RINGGOLD HIGH SCHOOL

NOVEMBER 9TH – NOVEMBER 13TH

	MONDAY 11/9/26	TUESDAY 11/10/26	WEDNESDAY 11/11/26	THURSDAY 11/12/26	FRIDAY 11/13/26
SIGNATURE STATION	General Tso's Chicken Or Popcorn Chicken Rice or Noodles -Broccoli-	No School	No School	Nachos & Cheese Beef or Chicken or Chicken Enchiladas -Steamed Corn-	**Breakfast for Lunch** French Toast Stix Sausage Hash Browns **-Yogurt Parfait Bar-**
GRILL STATION	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich	No School	No School	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich
PIZZA STATION (Fresh Hand Stretched Dough)	Cheese Pizza Pepperoni Pizza White Pizza	No School	No School	Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza
RAM DRIVE DELI	Daily Features including Asst Breads & Wraps, Fresh Deli Meats & Cheeses, Grilled Chicken & Array of Fresh Toppings & Dressings				
SALAD BAR	DAILY FEATURES WITH FRESH FRUITS & VEGETABLES				
FUN FACTS & QUOTES	**"It always seems impossible until it is done."** — *Nelson Mandela*				

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In the Cafeteria ***High School*** *6:45-7:00AM*	Breakfast Pizza	No School	No School	French Toast	Strawberry Bagel
	GRAB & GO BREAKFAST: VARIETY OF CEREALS, CRACKERS, BREAKFAST BARS, FRESH FRUITS, MILK & JUICE				

MAKE IT A COMPLETE BREAKFAST OR LUNCH
A meal includes grain, protein, fruit, vegetable, and milk.
Be sure to take at least three components
(including ½ cup
of fruit or vegetable)

Contact The District Food Service Directors
Amanda Fronzaglio at afronzaglio@ringgold.org
or
Kevin Pulit at kpulit@avifoodsystems.com
with any questions or concerns.

WE'RE HERE TO SERVE YOU!

This institution is an equal opportunity provider, employer, and lender.

AVI Fresh
THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES