LOCATIONS:
FRESH EXPRESS NEXT TO CAFE
UHS FRONT ENTRANCE KIOSK
WEST ENTRANCE KIOSK

UHS BREAKFAST MENU

LIGHT & TASTY

WHOLE GRAIN CEREAL

ZEES ZEES BREAKFAST BAR
strawberry *birthday cake*
smores *cinnamon*
blueberry *berry apple*

New!

PUMPKIN PIE PARFAIT
(Starting 11/9/26)
yoplait vanilla yogurt® and pumpkin puree served with cinnamon and granola

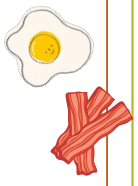
FRESH SEASONAL BERRY PARFAIT
(Discontinuing starting 11/9/26)
yoplait vanilla yogurt® served with organic, California grown mixed berries paired with granola

HEALTHY & HEARTY

HOUSEMADE BREAKFAST BURRITO
scrambled eggs, shredded cheese, homestyle potatoes, and turkey chorizo in a whole grain flour tortilla

BREAKFAST SANDWICH
chicken sausage, egg patty, and sliced cheddar cheese in a whole wheat english muffin

FRESH HOTCAKES
homemade pancakes and pork bacon



SMUCKERS UNCRUSTABLE™
crustless soft, wheat bread filled with your choice of strawberry, grape, raspberry, honey jam

BAKED GOODS

SWEET CINNAMON ROLL
sweet baked whole grain dough filled with a cinnamon sugar filling

HOMEMADE WARM CRUMBLE CAKE
soft cake with sweet crumb topping

HOMEMADE MUFFINS
option of banana, blueberry, or chocolate chip, cinnamon apple



FRESH BAGELS
fresh baked whole-grain blueberry ,cheddar jalapeño cinnamon raisin, everything or plain

CHOCOLATE CROISSANT
fresh baked, flaky croissant with chocolate in the center

OPTIONAL SIDE

STILL HUNGRY?
Ask for a 4 oz. yogurt

VEGETARIAN WHOLE GRAIN VEGAN

FOLLOW US ON INSTAGRAM TO SEE THE FULL MENU
@UUSDFARMTOSCHOOL

UPLAND UNIFIED SCHOOL DISTRICT

*Menu subject to change
*This institution is an equal opportunity provider

UHS LUNCH MENU

DAILY SPECIALS

MONDAY
CHICKEN CHUNKS & HONEY BUTTER BISCUIT

TUESDAY
CHICKEN DUMPLINGS W/ GARLIC FRIED RICE

PHILLY CHEESE STEAK

WEDNESDAY
FRIED CHICKEN AND WAFFLE

HOT WINGS & MAC

THURSDAY
ORANGE CHICKEN W/ BROWN RICE

FRIDAY
CHICKEN ALFREDO

CALIFORNIA SUSHI BOWL

VEGAN SPECIALS

MONDAY
VEGAN NUGGETS AND ROLL

TUESDAY
VEGGIE CRISPY SANDWICH

WEDNESDAY
VEGAN QUESADILLA

THURSDAY
EDAMAME DUMPLINGS

FRIDAY
BLACK BEAN BURGER

FIESTA FUN

AL PASTOR QUESADILLA



MON/WED/FRI Special

WALKING TACO

TUE/THUR Special

BIRRIA RAMEN

CLASSICS

KICKIN' CHICKEN SANDWICH

SMUCKERS UNCRUSTABLE™

PIZZA & GARLIC KNOTS

CHEESEBURGER





VEGETARIAN VEGAN WHOLE GRAIN

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FRESH OPTIONS

BENTO BOX

CHICKEN CAESAR SALAD



MON/WED/FRI Special

SEASONAL BERRY PARFAIT



TUE/THUR Special

BERRY BANANA SMOOTHIE W/ MUFFIN

LOCATIONS:

INSIDE CAFE
FRESH EXPRESS NEXT TO CAFE
1 OF 2 KIOSKS AROUND CAMPUS
PIZZA LINE

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UPLAND UNIFIED SCHOOL DISTRICT