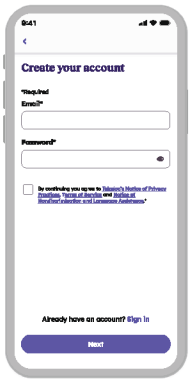
Teladoc® HEALTH



Get started with Teladoc Health in minutes

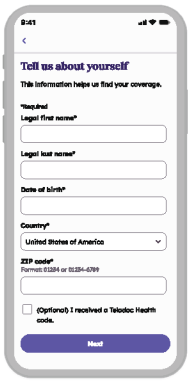
Register online or through the app in four simple steps to start receiving care.



1

Create your account

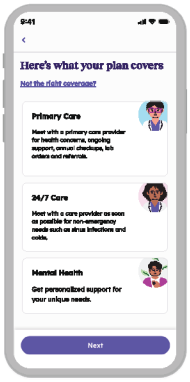
Get started by providing your email address and a password. Review and accept the agreements, then click **Next**. Check your inbox for a 6-digit verification code and enter it to confirm your email address.



2

Provide additional information

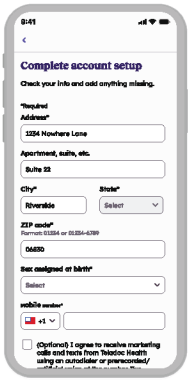
This information helps confirm the benefits you're eligible for.



3

Review your benefits

View all the Teladoc Health benefits[1] you have access to. Click **Next** to finalize your account registration.



4

Complete your contact information

Some account information may be pre-filled. Update and complete any necessary details. Once complete, click **Next** to finish your registration.

Once you've completed your registration, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 can follow the steps above to create their own account.

Register today to get care when you need it

Visit TeladocHealth.com/healthy-start
Call 1-800-835-2362

[1]Benefits shown are for illustration purposes only. Your benefits may differ.
If your device settings for your mobile phone are set to Spanish, the Teladoc Health app will display in Spanish.
Teladoc Health is not available internationally.
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