Sutter Middle School
A Note from the Health Office Regarding Medications

Hello Sutter Families!

We just want to send out a reminder about the school's policy on medications. If your student is needing any medication, **we must have a signed form on file** in the health office along with the medication in the health office. Please see attached forms as needed.

Students are not allowed to have medication in their possession at any time. The only exceptions are:

- Students with asthma are allowed to carry an inhaler if there is a signed medical form on file from the child's physician.
- Students with anaphylaxis are allowed to carry an EpiPen if there is a signed medical form on file from the child's physician.

The school does not supply medication of any type. The student's parent or guardian must provide all medication needed to be taken at school. This includes all prescription and over-the-counter (OTC) medication including but not limited to pain relievers (ibuprofen or acetaminophen), cough drops, antacids, creams, and ointments.

The school nurse, health assistant, or other designated school personnel will administer the medication to a student provided that the school office has received the following:

- A district medication consent form signed by the physician and parent for prescription medication.
- A district medication consent form signed by the parent/guardian for over-the-counter (OTC) medication.
- The medication is sent to school in the original over-the-counter (OTC) container or pharmacy prescription container.
- Students or parents may bring in OTC and (non-controlled) prescription medications to the health office. Parents must bring in controlled substances (like ADHD medication) to the health office.
- Refills of medication are the responsibility of the parent/guardian.
- All medications shall be held in the school office, in a secure location, in the original container labeled with the student's name.
- Parents need to be in constant communication with the office when their students are on daily medication, or at any time they are concerned, even if the medication is not given during the school hours. Please inform the school if your student is taking a medication that may affect his/her behavior.
- Parents and students are responsible to pick up any remaining medications at the end of the school year, or the left-over medications will be discarded.

NO MEDICATION CAN BE GIVEN WITHOUT FOLLOWING THE ABOVE PROCEDURES! (Ed. Code 11753.1)

Thank you and please reach out with any questions or concerns!

Carolyn Holcomb RN
School Nurse
cholcomb@fcusd.org
916-294-9035 ext 320121
Monday- Friday
8:30am-3:45pm

Lonnie Canavero
Health Assistant
lcanavero@fcusd.org
916-294-9035 ext 320120
Monday-Friday
7:30am-4:00pm

Form for Asthma Medication:
Administration_of_RX Asthma_Medication_Form 2026.pdf

Form for Prescription Medication:
Administration_of_Prescription_Medication_Form 2026.pdf

Form for Over-the-Counter Medication:
Administration of Non-Prescription Medication 2026.pdf