
Erikson Institute
smooth way home®

You are not alone... We are here to help.

Heading home from the hospital can feel overwhelming. Infant Specialists can meet with you in the NICU and again at home.

smooth way home®

Together we can:

- Explore ways to soothe and calm your baby
- Talk about sleep and crying
- Share information about infant development
- Listen and find ways to reduce stress while supporting you in your important role as a parent

Call 888-431-BABY to speak with an Infant Specialist.

Email: smoothwayhome@erikson.edu

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