Hoosac Valley Middle/High School
Lunch Menu for November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2) CHICKEN TENDERS Sweet Potato Fries Corn Melon	**3) TATER TOT NACHOS** Onion Rings Broccoli Strawberries	**4) PASTA WITH MEATBALLS** Caesar Salad Cauliflower Pears	**5) PULLED PORK SANDWICH** Cole Slaw Baked Beans, Mixed Vegetables Oranges	**6) CHEESEBURGER (ALTERNATE: BLACK BEAN BURGER)** Oven Fries Carrots Plums
9) MOZZARELLA STICKS Marinara Sauce Tossed Salad Broccoli Mixed Fruit	**10) SHEPHERD'S PIE** Dinner Roll Chickpea salad Peaches	**11)** **VETERAN'S DAY** **NO SCHOOL**	**12) WAFFLES** Sausage Hash Browns Apples	**13) PIZZA** Caesar Salad Carrots Apricots
16) MACARONI & CHEESE Broccoli Green Beans Melon	**17) CHICKEN CAESAR WRAP** Pasta Salad, Carrot sticks Strawberries	**18) KOREAN BBQ CHICKEN BOWL W/RICE** Corn Pears	**19) CHICKEN QUESADILLA** Black Bean Salad Peas Oranges HALF DAY (LUNCH WILL BE SERVED)	**20) CHEESEBURGER (ALTERNATE: BLACK BEAN BURGER)** Caesar Salad, Sweet Potato Fries Plums
23) POPCORN CHICKEN Gold Fish Crackers, Oven Fries Broccoli Mixed Fruit	**24) TURKEY DINNER** Mashed potatoes w/gravy Stuffing, Green Bean Casserole Cranberry Sauce Cinnamon Apples	**25) PIZZA BITES** Greek Salad Mixed Vegetables Peaches DISTRICT WIDE ½ DAY (LUNCH WILL BE SERVED)	**26)** **HAPPY THANKSGIVING**	**27)** **NO SCHOOL**
30) BREADED CHICKEN PARM SANDWICH Sweet Potato Fries Zucchini, Mixed Fruit				

****Daily Lunch alternative offered** **Milk is served with every meal** **Menu subject to change without notice****

(MILK WITHOUT A MEAL IS .40)

****Any food allergy should be reported to the school nurse**. **This institution is an equal opportunity provider****

"Regular Meal Information"

To Receive a complete meal for the Free Amount you must choose at least 3 of the 5 components of a Regular Lunch

***Grain *Meat or Meat Alt. * Fruit or Fruit Juice *Vegetable *Milk**

Students may take all 5 components if they choose!

Federal Regulations require that <u>at least one of the component choices must be a fruit or vegetable</u>