RINGGOLD MIDDLE SCHOOL

NOVEMBER 9TH–13TH 2026

	MONDAY 11/9/2026	TUESDAY 11/10/26	WEDNESDAY 11/11/26	THURSDAY 11/12/26	FRIDAY 11/13/26
SIGNATURE Inspired • Innovative • In-style	**PENNE W/ MEATBALLS** GARLIC BREADSTICK GREEN BEANS	Parent Conference Day	**VETERANS DAY**	**TACOS CRISPY OR SOFT SHELL SEASONED BEEF OR CHICKEN** Spanish Rice Seasoned Corn Black Beans	**GRILLED CHEESE & TOMATO SOUP**
GRILL SIZZLING, SEASONED & SASSY	Hamburger Cheeseburger Crispy Chicken Sandwich	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy Chicken Sandwich	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy Chicken Sandwich
PIZZA OVEN-FRESH AND HANDCRAFTED	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Ranch	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
SALAD Crisp, Crunchy & Nutritious	DAILY FEATURES WITH FRESH FRUITS & VEGETABLES				
FUN FACTS & QUOTES	**"You don't win a game by just having your best players. You win by having good players who come together."**				

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST FARM FRESH AND NATURAL	**CHOCOLATE FILLED CRESCENT**			**Breakfast Pizza**	**DOUBLE CHOCOLATE CHIP OATMEAL BAR**
	A variety of Fresh Fruit, Milk, Cereals, Breakfast Bars, and Muffins offered daily on the Breakfast Carts				

MAKE IT A COMPLETE BREAKFAST OR LUNCH

A meal includes grain, protein, fruit, vegetable, and milk.

Be sure to take at least three components

Contact The District Food Service Directors, Amanda Fronzaglio, at afronzaglio@ringgold.org or Kevin Pulit, at kpulit@avifoodsystems.com with any questions or concerns.

WE'RE HERE TO SERVE YOU!

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