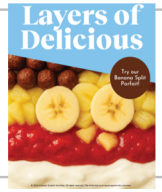


Dryden (K & PreK) School| BREAKFAST MENU

NOVEMBER 2026

Available Daily:

- WG Bagel with Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pop Tarts
- Yogurt w/ Graham Crackers

MON	TUES	WED	THURS	FRI
2 WG Chocolate Crescent Roll Fruit & Milk	3 Schools Closed	4 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	5 WG Apple Frudel Fruit & Milk	6 Bacon, Egg & Cheese WG Bagel Melt Fruit & Milk
9 WG Mini Pancake Puffs Strawberry Fruit & Milk	10 Bacon, Egg & Cheese Breakfast Griddle Fruit & Milk	11 Schools Closed	12 WG Maple Madness Waffles Fruit & Milk	13 Bacon, Egg & Cheese WG Bagel Melt Fruit & Milk
16 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	17 WG Mini Cinnamon Rolls Fruit & Milk	18 Bacon, Egg & Cheese WG English Muffin Melt Fruit & Milk	19 Mini Maple Pancake Puffs Fruit & Milk	20 Egg & Cheese English Muffin Melt Fruit & Milk
23 WG Maple Madness Waffles Fruit & Milk	24 WG Cinnamon Breakfast Bun Fruit & Milk	25 Schools Closed	26 Schools Closed	27 Schools Closed
30 WG Cinnamon Breakfast Bun Fruit & Milk		**National Parfait Day** November 4th		

Breakfast Price:
Students – No cost
Adults $3.62 + tax

Powering potential.

Menus are subject to change.



All Breakfasts MUST Include Choice of:
Fresh Fruits (Apples, Oranges and Bananas) and100% Fruit Juice

And May Include:
1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain

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Elementary School| BREAKFAST MENU

NOVEMBER 2026

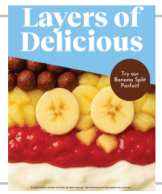
MON	TUES	WED	THURS	FRI
2 WG Chocolate Crescent Roll Fruit & Milk	3 Schools Closed	4 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	5 WG Apple Frudel Fruit & Milk	6 Bacon, Egg & Cheese WG Bagel Melt Fruit & Milk
9 WG Mini Pancake Puffs Strawberry Fruit & Milk	10 Bacon, Egg & Cheese Breakfast Griddle Fruit & Milk	11 Schools Closed	12 WG Maple Madness Waffles Fruit & Milk	13 Bacon, Egg & Cheese WG Bagel Melt Fruit & Milk
16 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	17 WG Mini Cinnamon Rolls Fruit & Milk	18 Bacon, Egg & Cheese WG English Muffin Melt Fruit & Milk	19 Mini Maple Pancake Puffs Fruit & Milk	20 Egg & Cheese English Muffin Melt Fruit & Milk
23 WG Maple Madness Waffles Fruit & Milk	24 WG Cinnamon Breakfast Bun Fruit & Milk	25 Schools Closed	26 Schools Closed	27 Schools Closed
30 WG Cinnamon Breakfast Bun Fruit & Milk				

Available Daily:

- WG Bagel with Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pop Tarts
- Yogurt w/ Graham Crackers



National Parfait Day
November 4th



Breakfast Price:
Students – No cost
Adults $3.62 + tax

Powering potential.

Menus are subject to change.



All Breakfasts MUST Include Choice of:
Fresh Fruits (Apples, Oranges and Bananas) and100% Fruit Juice

And May Include:
1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain

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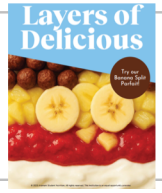
Available Daily:

- Bacon, Egg, & Cheese Sandwich
- WG Bagel w/ Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pancakes
- Assorted Pop Tarts
- Assorted WG Donuts
- WG French Toast Sticks
- Yogurt Parfait w/ Granola & Fruit
- Yogurt w/ Graham Crackers
- Fruit Smoothie

Powering potential.

Middle School| BREAKFAST MENU

NOVEMBER 2026

MON	TUES	WED	THURS	FRI
2 WG Cinnamon Breakfast Bun Fruit & Milk	3 **Schools Closed**	4 WG Chocolate Crescent Roll Fruit & Milk	5 WG Vanilla Glazed Donut w/ Lucky Charms Fruit & Milk	6 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
9 WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk	10 WG French Toast Sticks w/ Syrup Fruit & Milk	11 **Schools Closed**	12 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	13 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
16 WG Maple Glazed Bacon Donut Fruit & Milk	17 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	18 WG Cinnamon Breakfast Bun Fruit & Milk	19 WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk	20 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
23 Mini Maple Pancake Puffs Fruit & Milk	24 Egg & Cheese Pancake Breakfast Melt Fruit & Milk	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 WG Apple Frudel Fruit & Milk	HAPPY Fall!	**National Parfait Day** November 4th		**Breakfast Price:** Students – No cost Adults $3.62 + tax

Menus are subject to change.



All Breakfasts MUST Include Choice of:
Fresh Fruits (Apples, Oranges and Bananas) and100% Fruit Juice

And May Include:
1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain

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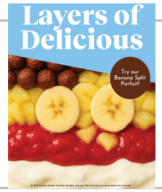
Available Daily:

- Bacon, Egg, & Cheese Sandwich
- WG Bagel w/ Cream Cheese or Butter
- Assorted Cold Cereal
- Assorted Cereal Bars
- Assorted Pancakes
- Assorted Pop Tarts
- Assorted WG Donuts
- WG French Toast Sticks
- Yogurt Parfait w/ Granola & Fruit
- Yogurt w/ Graham Crackers
- Fruit Smoothie

Powering potential.

High School| BREAKFAST MENU

NOVEMBER 2026

MON	TUES	WED	THURS	FRI
2 WG Cinnamon Breakfast Bun Fruit & Milk	3 **Schools Closed**	4 WG Chocolate Crescent Roll Fruit & Milk	5 WG Vanilla Glazed Donut w/ Lucky Charms Fruit & Milk	6 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
9 WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk	10 WG French Toast Sticks w/ Syrup Fruit & Milk	11 **Schools Closed**	12 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	13 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
16 WG Maple Glazed Bacon Donut Fruit & Milk	17 **Fresh Baked** Blueberry or Chocolate Chip Muffin Top Fruit & Milk	18 WG Cinnamon Breakfast Bun Fruit & Milk	19 WG Cinnamon Toast Crunch Breakfast Bar Fruit & Milk	20 Egg & Cheese Pancake Breakfast Melt Fruit & Milk
23 Mini Maple Pancake Puffs Fruit & Milk	24 Egg & Cheese Pancake Breakfast Melt Fruit & Milk	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 WG Apple Frudel Fruit & Milk	HAPPY Fall!	**National Parfait Day** November 4th		

Breakfast Price:
Students – No cost
Adults $3.62 + tax

Menus are subject to change.



All Breakfasts MUST Include Choice of:
Fresh Fruits (Apples, Oranges and Bananas) and100% Fruit Juice

And May Include:
1% White Milk, Fat-Free White Milk or Fat-Free Chocolate Milk (all Antibiotic and Hormone Free) All Breads, Bagels, Muffins are Whole Grain

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Dryden (K & PreK) School| LUNCH MENU

NOVEMBER 2026

MON	TUES	WED	THURS	FRI
2 Chicken Patty Sliders on a WG Bun Baked French Fries Fresh Pears	3 **Schools Closed**	4 Chicken & Vegetable Dumpling w/ Vegetable Fried Rice Peas & Carrots Fresh Strawberries	5 **Brunch for Lunch** WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana	6 **Homemade WG Pizza** Cheese or Pepperoni (P) Side Spinach Salad Whole Apple
9 Turkey Hot Dog on a WG Bun Romaine Salad Fresh Pears	10 Beef Nachos w/ Cheese Sauce Mexican Style Street Corn Orange Wedges	11 **Schools Closed**	12 **Homemade** Mac & Cheese w/ a WG Roll Cucumber Coins Ripe Banana	13 **Homemade WG Pizza** Cheese or Pepperoni (P) Rainbow Blend Veggies Whole Apple
16 Cheeseburger on a WG Bun Black Beans Fresh Pears	17 Beef Taco w/ Cheddar Cheese Cucumber Slices Orange Wedges	18 Honey Stung Popcorn Chicken w/ WG Biscuit Glazed Carrots Fresh Strawberries	19 **Friendsgiving Meal** Turkey Sliced Roast w/ Mashed Potatoes & Gravy & WG Dinner Roll Green Beans Fresh Grapes	20 **Homemade WG Pizza** Cheese or Pepperoni (P) Red Pepper Strips Whole Apple
23 Chili Orange Glazed Popcorn Chicken Steamed Edamame Beans Fresh Pears	24 Chicken Sandwich on a WG Bun w/ "Signature Sauce" Baked Smiles Fries Orange Wedges	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 Chicken Drumstick w/ WG Dinner Roll Baked French Fries Fresh Pears				**Lunch Price:** **Students – No cost** **Adults $5.40 + tax**

Available Daily:

- Sunbutter & Jelly Sandwich
- Cheese, Boar's Head Turkey, or Ham (P) & Cheese Sandwich
- Bagel w/ String Cheese
- Garden Salad with WG Dinner Roll
- Yogurt Parfait w/ Granola & Fruit

Powering potential.

Menus are subject to change.



Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:
Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable
Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)
Denotes: Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****

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Elementary School| LUNCH MENU

NOVEMBER 2026

Available Daily:

- Sunbutter & Jelly Sandwich
- Cheese, Boar's Head Turkey, or Ham (P) & Cheese Sandwich
- Bagel w/ String Cheese
- Garden Salad with WG Dinner Roll
- Yogurt Parfait w/ Granola & Fruit

MON	TUES	WED	THURS	FRI
2 Chicken Patty Sliders on a WG Bun or Cheese Pizza Baked French Fries Fresh Pears	3 **Schools Closed**	4 Chicken & Vegetable Dumpling w/ Vegetable Fried Rice or Cheese Pizza Peas & Carrots Fresh Strawberries	5 **Brunch for Lunch** WG French Toast w/ Syrup & Turkey Sausage or Grilled Cheese Red Pepper Strips Ripe Banana	6 **Homemade WG Pizza** Cheese or Pepperoni (P) Side Spinach Salad Whole Apple
9 Turkey Hot Dog on a WG Bun or Cheesy Stuffed Bread w/ Dipping Sauce Baked French Fries Fresh Pears	10 Beef Nachos w/ Cheese Sauce or Popcorn Chicken Mexican Style Street Corn Orange Wedges	11 **Schools Closed**	12 **Homemade** Mac & Cheese w/ a WG Roll or Grilled Cheese Baked Tater Tots Ripe Banana	13 **Homemade WG Pizza** Cheese or Pepperoni (P) Rainbow Blend Veggies Whole Apple
16 Cheeseburger on a WG Bun or Grilled Cheese Black Beans Fresh Pears	17 Beef Taco w/ Cheddar Cheese or Chicken Nuggets Cucumber Slices Orange Wedges	18 Honey Stung Popcorn Chicken w/ WG Dinner Roll or Cheese Pizza Glazed Carrots Fresh Strawberries	19 **Friendsgiving Meal** Turkey Sliced Roast w/ Mashed Potatoes & Gravy & WG Dinner Roll Green Beans Fresh Grapes	20 **Homemade WG Pizza** Cheese or Pepperoni (P) Red Pepper Strips Whole Apple
23 Chili Orange Glazed Popcorn Chicken or Cheesy Stuffed Bread w/ Dipping Sauce Steamed Edamame Beans Fresh Pears	24 Chicken Sandwich on a WG Bun w/ "Signature Sauce" or Chicken Nuggets Baked Smiles Fries Orange Wedges	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 Chicken Drumstick w/ WG Dinner Roll or Cheesy Stuffed Bread w/ Dipping Sauce Baked French Fries Fresh Pears				**Lunch Price:** **Students – No cost** **Adults $5.40 + tax**

Powering potential.

Menus are subject to change.



Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:
Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable
Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)
Denotes: Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****

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Middle School | LUNCH MENU

NOVEMBER 2026

Daily Lunch Offerings:

- Nacho Bar
- Yogurt Parfait w/ Granola & Fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel w /2 String Cheese
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Hamburger/Cheeseburger
- Spicy Chicken Sandwich
- Crispy Chicken Sandwich

MON	TUES	WED	THURS	FRI
2 General Tso's Popcorn Chicken w/ Lo Mein Steamed Broccoli Fresh Pears	3 **Schools Closed**	4 Jerk Chicken Rice & Beans w/ Sweet Plantains Mixed Veggies Fresh Strawberries	5 **Brunch for Lunch** WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana	6 Buffalo Popcorn Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple
9 Honey Stung Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Pears	10 Chicken Alfredo w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Whole Orange	11 **Schools Closed**	12 Chicken & Vegetable Dumpling w/ Vegetable Fried Rice Peas & Carrots Ripe Banana	13 Chicken Drumstick Mashed Potatoes w/ Gravy & WG Dinner Roll Rainbow Blend Veggies Whole Apple
16 **Twin Beef Soft Tacos** Seasoned Beef with Shredded Lettuce and Cheddar Cheese Seasoned Corn Whole Orange	17 General Tso's Chicken w/ Stir-Fry Vegetables Whole Orange	18 Chicken Alfredo w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Fresh Strawberries	19 **Friendsgiving Meal** Turkey Sliced Roast w/ Mashed Potatoes & Gravy & WG Dinner Roll Green Beans Fresh Grapes	20 Buffalo Popcorn Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple
23 Plain or Cheddar & Jalapeno Hot Dog Baked Tater Tots Fresh Pears	24 BBQ Chicken Meatball Sub Melt Roasted Carrots Whole Orange	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 WG Mozzarella Sticks w/Marinara Dipping Sauce Baked Waffle Fries Fresh Pears	**Pepperoni Calzone & Pizza-Ranch** Oct 9th – 13th			**Lunch Price:** Students – No cost Adults $5.40 + tax

Powering potential.

Menus are subject to change.



Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:
Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable
Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)
Denotes: Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****

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High School | LUNCH MENU

NOVEMBER 2026

Daily Lunch Offerings:

- Nacho Bar
- Yogurt Parfait w/ Granola & Fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel w /2 String Cheese
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Hamburger/Cheeseburger
- Spicy Chicken Sandwich
- Crispy Chicken Sandwich

MON	TUES	WED	THURS	FRI
2 General Tso's Popcorn Chicken w/ Lo Mein Steamed Broccoli Fresh Pears	3 **Schools Closed**	4 Jerk Chicken Rice & Beans w/ Sweet Plantains Mixed Veggies Fresh Strawberries	5 **Brunch for Lunch** WG French Toast Sticks w/ Syrup & Turkey Sausage Patty Red Pepper Strips Ripe Banana	6 Buffalo Popcorn Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple
9 Honey Stung Popcorn Chicken w/ Mashed Potato & WG Biscuit Fresh Pears	10 Chicken Alfredo w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Whole Orange	11 **Schools Closed**	12 Chicken & Vegetable Dumpling w/ Vegetable Fried Rice Peas & Carrots Ripe Banana	13 Chicken Drumstick Mashed Potatoes w/ Gravy & WG Dinner Roll Rainbow Blend Veggies Whole Apple
16 **Twin Beef Soft Tacos** Seasoned Beef with Shredded Lettuce and Cheddar Cheese Seasoned Corn Whole Orange	17 General Tso's Chicken w/ Stir-Fry Vegetables Whole Orange	18 Chicken Alfredo w/ Penne Pasta Garlic Texas Toast Roasted Broccoli Fresh Strawberries	19 **½ Day** Bag Lunches Available	20 Buffalo Popcorn Chicken Mac & Cheese w/ Breadstick Red Pepper Strips Whole Apple
23 **Friendsgiving Meal** Turkey Sliced Roast w/ Mashed Potatoes & Gravy WG Dinner Roll Green Beans Fresh Grapes	24 BBQ Chicken Meatball Sub Melt Roasted Carrots Whole Orange	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 WG Mozzarella Sticks w/Marinara Dipping Sauce Baked Waffle Fries Fresh Pears	**Pepperoni Calzone & Pizza-Ranch** Oct 9th – 13th			**Lunch Price:** Students – No cost Adults $5.40 + tax

Powering potential.

Menus are subject to change.



Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:
Meat/Meat Alternative, Bread/Grain, Fruit (includes Fruit Juice), Vegetable
Low Fat or Fat Free Milk Choice (Antibiotic and Hormone Free)
Denotes: Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
Items with WG are whole grain rich products

****One of the Choices MUST be a Fruit or Vegetable!****

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WESTBURY UFSD CACFP | DINNER MENU

NOVEMBER 2026

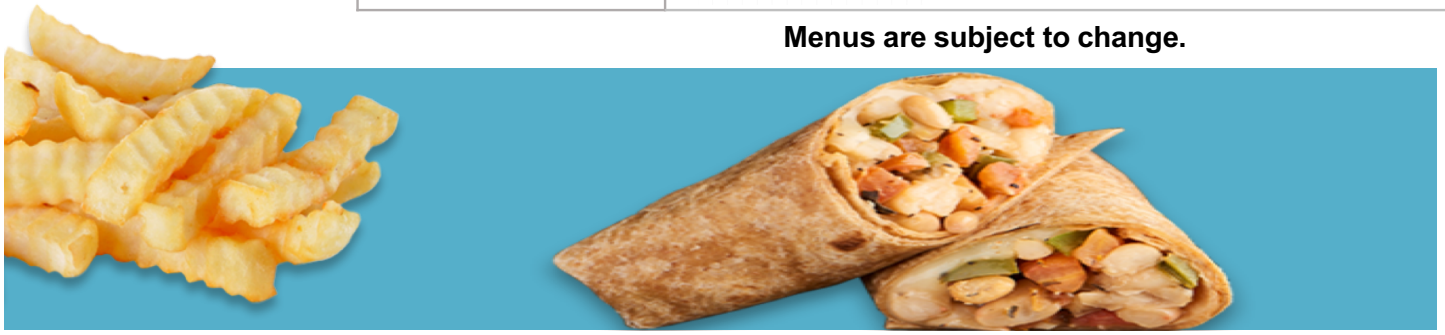
Vegetarian option is available upon request.

Each meal is served with a milk, fruit and vegetable.

MON	TUES	WED	THURS	FRI
2 Cheeseburger Vegetable Fruit Milk	3 Schools Closed	4 Cheese Pizza Vegetable Fruit Milk	5 Hot & Spicy ChickenSandwich Vegetable Fruit Milk	6 Grilled Chicken Caesar Salad WG Dinner Roll Vegetable Fruit Milk
9 Hot & Spicy ChickenSandwich Vegetable Fruit Milk	10 Creamy Chicken Salad Wrap Vegetable Fruit Milk	11 Schools Closed	12 Cheeseburger Vegetable Fruit Milk	13 WG Uncrustables Vegetable Fruit Milk
16 Cheeseburger Vegetable Fruit Milk	17 Buffalo Ranch Chicken Wrap Vegetable Fruit Milk	18 Cheese Pizza Vegetable Fruit Milk	19 Hot & Spicy ChickenSandwich Vegetable Fruit Milk	20 Grilled Chicken Caesar Salad WG Dinner Roll Vegetable Fruit Milk
23 Hot & Spicy ChickenSandwich Vegetable Fruit Milk	24 Creamy Chicken Salad Wrap Vegetable Fruit Milk	25 Schools Closed	26 Schools Closed	27 Schools Closed
30 Cheeseburger Vegetable Fruit Milk				

Powering potential.

Menus are subject to change.



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WESTBURY UFSD After School | SNACK MENU

NOVEMBER 2026



MON	TUES	WED	THURS	FRI
2 Graham Crackers 100% Juice	3 **Schools Closed**	4 WG Cereal Bar Fresh Orange	5 Animal Cracker 100% Juice	6 Cheez-It Crackers Fresh Apple
9 Graham Crackers 100% Juice	10 Heart Pretzel Fresh Pear	11 **Schools Closed**	12 Animal Cracker 100% Juice	13 Cheez-It Crackers Fresh Apple
16 Graham Crackers 100% Juice	17 Heart Pretzel Fresh Pear	18 WG Cereal Bar Fresh Orange	19 Animal Cracker 100% Juice	20 Cheez-It Crackers Fresh Apple
23 Graham Crackers 100% Juice	24 Heart Pretzel Fresh Pear	25 **Schools Closed**	26 **Schools Closed**	27 **Schools Closed**
30 Graham Crackers 100% Juice	**Pepperoni Calzone & Pizza-Ranch** Oct 9th – 13th			**Lunch Price:** Students – No cost Adults $5.40 + tax

Menus are subject to change.

The After School Program is FREE! We meet every day after school, we provide children with homework help, recreational activities, and a nutritious snack! For more information on this program please reach out to the Food Service Department at (516) 876-5022.

More Info…
Westbury UFSD participates in afterschool activities and a feeding program. Please contact your school office for more information.

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