Dual Meet Tournament

November 12 and 14, 2026

Sites: Aquatic Practice Facility 16708 Bissonnet, Houston 77083 **Don Cook Natatorium 16255 Lexington Blvd., Sugar Land 77479**

11/12/2026	Rounds 1 and 2	Location will be preassigned with a Gold and Silver Division of Competition Round 2 will rotate to the opposite facility
11/14/2026	Rounds 3	Gold Division will finish at Don Cook, Silver Division will finish at the APF

Each team guaranteed 3 dual meets **Send entries to: FBISD.meetentries@gmail.com**
Enter up to 4 individuals, and 4 relays per event
Dual meet scoring - 6 places: Ind: 6,4,3,2,1 0 - Rel: 8,4,2
Individual events: maximum 3 score/team, Relays: maximum 2 score/team
SEEDING: Each site will have 4 FBISD teams and 4 visiting teams

The winner of each round/meet will be determined by COMBINED SCORE.
ENTRY FEE: Please consider bringing water, drinks, and snacks to share with your fellow coaches.
NFHS dual meet order of events
Each team has to submit their lineup no later than 30 minutes before the meet starts
Changes may be made during the meet, up to the time that event is called to the blocks
Top team in bracket has even lanes, bottom team has odd lanes - *seed your own lanes*
Each team is to supply at least 2 timers per meet.
We will run the meet with 1 timer / lane -- please bring with you timers (JV or managers)
First round entries due by **noon** the day before the first round (Nov 11)
Warmup: Each team has 2 lanes for 50 minutes. No assigned lanes. Coach must be present.

Please let the meet director know if you need help with this.

Teams: Austin, Clements, Dulles, Elkins, Hightower, Kempner, Ridge Point, and Travis
Brazoswood, Cy-Ridge, Dawson, Shadow Creek, Friendswood, Jordan, Morton Ranch, Pearland
Send entries to: FBISD.meetentries@gmail.com

Format: Teams seeded 1-8

Thursday:	10:00 AM	Round 1:	Preseeded by last year's district strength compared
Thursday:	4:00 PM	Round 2:	Matchups determined by Round 1 results
Saturday:	10:00 AM	Round 3:	Matchups determined by Round 2 results

Diving: Tuesday 11/11/2025 - FBISD Teams Warm-up 3:00 PM Starts 5:00 PM
11-dive: 5 Voluntary dives, 6 Optional dives. Voluntary d.d. may not exceed 9.0 pts.
Rounds 1-5: 2 vol, 3 opt - Rounds 6-8: 2 vol, 1 opt - Rounds 9-11: 1 vol, 2 opt
Final score will be used in all dual meets for diving points
Visiting TEAMS: We encourage ALL Divers to join use Tuesday for the Dive Competition
Clean Entries Link:
http://www.cleanentries.com/meet.aspx?id=937D7098-A716-4E40-8B5F-49F59C4C21D4
If you cannot attend, please bring your signed dive sheet with you on Thursday

Tie Breakers: 1 Number of 1st places 2 Top diver's score 3 Coin flip

Admission: All tickets will be purchased through GoFan.co. Links will be sent out closer to the meet.

Parking: Busses and Spectators will park in the Visitor Parking Lot at Don Cook.
Aquatic Practice Facility Parking Lot is reserved for busses, coaches, and officials.
Please be aware of the elementary school that dismisses at 3:25 next to the APF.
Ask spectators to arrive closer to 5 pm for Round 2 to allow school parking lots to empty.
Please follow the MAPS sent out for parking.