilly but afternoons can still warm up — a light jacket or sweatshirt your child can take on and off works better than a heavy coat some days. Consider writing their name in their coats as
we have a large Lost and Found section already.
• Daylight Saving Time ends November 1. It can help to start shifting bedtime by 5–10 minutes a few nights before the clocks change, especially for younger kids who are sensitive to schedule shifts.
• Flu and cold season is starting. A reminder to keep sick kids home when they have a fever, and to send a note or call
the office if your child will be absent — this also helps us keep accurate attendance records.
• Red Ribbon Week (drug-free/healthy choices awareness) falls the last week of October —details on spirit days and activities are below.

• Conferences are October 14th and 15th — sign-up information went out on Monday, September 28th.

Something to Think About: What the Research Says

Screen time and sleep: Recent research continues to show that screens (especially with blue light) in the hour before bed can delay the release of melatonin, making it harder for kids to fall asleep. A simple "screens off 30–60 minutes before bed" routine can meaningfully improve sleep quality — and better sleep is one of the strongest predictors of attention and mood at school the next day.

Reading together, even for "big kids": Studies on family literacy show that reading aloud to children benefits them well beyond early elementary — even in upper elementary, kids who are read to (not just reading independently) tend to have stronger vocabulary and comprehension, because listening comprehension develops ahead of reading comprehension. Ten minutes a night, even for a 5th grader, still counts. As a student, I, Mr. Alexander, struggled to read and had my mom and dad read with me through 9 th grade. You may share this with your children if they don't think they should be read too.

The power of a consistent morning routine: Research on school attendance and readiness points to consistent morning

routines (same wake time, same steps each day) as one of the biggest predictors of on-time, ready-to-learn arrivals — more so than the specific routine itself. If mornings feel chaotic at your house, even small consistency wins (same breakfast spot,
same order of getting dressed/eating/backpack) can reduce stress for kids who thrive on predictability.

As always, thank you for partnering with us. If you have questions about anything in this newsletter, please reach out to the front office.

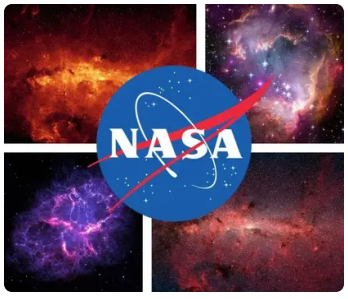
— **Principal Greg Alexander, Carberry Elementary**

Important Dates

October



1st-**RECORDER ORDERS DUE TO MRS. MEADE FOR 3RD-5TH GRADE STUDENTS**
14th- Parent/Teacher Conferences 5:00-8:00 PM
14th- Rec Day 3:00-3:45 PM
15th- **NO SCHOOL** Parent/Teacher Conferences 10:00 AM-8:00 PM
19th- Huskie Explorers (**Session 1/ Week 1)** 3:50-5:15 PM
20th- Kinder Field Trip to The Farm 9:00 AM-12:15 PM
20th- NASA Specialists Meeting 4:00-5:00 PM in Mr. Driever's Room
20th- Family Game Night 6:30-8:00 PM
21st- Food Box Distribution 4:30-6:00 PM
26th- Huskie Explorers (**Session 1/week 2**) 3:50-5:15 PM
29th- Kindergarten field trip to Children's Museum 9:00 AM-1:30 PM
29th Trunk or Treat 2:30-3:30 PM



NASA SPECIALISTS

NASA Specialists meeting Tuesday, October 20th, 4:00-5:00 PM in Mr. Driever's Room
In House Project

PTO Meeting Monday, October 12th, at 4:00 PM

Family Game Night-Tuesday, October 20th, 6:30-8:00 PM




ESCUELA PRIMARIA CARBERRY
NOCHE DE JUEGOS
DE LA FAMILIA
GRANDES JUEGOS Y LOS MEJORES RECUERDOS
JUEGOS DE UN MINUTO PARA GANAR
JUEGOS DE CARTAS
JUEGOS DE MESA
HELADO
PREMIOS DE LA RIFA
MARTES - 20 DE OCTUBRE
6:30-8:00
¡CENA EN CASA, CARGA EL COCHE CON LA FAMILIA Y DIRÍGETE A CARBERRY
PARA DISFRUTAR DE JUEGOS Y POSTRE!
¡NOS VEMOS ALLÍ!
PRESENTADO POR:
Kenneth J. Carberry
COMMUNITY SCHOOL GRANT
+
ALL STARS
C.O.R.E.

Red Ribbon Dress Up Week-Celebrate Being Drug Free! October 26th-29th

Sunglasses may be worn by TEACHER APPROVAL




SEMANA DEL LISTÓN ROJO
Semana de disfraces • ¡Celebremos una vida sin drogas!
LUNES
¡Dales una patada a las drogas!
Vístete de vaquero o vaquera
MARTES
¡Tu futuro es brillante!
Usa sombreros extravagantes y lentes de sol
MIÉRCOLES
Día de rojo
Vístete de rojo de pies a cabeza
JUEVES
¡Las drogas no nos encontrarán!
Vístete de camuflaje
No se permite usar pintura facial, calcomanías ni tatuajes.

Food Box Distribution



August 19th
September 16th
October 21
4:30-6:00

LOCATED @ CARBERRY ELEMENTARY

LOOK FOR THE ORANGE SIGNS.
PULL UP TO THE CURB. COME INTO ROOM C105

TEFAP is a national hunger-relief program. The food is purchased by the U.S. Department of Agriculture (USDA) and distributed by The Idaho Foodbank through a network of community partners like Carberry Elementary. The following table shows a monthly gross income for each family size. If your household income is at or below the income listed for the number of people in your household, you are eligible to receive food. Note: self-declared income and Idaho residency are required to receive benefits.
This institution is an equal opportunity provider.

INCOME ELIGIBILITY (Effective October 1, 2025)	
Family Size	*Gross Monthly Income*
1	$2,608.33
2	$ 3525.00
3	$ 4441.67
4	$ 5358.33
5	$ 6275.00
6	$ 7191.67
7	$ 8108.33
8	$ 9025.00
Each Additional	$ 916.67

QUESTIONS? Aimee Thompsen
Carberry Community School Coordinator
208-365-6301 ext 1455

Distribución de cajas de alimentos



19 de agosto
16 de septiembre
21 de octobre
4:30-6:00
UBICADO EN LA ESCUELA PRIMARIA CARBERRY
BUSCA LAS SEÑALES NARANJAS.
Deténgase junto a la acera. Entre a la habitación C105.

TEFAP es un programa nacional de alivio del hambre. El Departamento de Agricultura de los Estados Unidos (USDA) compra los alimentos y el Banco de Alimentos de Idaho los distribuye a través de una red de socios comunitarios como Carberry Elementary. La siguiente tabla muestra los ingresos brutos mensuales para cada tamaño de familia. Si los ingresos de su hogar son iguales o inferiores a los ingresos indicados para la cantidad de personas que integran su hogar, usted es elegible para recibir alimentos.
Nota: se requieren ingresos autodeclarados y residencia en Idaho para recibir los beneficios. Esta institución es un proveedor que ofrece igualdad de oportunidades.

ELEGIBILIDAD SEGÚN INGRESOS (En vigor a partir del 1 de octubre de 2025)	
Tamaño de la familia	*Ingresos brutos mensuales*
1	$2,608.33
2	$3,525.00
3	$4,441.67
4	$5,385.33
5	$6,275.00
6	$7191.67
7	$8108.33
8	$9025.00
Cada una Adicional	$916.67

¿PREGUNTAS? Aimee Thompsen Coordinadora de la escuela comunitaria de Carberry
208-365-6301 extensión 1455

Looking Ahead



November

2nd- Huskie Explorers (Session 1/Week 3) 3:50-5:15 PM
5th- Picture Retake Day
5th- Title I Literacy Night 5:30-7:30 PM
9th- Huskie Explorers (Session 1/Week 4) 3:50-5:15 PM
10th- NASA Specialists Meeting 4:00-5:00 PM (School Wide Project) in Mr. Driever's Room
11th- Veterans Day Concert-School Assembly 9:00 AM; Parent/Guardian Performance 2:00 PM
16th- PTO Meeting 4:00 PM
17th-NASA Specialists Meeting 4:00-5:00 PM (Project Due for Specialists)
23rd-27th **Thanksgiving Break**



Requesting Photos of Veterans- Deadline Thursday, November 5th

Mrs. Meade is making a slide show of Veterans who have served, or are currently serving, in the Armed Forces. The slide show will be shown during our Veterans day assembly and concert on Wednesday, November 11th.

Please email a photograph of a Veteran to Mrs Meade (KMeade@isd221.net) by Thursday, November 5th.

Please include the following information:

1. Name of the Veteran
2. Name/grade level of the Carberry student and their relationship to the Veteran
3. What branch of the military he/she served in
4. Dates he/she served

Photos will NOT be accepted after the deadline!

Hard copies of photos that are submitted will be returned the week after the concert. If possible, please invite the Veteran(s) you know to attend our concert on Wednesday, November 11th, in the school gym.

Thank you for helping us honor our Veterans! If you have any questions or concerns, please email Mrs. Kristin Meade at KMeade@isd221.net.


Carberry Elementary
Veterans Day Concert
Wednesday, November 11
School Assembly
9:00 AM
Parent/Guardian Performance
2:00 PM



Change of Plans for How Your Child Goes Home? CALL THE OFFICE NO LATER THAN 3:15 PM



If there is a change of plans for how your child is to go home...

PLEASE CALL THE OFFICE if you need to change the plans for how your child will get home. Teachers do not have time to look at their messages about a change of plans. When the office is not informed, it can cause miscommunication. Children can miss the bus, or parents can come to pick them up, and they are on the bus. Thank you for understanding!

If Your Child Is Going To Be Absent...



Have you either called or emailed **THE OFFICE** to let us know **EVEN if you've informed their teacher**? **Please call before 8:15 AM or after 8:45 AM because the office is super busy during this time.** 208-365-0839 cesattendance@isd221.net Thank you!

Also, if your child has a doctor/dentist/counseling appointment, please remember to bring the office **a note from the doctor.**

School Absence

Patient'sName:_____

Appointment Information

Date: _____ Time: _____

The above named student/patient was seen in this office by the:

Physician	☐☐Nurse
Physician'sAsst.	☐☐Office Staff
Nurse Practitioner	☐☐Other

Patient May Return to School:

- ☐ Today
- ☐ Tomorrow
- ☐ On _____

Day Date

Physician Name:_____

Address:_____

_____

Physician'Signature : _____

