

NOVEMBER MENU

Keys/AEP



BREAKFAST: Student $2.35 | Adult: a la carte **LUNCH:** Student $3.85 | Reduced $0.40 | Adult $6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entree, vegetable, fruit & choice of milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 	3 NO SCHOOL	4 BREAKFAST Donut Rounds OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chicken Tenders Steak Fingers Roll OR Buffalo Chicken Salad w/ Roll OR Mashed Potatoes w/ Cream Gravy Ranch Beans Vegetable of the Day Seasonal Fruit Fruit Juice	5 BREAKFAST Mini Waffles OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Spaghetti w/ Meat Sauce Garlic Toast OR Mandarin Yogurt Parfait w/ Muffin Bahama Blend Vegetable of the Day Fruit Cup Fruit Juice	6 BREAKFAST Breakfast Burrito OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Crispy Chicken Wrap French Fries Whole Kernel Corn Vegetable of the Day Fruit Cup Fruit Juice
9 BREAKFAST Mini Pancakes OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Alfredo Garlic Toast OR Strawberry Yogurt Parfait w /Muffin French Fries Broccoli Vegetable of the Day Fruit Cup Fruit Juice	10 BREAKFAST Waffle Sausage Sandwich OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Mozzarella Sticks w/ Marinara Sauce Smile Potatoes Bahama Blend Vegetable of the Day Fruit Cup Fruit Juice	11 BREAKFAST Swirled Breakfast Roll OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Chicken Tenders Steak Fingers Roll OR Italian Sub Sandwich w/ Roll Mashed Potatoes w/ Cream Gravy Calafornia Blend Vegetable of the Day Fruit Cup Fruit Juice	12 BREAKFAST Pull Apart Donut OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chili Frito Pie w/ Roll OR Ham & Cheese Croissant Sandwich Vegetarian Beans Vegetable of the Day Fruit Cup Fruit Juice	13 BREAKFAST *Sausage rolls OR Pop Tart & Cereal Craisins Fruit Juice LUNCH Cheese Pizza Pepperoni Pizza OR Cold Cut Sub Sandwich Tater Tots Carrots Vegetable of the Day Fruit Cup Fruit Juice

***Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability**

This institution is an equal opportunity provider.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Beef & Cheese Nachos OR Strawberry Yogurt Parfait w/ Muffin French fries Refried Beans California Blend Vegetable of the Day Fruit Cup Fruit Juice	17 BREAKFAST Donut Cake OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Crispy Chicken Sandwich Hot & Spicy Chicken Sandwich OR Crispy Chicken Caesar Salad Salad w/ Flat Bread Smile Potatoes Green Beans Seasonal Fruit Fruit Juice	18 BREAKFAST Mini French Toast OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Spaghetti w/ Meat Sauce Garlic Bread Stick OR Grilled Cheese Sandwich French Fries Peas & Carrots Vegetable of the Day Fruit Cup Fruit Juice	19 BREAKFAST Breakfast Burrito OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Roasted Turkey Chicken Tenders Roll OR Blueberry Yogurt Parfait w/ Muffin Broccoli Mashed Potatoes w/ Gravy Cornbread Stuffing Green Beans Vegetable of the Day Fruit Cup Fruit Juice Holiday Treat	20 BREAKFAST Fruit Frudel OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chicken Smackers Garlic Toast OR Crispy Chicken Wrap Sidewinder Fries Whole Kernel Corn Vegetable of the Day Seasonal Fruit Fruit Juice
	Happy Thanksgiving			

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