COUNSELOR CONNECTION

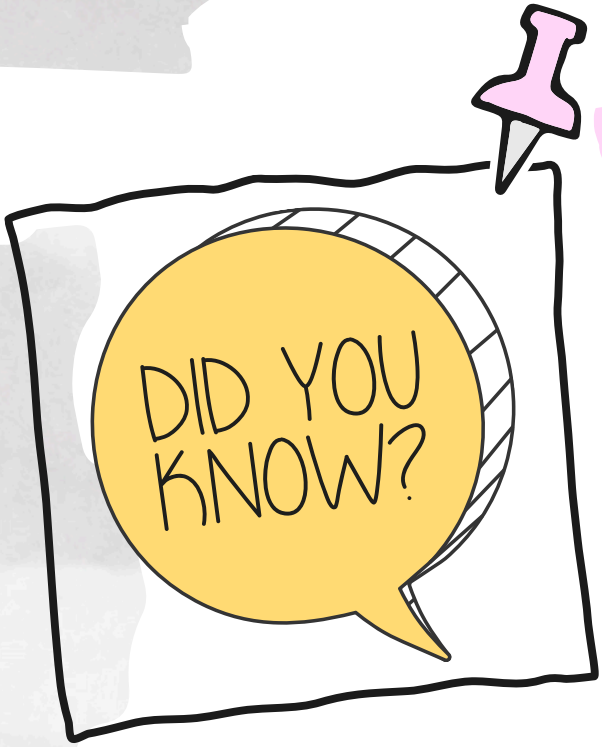
Leigh Anne Woodside
lwoodside910@nps.k12.va.us



CLASSROOM LESSONS

Throughout the month of October students in PreK 4 have continued to learn about the role their brains play in helping them make good choices, use mindful thinking, and know how they feel. Ask your child to explain the difference between their "thinking brain" and their "feelings brain". In PreK 3, our students are exploring the concept of kind and friendly behavior with our fun Kimochis puppet, Lovey Dove. They are practicing applicable skills like turn taking and sharing, all while continuing to recognize and label their own feelings!





HOME CONNECTIONS



Book Suggestion: Kindness Makes Us Strong by Sophie Beer

A joyful board book for preschoolers showing how simple acts of kindness build friendship & community.

Upcoming Events

Chalk-the-Walk: Military Family Spirt Week

November 9th 8:45 am

Parent Workshop: Social Emotional Learning

November 13th at 11:45 am & 2:30 pm.