BREAKFAST

NOVEMBER 2026

SECONDARY SCHOOLS BREAKFAST

FREE BREAKFAST FOR ALL STUDENTS
SERVED DAILY HALF HOUR BEFORE
SCHOOL STARTS!!

Monday	Tuesday	Wednesday	Thursday	Friday
2 ASSORTED COLD CEREALS FRENCH TOAST STICKS TURKEY BACON FRESH SEASONAL FRUIT	**3** ASSORTED COLD CEREALS GREEK YOGURT CUP LEMON BLUEBERRY BITES FRESH SEASONAL FRUIT	**4** ASSOERTED COLD CEREALS FRESH BAKED SCONE SCRAMBLED EGGS FRESH BERRIES	**5** ASSORTED COLD CEREALS HEALTHY BANANA SPLIT YOGURT PARFAIT FRESH SEASONAL FRUIT	**6** ASSORTED COLD CEREALS ASSORTED FRESH BAGELS CREAM CHEESE OR PEANUT BUTTER FRESH MELON
9 ASSORTED COLD CEREALS ZUCCHINI BREAD COTTAGE CHEESE CUP W/FRUIT SALAD FRESH SEASONAL FRUIT	**10** ASSORTED COLD CEREALS ENGLISH MUFFIN (EGG, TURKEY HAM & CHEESE) FRESH SEASONAL FRUIT	**11** **VETERANS DAY** **NO SCHOOL!!!**	**12** ASSORTED COLD CEREALS YOGURT CUP GRANOLA FRESH SEASONAL FRUIT	**13** ASSORTED COLD CEREALS PANCAKES W/PURE MAPLE SYRUP TURKEY SAUSAGE FRESH SEASONAL FRUIT
16 ASSORTED COLD CEREALS BREAKFAST BURRITO FRESH SEASONAL FRUIT	**17** ASSORTED COLD CEREALS HOMEMADE MUFFINS BREAKFAST YOGURT SMOOTHIE FRESH SEASONAL FRUIT	**18** ASSORTED COLD CEREALS MINI BAGEL SCRAMBLED EGGS FRESH SEASONAL FRUIT	**19** ASSORTED COLD CEREALS PEACHY PARFAIT W/GRANOLA FRESH SEASONA FRUIT	**20** ASSORTED COLD CEREALS HOT OATMEAL WITH TOPPINGS (PUMPKIN SEEDS, RAISINS, APPLES) FRESH SEASONAL FRUIT HEALTHY HOT CHOCOLATE MILK W/WHIPPED CREAM
23 ASSORTED COLD CEREALS OMELET CHEESE HASH BROWN POTATOES FRESH SEASONAL FRUIT	**24** ASSORTED COLD CEREALS CINNAMON ROLLS SCRAMBLED EGGS FRESH SEASONAL FRUIT	**25** **FALL BREAK** **HAPPY HOLIDAYS!!**	**26** **FALL BREAK** **HAPPY HOLIDAYS!!**	**27** **FALL BREAK** **HAPPY HOLIDAYS!!**
30 ASSORTED COLD CEREALS BANANA BREAD STRING CHEESE/HB EGG FRESH SEASONAL FRUIT				



MENU SUBJECT TO CHANGE
ALL MEALS INCLUDE: PROTEIN ENTRÉE, WHOLE GRAINS AND FRESH FRUIT
CHOICE OF MILK: LOW-FAT, SOY OR ALMOND MILK

*** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER***