

Geisinger
HEALTH PLAN

Enroll in the Active&Fit Direct program today

Live a healthier, more active life through the Active&Fit Direct™ program, a unique service offered by American Specialty Health and Geisinger Health Plan. Through this program, you get access to local fitness centers and select YMCAs that offer memberships for just $28 per month (plus a $28 enrollment fee and applicable taxes).

Besides getting cost-effective gym memberships, program participants can also use online tools like a fitness center search, activity tracking, educational resources and more.

Plus, there's no wait! You'll get your fitness card as soon as you enroll on the website. So you can start your workout at your participating fitness center right away.

Search for fitness locations online

- Log into the Geisinger Health Plan member portal.
- Under the "Health and Wellness" drop-down, select "Fitness center discounts."
- Use the search bar to find your fitness center.

You must have a Geisinger Health Plan member account to search for fitness locations.

Frequently asked questions

Q: Who can participate in Active&Fit Direct?

A: Members who have a fully-insured or self-funded Geisinger HMO or PPO plan through their employer are eligible to participate. This includes small groups (2–50 employees) and large groups (51+ employees).

Q: How much does it cost to enroll in the Active&Fit Direct program?

A: When you enroll, a $28 enrollment fee, $28 for the current month (regardless of the enrollment date during that month), $28 for the next month, and applicable taxes are due. Each month's fee is $28 (plus applicable taxes). After a three-month commitment, participation is month-to-month. Once enrolled, you may view or print your fitness card and take it to any fitness center in the Active&Fit Direct network. After the fitness center verifies you're enrolled in the Active&Fit Direct program, you'll sign a standard membership agreement and get a card or key tag from the fitness center to check in on subsequent visits.

Q: When are monthly payments charged?

A: Recurring payment of $28 — plus applicable tax — is charged on the same date each month as your enrollment date, starting the month after you enroll. The fee collected is for the following month's participation. If your payment date does not exist in a month, the payment will be charged on the closest day in the same month (e.g., if you enroll Jan. 30, the recurring payment is Feb. 28, the last day of the month).

Q: Do I ever have to pay a fitness center or YMCA directly to participate in the Active&Fit Direct program?

A: You pay your required Active&Fit Direct fees directly to the Active&Fit Direct program; you will not pay anything to the fitness center to enroll. However, if there are fees associated with upgrading your fitness center standard membership, you're responsible for paying those directly to the fitness center. Any non-standard fitness center services that typically require an additional fee are not included in Active&Fit Direct.

Q: Can I try out a location before enrolling?

A: Yes. If you're interested in a network fitness center but not ready to enroll, you may request a guest pass letter and bring it to the fitness center indicated on the letter. To request a guest pass, visit the Active&Fit Direct section of your employer, association or health plan website. Not all fitness centers offer a guest pass, but you can use the online search to find one that does.

Q: Can members add their family to their fitness center or YMCA membership through the Active&Fit Direct program?

A: This program is open to your spouse and dependents 18 years and older (whether or not you enroll), provided that they create their own accounts and are responsible for paying their own fees: $28 a month per person (plus a $28 enrollment fee and applicable taxes). Up to three family members may enroll in the Active&Fit Direct program through emailed invitation links that you can send through the website. Eligible family members can download a free guest pass (where available) and try out a few workouts before they enroll.

Q: Do I get an Active&Fit Direct fitness card?

A: Yes. The fitness card is available in your Active&Fit Direct account. You can print it or save it to your phone to show to the participating fitness center.

Q: How do I cancel my enrollment?

A: You can cancel your enrollment on the Active&Fit Direct website after the three-month enrollment period. Refer to the *Program and Website Terms and Conditions* on the Active&Fit Direct website for more information.

Log into your Geisinger Health Plan member portal at **geisinger.org/health-plan/sign-in**.

Geisinger Health Plan may refer collectively to health care coverage sponsors Geisinger Health Plan, Geisinger Quality Options, Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated health care delivery and coverage organization.

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