South Central Indiana School Trust

2026-27 Wellness Incentive: Annual Physical Exam

Guidelines

1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2026-2027 Wellness Incentive.
2. For employees and spouses that complete an Annual Physical Exam for 2026-2027 plan year, he/she will receive a $150 incentive payment from the school corporation based on the schedule below:
3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

Annual Physicals Date of Service	Submitted to HR Dept By	Paid By
11/1/26 – 4/30/27	5/7/27	5/28/27
5/1/27 – 10/31/27	11/5/27	11/26/27

4. As required by law, taxes will be withheld from the incentive payment.
5. Employees and spouses can earn the 2026-2027 Wellness Incentive between November 1, 2026 – October 31, 2027.
6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor or nurse practitioner. Employees must submit completed forms to their Human Resources Department.

Employee/Spouse Information

Employee/Spouse Name	Date

Email Address	Phone Number

Annual Physical Exam Information

Physician Name	Telephone Number

Physician Group (if applicable)	Date of Exam

_____ _____

Signature of Primary Care Physician Date

Benefits/HR Department Use Only:

Received by and date: