Colorado Local Wellness Policy Triennial Assessment and Report

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all sponsors participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy (LWP), at minimum, once every three years. The following report will act as an assessment of the district's LWP.

This report fulfills that requirement by evaluating:

1. How the language in your LWP compares to the model LWP
2. Compliance with the LWP
3. Progress toward meeting your LWP goals

Triennial Assessment Instructions:

Step 1. Recruit key partners and schedule a meeting to complete this LWP Triennial Assessment and Report.

Step 2. Access your current Local Wellness Policy (often coded as ADF - School Wellness). Review the current LWP goals and content and complete Section 2.

Step 3. Assess implementation of the LWP goals at each of your district's school(s). See Section 3 for more information.

Step 4. Document LWP strengths and areas of improvement for policy content and policy implementation. See Section 4 for more information.

Step 5. Post the results to the public. The LWP Triennial Assessment Report must be made available to the public by posting it to the district webpage.

NOTE: Compliance is assessed during the CDE School Nutrition Administrative Review. Additional guidance may be found on CDE School Nutrition Wellness Resource Website or in the Colorado Local Wellness Policy Toolkit.

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District Name: Poudre School District

Local Wellness Policy Triennial Assessment Report

Date Completed: 10/21/26 **Completed By**: Child Nutrition Department/PSD Employee Wellness Specialist

Section 1: LWP Review and Stakeholder Involvement

Background: The LWP must be reviewed and updated on a periodic basis, as determined by the district, and the district must notify and involve key school partners. This Triennial Assessment Report must be completed at least every three years.

Instructions: Please check the appropriate key school partner boxes below to indicate who participated in completing this Triennial Assessment and Report. Other school staff and teachers are welcome to participate.

☐ School Administrators	☑ School Food Service Staff	☐ PE Teachers	☑ Parents/ Caregivers
☐ School Board Members	☑ School Health Professionals	☐ Students	☑ General Public / Other

Section 2: Model Policy Comparison

Background: A required component of the triennial assessment is to compare your LWP to a model LWP. The comparison identifies if federally required content is included in the policy as well as policy strengths and areas for improvement.

Instructions: Access your current ***Local Wellness Policy (often coded as ADF - School Wellness)*** and use the rating scale below to indicate if your policy meets the required components. Make notes on anything you would change or consider.

NOTE: Some of the detailed LWP content below may be included in a Local Wellness Policy Regulation or Exhibit (often coded as ADF-R or ADF-E).

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Rating Scale:

2 = Includes **all** required language

1 = Includes **some** of the required language

0 = Includes **none** of the required language

Rating	Required Components	Notes
1	The policy identifies one or more school district and/or school officials who have the authority and responsibility for ensuring that each school complies with the policy.	The local wellness policy does identify the district's Wellness Advisory Council for Schools (WACS), the District Wellness Coordinator, and district administration for maintaining, implementing, and reviewing the policy. Additionally there is a supplemental implementation and evaluation plan included with the policy. However, the WACS committee and District Wellness Coordinator are no longer positions/supported committees at district.
1	The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the LWP.	The policy does define WACS as a committee comprised for students, parents, community partners, administrators, and other district employees, and the committee participates in the development, implementation, and review of the LWP. However, the WACS committee is currently not active at Poudre School District.
0	The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP and updates this information on an annual basis.	Although the policy includes that the LWP will be reviewed annually and the compliance results will be available to the public, it does not provide information on the methods for sharing these results.
1	The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public: ● The extent to which schools comply with the LWP ● The extent to which the LWP compares to model local school wellness policies ● The progress made in attaining the goals of the LWP	The policy does outline that the LWP will be reviewed annually and the compliance results will be available to the public. However, it does not include language on the extent to which the LWP compares to model local wellness policies, or the progress made in attaining the goals of the LWP.
2	The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and the Smart Snacks in School nutrition standards.	Yes, the policy does include nutrition standards for all foods and beverages sold on the school campus during the school day. They are listed in sections B3 and B4 in the ADF-R.

2	The policy includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents).	Yes, the policy does include standards for all foods and beverages provided, but not sold, to students during the school day. The standards are listed in sections B5, B7 and B10 in the ADF-R.
2	The policy includes specific goals for nutrition education and promotion activities.	There are general nutrition education and promotion goals listed in sections B and B15 in the ADF-R, but specific goals are not outlined.
2	The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.	The policy does include requirements for marketing and advertising of only those foods and beverages that meet USDA Smart Snacks in section B6 in the ADF-R.
2	The policy includes specific goals for physical activity opportunities.	Yes, the policy includes specific goals for physical activity opportunities in section C and B11 of the ADF-R.
2	The policy includes specific goals for other school-based activities that promote student wellness.	The policy does outline goals for other school-based activities that promote student wellness in sections C4, and E of the ADF-R, which outlines mental wellness.

Section 3: Policy Assessment

Background: It is required to document and assess school-level compliance with the LWP.

Instructions: Indicate the column that best suits the degree of compliance, on average, when considering implementation of the local wellness policy at each of your school(s) for each wellness policy component.

- This must include *each school* operating in the National School Lunch or Breakfast Program.
- If you are a medium to large school district, it is recommended to have each school complete a school-level health policy and practice assessment, such as WellSAT or Smart Source to assess implementation. Attach the district level report to meet policy assessment requirements.

Required Policy Component	Fully in Place	Partially in Place	Not in Place
Nutrition Education	X		
Nutrition Promotion	X		
Nutrition Guidelines for all food and beverages available but not sold on school grounds (classroom celebrations, rewards, etc.)		X	
Nutrition Guidelines for all food and beverages sold on school grounds (fundraisers, ala carte, school stores, vending machines, etc.)		X	
Physical Activity		X	
Other school-based activities (as defined in your policy)		X	

Section 4: Policy Assessment Report

Background: It is required to include a description of the progress made in attaining goals of the LWP.

Instructions: Provide a short narrative below that describes the results of Section 2, Model Wellness Policy Comparison, and Section 3, Policy Assessment. Consider including a description of wellness efforts at the school level, a description of progress achieved, activities implemented and plans for updating the LWP and/ or future wellness policy implementation.

Local Wellness Policy Strengths

The local wellness policy is well written and provides details in addressing student wellness in all areas of wellbeing. A community member that reviewed the policy reports that the details throughout the policy make it easily comprehensible and strong, as each goal and standard is clearly addressed in the ADF-R. The policy includes a robust plan for supporting student mental health needs, which is an essential aspect of student wellness and wellbeing. Another strength of the policy is that it outlines individual schools developing and maintaining school wellness teams with the purpose of supporting and implementing a comprehensive health and wellness environment by creating a yearly School Health Improvement Plan.

Areas for Local Wellness Policy Improvement

We do not have a clear understanding of the policy assessment and how well required policy components are in place throughout the district, due to a lack of district oversight. The District Wellness Coordinator position and the Wellness Advisory Council for Schools (WACS) committee have been removed from the district. The WACS committee and District Wellness Coordinator position are responsible for supporting student wellness and maintaining and implementing the local wellness policy. Therefore, the lack of this role and committee in the district are impactful on the implementation and maintenance of the local wellness policy and areas for improvement.

Description of Local Wellness Policy Implementation

The district is effectively serving foods and beverages in school meals that meet and exceed nutrition standards consistent with Federal and State regulations for the National School Lunch Program and School Breakfast Program. Nutrition education and nutrition promotion are successfully implemented throughout the district by nutrition education offered in all district cafeterias, healthy food choices, daily fresh fruit and vegetable salad bars, menus including nutrition information, and nutrition promotional communications with district families through social media and newsletters. The district also offers a fruit and vegetable of the month program, student cooking competitions, local foods program, family wellness events, health professional guest speakers in classes, and nutrition and health focused curriculum. Additionally, there are individual school wellness committees in some schools within the district.
Although there are effective implementation efforts occurring in the district, there are areas for improvement in cohesion among the groups and as a district.

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