2026-2027 Mesquite Junior High 7th Grade Course Card

Student Name: _____ **Student Number:** _____

1. **Choose Core Classes**: Please select your core classes. If you are selecting Honors Classes have your teacher fill in the grade and sign.

Required Subject	General Education	Honors Option	Grade	Teacher Approval
		(Please fill out this section for honors courses only)		
English	English Language Arts 7 (JEN700) ☐	Honors English Language Arts 7 (JEN750) ☐	_____	_____
Math	Math 7 (JMA700) ☐	Honors Pre-Algebra (JMA750) ☐	_____	_____
Science	Science 7 (JSC700) ☐	Honors Science 7 (JSC750) ☐	_____	_____
History and Social Science	History and Social Sciences 7 (JSS700) ☐	Honors History and Social Sciences 7 (JSS750) ☐	_____	_____

2. **Choose Physical Education Class.** Physical Education is required by district as an elective unless student is placed in an intervention course. (Order 1-4 with 1 being the most interesting)

Physical Education Girl (JPE701) Boy (JPE702) ☐	Unified Physical Education Co-Ed (See Description) JPE981 (Application Required) ☐	Sports Training (JPE229) ☐
Team Sports (JPE240) ☐		

3. **Choose Three Electives That Interest You.** 7th grade students may earn 1 credit in an elective course. Indicate your **TOP 3** Elective requests by numbering **1 - 2 - 3** in order of preference on the list below.

_____ Choir 1 (JMU982)	_____ Theatre I (JCDR800)	_____ Art I/ Digital Art I (JAAR700/ JADA800)
_____ Band I (JMU750)	_____ Spanish I (FL109) High School Credit	_____ Business 1 (JABU800)
_____ Orchestra I (JMU730)	**(NO LONGER AVAILABLE)** _____ Yearbook (JCYB900) (Application Required)	**(NO LONGER AVAILABLE)** _____ Student council /Student Mentorship (Application Required) (JCSM900)

****Students not meeting grade level proficiency in math/reading may be placed in an intervention course in lieu of electives.**

*****Every effort will be made to provide students with their top choices; however elective class availability is limited and subject to change based on staffing.***

Student Signature: _____

Parent Signature: _____

PHYSICAL EDUCATION This course is a study of physical skills involved in various team and individual sport activities. Major emphasis will be placed on skill development, flexibility, cardiovascular conditioning, and positive social interactions. Topics covered may include but are not limited to the following: health, nutrition, tennis, archery, weight training, yoga, PACER, 12-minute run, flag football, softball, floor hockey, golf, aerobics, basketball, volleyball, track and field, in-line skating, and badminton.

UNIFIED PHYSICAL EDUCATION This course will provide inclusive opportunities for all students, creating a collaborative learning community, in a daily physical education class. This class matches PE across grade levels to benefit all students involved.

SPORTS TRAINING This course will implement sport-specific lifting, cardiovascular conditioning, and fitness programs to improve athletic performance and injury prevention. A health-related curriculum including nutrition, physiology and health concepts will be incorporated.

TEAM SPORTS This course will provide an opportunity for students who have a high level of interest and skill in team sports to participate in activities such as softball, volleyball, soccer, flag football, basketball and other sports. The health-related physical fitness test is administered twice each semester. This class is not AIA competitive.

CHOIR I This course is a study of beginning music concepts: music reading skills with emphasis on solfege, vocal technique, and performance skills. No previous experience is required. The purpose of this course is to encourage students to have fun while studying different types of music, including traditional musical theater, jazz, and popular styles, as well as music in foreign languages.

BAND I This course is a study of basic fundamental technical development and large ensemble performance. The major topics covered in this class will be Band Method II and traditional and contemporary band music. Other features of this course are participation in school assembly programs and evening concerts. This is for students who have played their band instruments for more than one year.

ORCHESTRA I This course covers fundamental and intermediate orchestra skills including tuning, vibrato, scales and basic shifting. Repertoire for this class may include classical, fiddling, and pop music. Performance attendance is required.

ART I This course is designed to complement Introduction to Art by continuing to explore various kinds of art. Students will enhance their abilities in line drawings, pen and ink cross hatching, color stippling, marker rendering, collage making, watercolor and pastel painting. The principles of art and elements of design will be emphasized. This is a specialized class for students who enjoy art. Students may enter their artwork in the school's spring art exhibition.

DIGITAL ART I This class is a short introduction to various apps from Adobe Creative Cloud which could include Adobe Photoshop, Adobe Premiere Pro, Creative Cloud Express and Procreate for Tablets. Focus will be on introducing an overview on each program to create beginning level multimedia, through graphic art, animation, video production and editing, infographics, and photo editing.

THEATRE I Students taking this beginning course will study various genres of the Theatre. Students will gain and demonstrate skills through acting, stage movement, pantomime, improvisation, Theatre history, script writing, and characterization. Students will learn and use Theatre vocabulary in activities, in addition to reinforcing their literacy skills.

SPANISH I This high school course introduces students to the fundamentals of the Spanish language and culture. Students will develop proficiency in the three modes of communication—interpretive, interpersonal, and presentational—outlined by the Arizona and national standards. Emphasis is placed on the real-world application of language skills through engaging cultural themes, authentic texts and materials, and a variety of instructional strategies. Students are expected to actively use Spanish each day—speaking, listening, reading, and writing—to build and strengthen their language proficiency. The letter grade received in this course will be documented on the high school transcript and will be factored into the student's high school GPA.

YEARBOOK This course creates a 100+ page volume of junior high memories. Students in this class are idea oriented, creative, original, and hardworking. Photographers, graphic artists, and budding writers are encouraged to apply. Competent writing skills and computer literacy are advantages. Students in this class will gain an understanding of layout design, desktop publishing, marketing, sales, interviewing, copywriting and editing, and photography. Students will work in groups where cooperation, responsibility and effort are a must. Attendance at before school, after school, and lunch staff meetings will be required periodically.

BUSINESS This course is designed to introduce students to basic business elements. Students will explore the concepts of management, product development, spreadsheet management, finance, marketing, sales and selling, public speaking, word processing, and product distribution while also learning numerous computer packages. Students will be involved in the development, marketing and selling of various goods as well as the development of a major business event within the school community.

STUDENT MENTORSHIP This course will allow students to work with and teach personal management, leisure, vocational skills, social skills and academics to special needs students.