

NOVEMBER MENU

BIC



BREAKFAST: Student $2.35 | Adult: a la carte **LUNCH:** Student $3.85 | Reduced $0.40 | Adult $6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entree, vegetable, fruit & choice of milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 	NO SCHOOL	4 BREAKFAST Donut Rounds OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Tenders Chicken Fried Steak Roll OR Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy Mixed Vegetables Vegetable of the Day Fruit Cup Fruit Juice	5 BREAKFAST Breakfast on a Stick OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Spaghetti w/ Meat Sauce Breadstick OR Strawberry Yogurt Parfait w/ Muffin Green Beans Corn on the Cob Vegetable of the Day Sliced Apples Fruit Juice	6 BREAKFAST Yogurt Meal w/ Grahams OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Tangerine Chicken w/ Eggroll Seasoned Rice Tater Tots Bahama Blend Vegetable of the Day Fruit Cup Fruit Juice
9 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Alfredo Garlic Toast OR BBQ Rib Sandwich OR Grilled Cheese Sandwich Smile Potatoes Green Beans Vegetable of the Day Fruit Cup Fruit Juice	10 BREAKFAST Sausage & Waffle Sandwich OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Mozzarella Sticks w/ Marinara Sauce French Fries Baked Beans Vegetable of the Day Seasonal Fruit Fruit Juice	11 BREAKFAST Swirled Breakfast Roll OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Tenders Steak Fingers Roll OR Yogurt Meal w/ Grahams Mashed Potatoes w/ Cream Gravy Whole Kernel Corn Vegetable of the Day Fruit Cup Fruit Juice	12 BREAKFAST Pull Apart Donut Cheese Stick OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chili Frito Pie Roll OR Chicken Sandwich OR Grilled Cheese Sandwich Tater Tots California Blend Vegetable of the Day Fruit Cup Fruit Juice	13 BREAKFAST *Sausage Roll Cheese Stick OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Chicken & Cheese Quesadilla Sidewinder Fries Broccoli Vegetable of the Day Fruit Cup Fruit Juice

***Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability**

This institution is an equal opportunity provider.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Soft Beef Tacos Mexican Rice OR Cheese Bites w/ Marinara Sauce Refried Beans Broccoli Vegetable of the Day Fruit Cup Fruit Juice	17 BREAKFAST Cake Donut OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Fish Nuggets Hush Puppies French Fries Peas & Carrots Vegetable of the Day Seasonal Fruit Fruit Juice	18 BREAKFAST Mini Waffles OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Macaroni & Cheese Garlic Toast OR Breaded Chicken Sandwich Smile Potatoes Broccoli Vegetable of the Day Fruit Cup Fruit Juice	19 BREAKFAST Breakfast Burrito OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Roasted Turkey Chicken Tenders Roll OR Yogurt Meal w/ Grahams Mashed Potatoes w/ Gravy Cornbread Stuffing Green Beans Fruit Cup Fruit Juice Holiday Treat	20 BREAKFAST Fruit Frudel OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Ham & Cheese Croissant Sandwich French Fries Whole Kernel Corn Vegetable of the Day Sliced Apples Fruit Juice

Happy Thanksgiving

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