CHULA VISTA ELEMENTARY DISTRICT
NOVEMBER MENU

ALL STUDENTS EAT ALL MEALS FOR FREE

Breakfast

Students may choose 1% or nonfat white milk at breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pan Dulce	French Toast Sticks	Pumpkin Bread	Mini Maple Waffles	Caramel Mini Cini
Egg & Cheese Croissant	Maple Chicken Sandwich	Breakfast Pizza Bagel	Chef Steak, Egg & Cheese Burrito	Bagel & Cream Cheese
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal

Lunch

Students may choose 1% white milk or nonfat chocolate milk at lunch.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders	Bosco Sticks w/Marinara	Chef Penne w/Meat Sauce	Orange Chicken & Rice	Pepperoni Pizza
Beef Hot Dog	Pork Carnitas Tacos	Chicken Sandwich	Mini Corn Dogs	Buffalo Veggie Nuggets w/Cornbread
Mac & Cheese	Chicken Taquitos	Bean & Cheese Burrito	Vegan Burger	Chef Chicken Quesadilla
Protein Pack	Bistro Box	Protein Pack	Bistro Box	Protein Pack

SALAD BAR

A variety of fruits and vegetables are offered each week:

Fresh: apples, apple slices, cantaloupe, honeydew, pears, grapes, oranges, bananas, Caesar salad, carrots, cauliflower, celery, cherry tomatoes, cucumber, edamame, kiwi, jicama, lettuce, mini sweet peppers, spinach, salad mix, & sugar snap peas, pico de gallo

Canned: garbanzo beans, corn, pickles, jalapenos

Dried: craisins Frozen: Sidekicks







Menus subject to change. This is an equal opportunity provider.