Gaston Middle/ HS School

November 2026

Lunch Menu

2 NO SCHOOL	3 Beef Patty Potato Bowl	4 Baked Penne Pasta	5 Chicken Drumstick w/ WG Roll	6 Corn Dog
9 Meatball Marinara Sub	10 Chicken Arroz con Pollo	11 NO SCHOOL Veterans Day	12 Spaghetti w/ Meat Sauce	13 Fish Po Boy Sub
16 Sweet & Sour Chicken over Rice	17 French Toast w/ Sausage	18 Mac & Cheese	19 Pork Posole w/ Tortilla Chips	20 Edamame & Rice Dumpling Bowls
23 Baked Ravioli w/ WG Roll	24 Baja Fish Taco	25 NO SCHOOL Fall Break	26 NO SCHOOL Thanksgiving	27 NO SCHOOL Fall Break
30 Orange Chicken over RIce				

Offered Tuesdays and Thursdays

Choice of Chicken, Refried Beans, Ground Taco Meat, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Burrito on a Whole Grain Tortilla!



All meals include fresh fruits and veggies and choice of milk

Offered: Monday

Choice of Cheese / Pepperoni Pizza or Cheesy Breadsticks

All meals include fresh fruits and veggies and choice of milk



Offered: Daily

Assorted Sandwiches or Salads

All meal include fresh fruits and veggies and choice of milk



Wednesday
Cheeseburger
Hamburger
Bacon Cheeseburger
Veggie Burger

Friday
Chicken
Spicy Chicken Sandwich

Served with Tater Tots

All meals include fresh fruits and veggies and choice of milk

This Institution Is An Equal Opportunity Provider