

NOVEMBER MENU
HIGH SCHOOL



BREAKFAST: Student $2.35 | Adult: a la carte **LUNCH:** Student $3.85 | Reduced $0.40 | Adult $6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entree, vegetable, fruit & choice of milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 	NO SCHOOL	4 BREAKFAST Glazed Donut Cheese Stick OR Toast & Cereal Craisins Fruit Juice LUNCH Chicken Tenders Steak Fingers Roll OR Ham & Cheese Sandwich OR Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy Peas & Carrots Vegetable of the Day Seasonal Fruit Fruit Juice	5 BREAKFAST French Toast Breakfast Sausage OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Spaghetti w/ Meat Sauce Garlic Toast OR Chicken Drumstick OR Turkey, Ham & Cheese w/ Flat Bread OR Mandarin Yogurt Parfait w/ Muffin Bahama Blend Corn on the Cob Vegetable of the Day Fruit Cup, Fruit Juice	6 BREAKFAST Waffles w/Strawberries & Cream OR Toast & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Tangerine Chicken w/ Eggroll Seasoned Rice OR Cold Cut Sub Sandwich OR Buffalo Chicken Wrap French Fries Broccoli Vegetable of the Day Fruit Cup Fruit Juice
9 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Alfredo Garlic Toast OR BBQ Rib Sandwich OR Strawberry Yogurt Parfait w /Muffin French Fries Broccoli Vegetable of the Day Fruit Cup Fruit Juice	10 BREAKFAST Chicken & Waffles OR Toast & Cereal Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Mozzarella Sticks w/ Marinara Sauce OR Crispy Chicken Salad w/ Roll OR Ham & Cheese Croissant Sandwich French Fries Bahama Blend Vegetable of the Day Seasonal Fruit Fruit Juice	11 BREAKFAST Swirled Breakfast Roll OR Toast & Cereal Craisins Fruit Juice LUNCH Chicken Tenders Steak Fingers Roll OR Italian Sub Sandwich OR Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy California Blend Vegetable of the Day Fruit Cup Fruit Juice	12 BREAKFAST Sausage, Egg & Cheese Sandwich OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chili Frito Pie w/ Roll OR Crispy Chicken Sandwich OR Blueberry Yogurt Parfait w/ Muffin Ranch Beans Vegetable of the Day Seasonal Fruit Fruit Juice	13 BREAKFAST *Sausage Rolls OR Toast & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Chicken Quesadilla OR Buffalo Chicken Wrap OR Cold Cut Sub Sandwich French Fries California Blend Vegetable of the Day Fruit Cup Fruit Juice

***Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability**

This institution is an equal opportunity provider.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Soft Beef Tacos Mexican Rice OR Hot & Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin French Fries Refried Beans California Blend Vegetable of the Day Fruit Cup Fruit Juice	17 BREAKFAST Sausage Biscuit Sandwich w/ Gravy OR Toast & Cereal Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Macaroni & Cheese Fish Nuggets Hushpuppies OR Crispy Chicken Salad w/ Flat Bread OR Mandarin Yogurt Parfait w/ Muffin French Fries Green Beans Vegetable of the Day Fruit Cup, Fruit Juice	18 BREAKFAST Mini Waffles OR Toast & Cereal Craisins Fruit Juice LUNCH Spaghetti w/ Meat Sauce Garlic Breadstick OR Crispy Chicken Sandwich OR *Turkey Club Wrap OR Grilled Cheese Sandwich French Fries Broccoli Vegetable of the Day Fruit Cup Fruit Juice	19 BREAKFAST *Breakfast Taco & Tater Tots OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Roasted Turkey Chicken Tenders Roll OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Gravy Cornbread Stuffing Green Beans Fruit Cup Fruit Juice Holiday Treat	20 BREAKFAST Fruit Frudel OR Toast & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Chicken Smackers Garlic Toast OR Chicken Ceasar Wrap OR Italian Sub Sandwich Sidewinder Fries Whole Kernel Corn Vegetable of the Day Seasonal Fruit Fruit Juice

Happy Thanksgiving

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