

GYMNASTICS

BOYS GYMNASTICS

the YMCA

Boys Ages 6+

Build Strength. Learn Skills. Take On New Challenges.

This class is designed to help boys build strength, coordination, agility, balance, flexibility and body control while learning gymnastics skills and taking on new challenges.

Gymnasts will develop skills while building overall athletic ability, confidence, and a strong foundation of skills that carry over into other sports and activities. Open to all ability levels, with skills and challenges adapted so each gymnast can continue progressing at their own level.



Winter: January 2 – February 21

Registration Opens

Y Members: Friday, November 20 at 8 AM

Open to All – Friday, November 27 at 8 AM

No Classes January 17–18

Spring: February 22 – April 18

Registration Opens

Y Members: Friday, February 4 at 8 AM

Open to All – Friday, February 11 at 8 AM

No Classes March 20–28

Scan the QR Code to view class times and more information.

REGISTER TODAY!

WoodsonYMCA.com/developmental-gymnastics/

Woodson YMCA Wausau Branch
707 N 3rd St. Wausau, WI 54403
715-845-2177

Questions? Contact Jackie Buemi
Gymnastics Director
Email: jbuemi@woodsonymca.com

This is not a Wausau School District-sponsored activity and the opinions expressed are not necessarily those of the school district or its personnel.