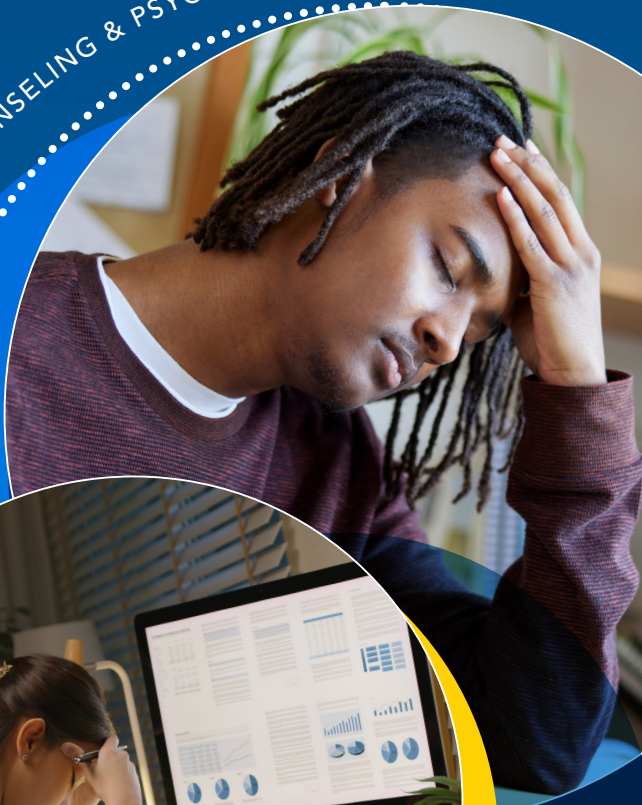
CAPS CENTER

COUNSELING & PSYCHOLOGICAL SERVICES





MISERICORDIA UNIVERSITY

COMMON CONCERNS

Counselors are available to meet with students to explore a wide variety of issues. Common concerns addressed are stress, anxiety, depression, relationship issues, academic distress, and substance abuse/addiction issues. The counseling staff is committed to helping students find appropriate and effective ways of managing their areas of concern.

COST

Counseling services are provided free of charge to currently enrolled students.

CONFIDENTIALITY

The topic of confidentiality is taken very seriously at the CAPS Center, since counseling often involves sharing personal and private information. Confidentiality is maintained in compliance with state and federal laws as well as professional ethics and standards. Client files at the CAPS Center are securely stored separately from students' academic, medical, or career services records. Information may not be released to anyone without the written consent of the student, except in rare cases, such as dangerousness to self or others, which the counselor will discuss in greater detail at the first session.

SERVICES PROVIDED

A variety of support services are offered to students through the CAPS Center, including:

- Individual counseling
- Workshops throughout the school year
- Group counseling
- Drop In Sessions
- Referral services
- Crisis intervention

OUTREACH

The CAPS Center offers outreach programming on a variety of personal development topics and issues throughout the academic year. The CAPS Center also sponsors therapy dogs on campus in the fall and spring semesters to help with stress management.

MISSION STATEMENT

The mission of the Counseling and Psychological Services Center (CAPS Center) is to foster the holistic development of student wellness, mental health, resilience, and optimal success in a supportive community where all are welcome through the active engagement of culturally competent clinical services, outreach and educational programming.

APPOINTMENTS

Counseling appointments may be made during normal business hours (8:30 a.m. – 4:30 p.m.) by visiting the CAPS Center, located on the lower level of Alumnae/McGowan Hall, or by calling (570) 674-6408. Students may also make an appointment by going directly to the CAPS website at misericordia.edu/caps.

CONSULTATION OR REFERRALS

Faculty, staff, or students who would like to consult about a concern or refer a student may call the CAPS Center at (570) 674-6408.

PSYCHOLOGICAL EMERGENCIES

A Counselor On Call Service is available 24/7 - 365 days a year for Misericordia students by calling (570) 674-6408, option #4.

MISERICORDIA UNIVERSITY

COUNSELING & PSYCHOLOGICAL SERVICES CENTER

570-674-6408

www.misericordia.edu/caps