2026-2027
School Health Advisory Council (SHAC)
November 3, 2026

Welcome -Gina Peddy, Executive Director of Curriculum and Instruction, welcomed those in attendance. The starting time was 8:35 AM.

Attendees: Brandon Bachik, Sheryl Cline, Shannon Davidson, Sarah Griess, Danielle Quinn, Meredith Rose, Khadija Siddiqui, Carrie Slezak, Lindsey Kokenzie, Brian Nickel, Patti Parsons, Gina Peddy, Brandy Stuart, Eric Lannen, and Andrew Yeager. Special guest: Hilary Prokop

Gina Peddy went over the purpose and responsibilities of serving on SHAC.

Hilary Prokop, a member of the Southlake Association of Gifted and Talented (SAGT), shared information with committee members regarding the documentary *Screenagers: Generation AI*. SAGT has purchased a license to show the documentary and requested permission to use CISD facilities to host a community screening for students and community members on an evening in January or February. She explained that the presentation would include a facilitator to initiate dialogue and encourage discussion around the topic.

Trustee Yeager recommended creating a panel consisting of principals, students, parents, and Curriculum and Instruction (C&I) team members to facilitate a more focused discussion and ensure the presentation is relevant to the needs of the CISD community. Ms. Prokop will share a link to the documentary with trustees to review. Additional information will be provided later.

Assistant Superintendent of Support Services, Brian Nickel, shared weather guidelines from neighboring districts regarding outdoor recess and physical education (PE). Committee members discussed potential options for CISD. Mr. Nickel will bring a recommendation to the Board of Trustees in December.

Brandy, Stuart, Lead Nurse, discussed the Health Services strand within the Career and Technology Education (CTE) program, specifically the practicum component. She explained that the current master schedule places the practicum during the lunch hour, when many physician offices are closed. To provide students with additional opportunities for practical experience, she requested permission for Health Science practicum students to work with elementary students in elementary school clinics.

Committee members expressed support for the proposal. The practicum will begin this school year, with the possibility of continuing into the following school year if the implementation is successful. This approach will provide students with greater flexibility and additional opportunities for practical experience.

The meeting adjourned at 9:45 AM.