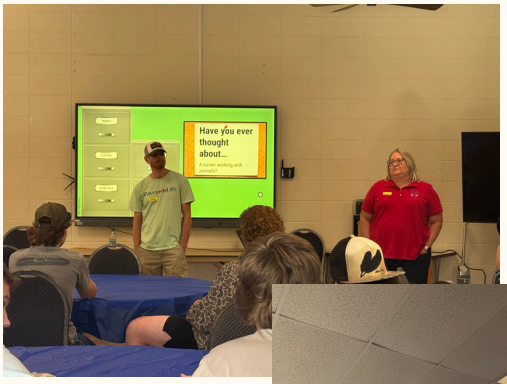
WELCOME TO OUR

Quarterly Newsletter

we're so glad you're here!







SUCCESS!

Our big wins!

OVER THIS SEMESTER, OUR STUDENTS HAVE MADE THEIR MARK, LEARNED ABOUT NEW CAREERS, & HAD FUN WHILE DOING IT! FOR THIS NEWSLETTER, I'D LIKE TO HIGHLIGHT PICTURES FROM THE ACTIVITIES OUR STUDENTS PARTICIPATED IN. I'M SO PROUD OF OUR STUDENTS & THE HARD WORK THEY CONTINUOUSLY PUT IN!

ELIZABETH.SCRUGGS@MYMEC.ORG

Important Dates!

FOR ALL MEETINGS & EVENTS HOSTED BY ME

- November 17th - **FREE Thanksgiving Dinner** @ 6:00 p.m.
- December 15th - **Grab a Christmas Gift @** 4:00-6:00 p.m.
- January 26th - **Mental Health Night** @ 6:30 p.m.



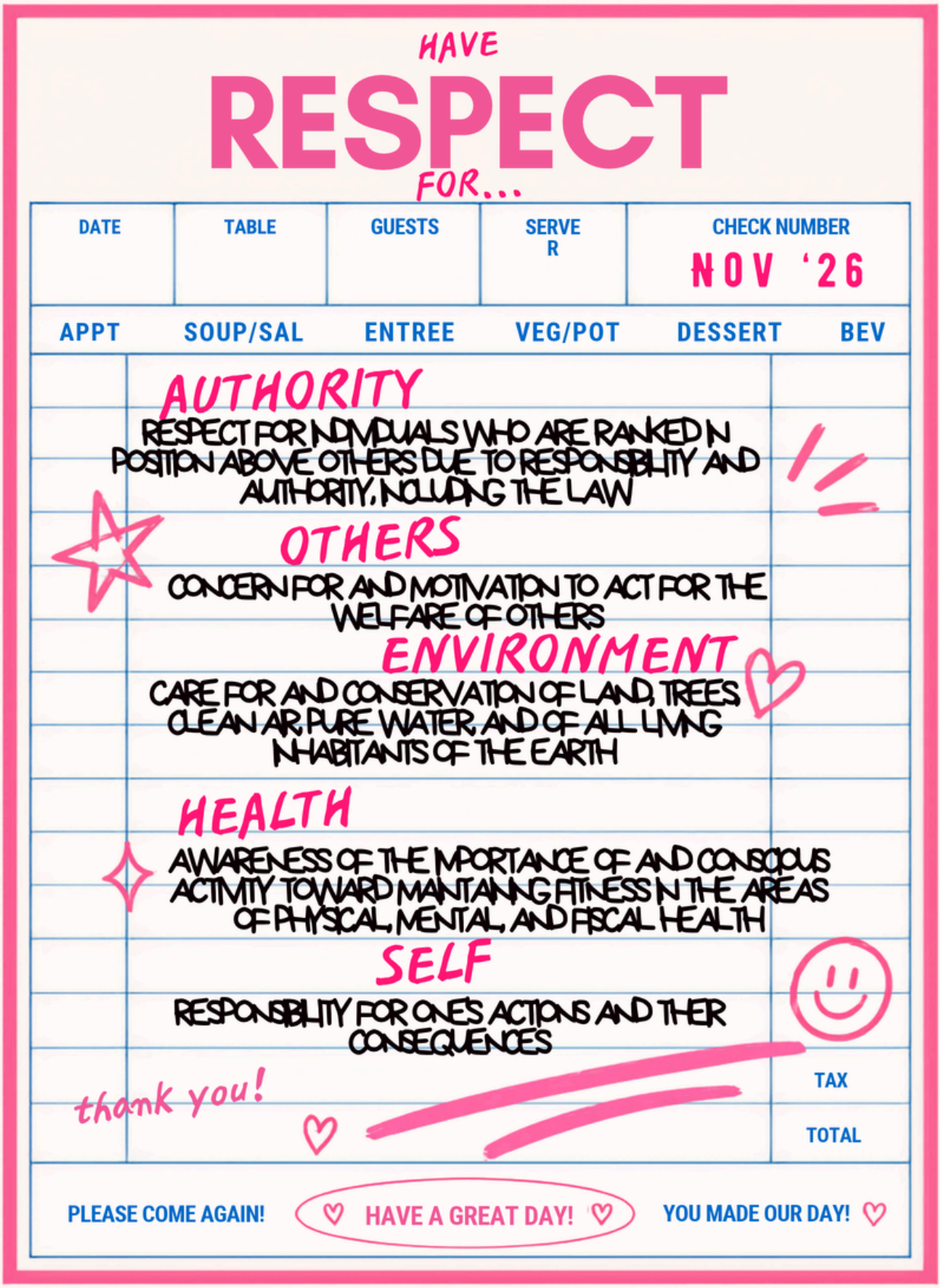
Character Education - October

Character Education is our curriculum for teaching students life attributes, along with their academic classes. For October, this is our focus & the poster that's posted in both bathrooms & above the water fountains.



Character Education - November

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Character Education - December

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Mental Health Resources

Did you know that Mountain Education has partnerships with Presence Learning and Legacy Counseling services? These are FREE counseling resources for students enrolled at ME. They can participate in sessions on campus or from home with their phone/computer. Referrals are made through ME counselors or social workers. Contact Mr. Daniel or Ms. Hoerner for more information. Below are the offerings:

- Presence Learning (30-minute, phone calls)
- Legacy Counseling (Virtual-6, 1 hour sessions)

If you or someone you know is struggling with suicidal thoughts or thoughts of harming others, please reach out to the hotline below:

- Dial 988 for 24/7 Suicide and Crisis Hotline

November

Family Engagement Month

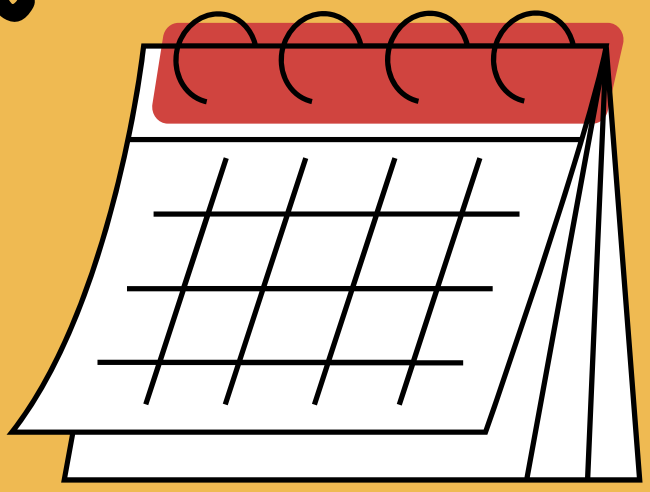
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Time Ends Go old school and have a Board Game Night. Choose age-appropriate games to play together.	2 Use "Painting the Big Picture" to share information about your child and "Talking Tools" to gather information.	3 Election Day Communication is key to a successful partnership between home and school	4 National Stress Awareness Day Tips as your child moves to middle, high school or adulthood.	5 Discover ECAC and learn more about us. Check out the ECAC website for free resources and trainings available to families.	6 Talk about bullying: Use Conversation Starters	7 Write a Letter to Your Future Self, Parents and children can do this together. Put aside for a future date
8 National STEM Day Be a Tourist in your own town: Explore fun spots in your town	9 To prepare for a IEP meeting, review the IEP tips and IEP checklis	10 Confident and Happy: Teaching Your Child About Emotions.	11 Veteran's Day Write a thank you note to a veteran.	12 "Chopped" Pantry Challenge: Give kids three random ingredients from the pantry, and together they must invent a brand-new snack or dessert.	13 World Kindness Day Volunteer Together: Do a simple act of kindness as a family	14 National Family PJ Day Have a hot chocolate (try different flavors) and pajamas day and watch a movie.
15 America Recycles Day Create a Time Capsule Fill a box with drawings, notes, pictures or small treasures to open when they are older.	16 National Take a Hike Day Have your child "teach" you something they know or love	17 Tool Time Tuesday Teach your child leadership skills they can use in the future!	18 Learn about GVRA A program for students with disabilities (ages 14-22) preparing for life after high school.	19 Helping your child think through problems with your help	20 National Family Engagement Day Make plans to attend a School Event Together. Go to a game, concert, play or open house	21 World Television Day Why watching TV with your child, or teen is beneficial
22 Do you know the GA Requirements for Graduation	23 Write a Letter to the Mountain ED Campus Write together a thank-you or suggestion letter.	24 Living Room Trivia Night: Use a trivia app or write down questions based on family history, pop culture, and school subjects for a friendly team competition.	25 Puzzle Night Put together a puzzle, do crosswords, sudoku, or word searches together as a family	26 Thanksgiving Day New tradition: Write or draw a "What I'm Thankful For" card as a family.	27 At-Home Art Gallery Night: Family members spend the evening creating a canvas painting or drawing, then hang them up in a hallway to host a mini "gallery opening	28 National French Toast Day Conversation starters for family dinners.
29 Parents: Take care of your emotional and social health	30 Karaoke Pull up Youtube and search for your favorite songs. Have your own Karaoke contest!					

Thanksgiving Break - November 23 - 27

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Important School Dates



Thanksgiving Break: November 23rd- 26th

Christmas Break: December 21st - 31st

EOC Dates:

Mountain Education

2026 Fall Mid-Month Administration
EOC Schedule ~ November

Date	*End of Course Test*
November 9, 2026 - Monday	• Literature & Composition II – Section 1 • US History
November 10, 2026 - Tuesday	• Literature & Composition II - Sections 2 & 3
November 11, 2026 - Wednesday	• Algebra Concepts & Connections • Biology
November 12, 2026 - Thursday	• Make-Up as Needed