hello NOVEMBER

PK-5

Monday- Breakfast Pizza

Tuesday-Sausage, Egg, & Cheese Breakfast Sandwich

Wednesday- Scrambled Eggs, Sausage Links, & Wg Pastry

Thursday- Ham, Egg, & Cheese Breakfast Sandwich

Friday- Egg & Cheese Wrap, Bacon, Hashbrowns

Breakfast is provided at no cost to families. Wg cereal, fruit and milk offered daily.



November

PK-5

2 Bbq Chicken Garlic Knot Sweet Potato Fries	3 Beef Nachos Veggie Beans Corn	4 Pizza, Pizza! Cauliflower	5 Ham, Egg & Cheese Breakfast Sandwich Hashbrown	6 Wg Pasta & Meatballs Broccoli
9 Popcorn Chicken Sweet Potato Fries	10 Turkey Taco Rice, Corn Veggie Beans	11 	12 Fish Nuggets Potato Fries	13 Breaded Beef Bites Broccoli
16 Chicken Tenders Sweet Potato Fries	17 Pork Carnitas Rice, Corn Veggie Beans,	18 Garlic Parm Chicken Drumstick Dinner Roll Cauliflower	19 Sloppy Joe Potato Fries	20 Turkey Dinner Garlic Bread Mashed Potatoes Stuffing Apple Crisp
23 Breakfast Pizza Hashbrowns	24 Sweet & Sour Dumplings Veggie Beans, Corn			
30 Crispy Chicken Sandwich Sweet Potato Fries				

All students enrolled are eligible to receive one complete BREAKFAST and LUNCH per day at no cost. PBJ's, assorted fruit, Romaine salad and milk offered daily.

RCCSD aims to accommodate all student dietary needs including food allergies and religious restrictions. Please contact the Director of School Nutrition to make those accommodation.

breakfast

Monday- Breakfast Pizza

Tuesday- Sausage, Egg, & Cheese Breakfast Sandwich

Wednesday-Scrambled Eggs, Sausage Links, & Wg Pastry

Thursday- Ham, Egg, & Cheese Breakfast Sandwich

Friday- Egg & Cheese Wrap or Wg Pastry, Bacon & Hashbrowns

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November

6-12

2 BBQ Chicken WG Garlic Knot Sweet Potato Fries	3 Beef Tacos Rice, Corn Veggie Beans	4 Buffalo Chicken Wing Dip or Pizza Cauliflower	5 Chicken & Waffles Hashbrowns	6 WG Pasta w/Meatballs Broccoli
9 Popcorn Chicken Dinner Roll Sweet Potato Fries	10 Turkey Tacos Rice, Corn Veg Beans	11 	12 Fish Nuggets Potato Fries	13 Breaded Pork Steak Broccoli Breadstick
16 Chicken Tenders Dinner Roll Sweet Potato Fries	17 Pork Carnitas Rice, Corn Veg Beans	18 Wing, Ding & Dippin' Wednesday Carrot & Celery Sticks	19 Sloppy Joe Potato Fries	20Turkey Dinner Garlic Knot Stuffing Mashed Potatoes Apple Crisp
23 Chicken Nuggets Dinner Roll Sweet Potato Fries	24 Chicken & Veg Dumplings Veg Beans, Corn			
30 Crispy Chicken Sandwich Sweet Potato Fries				

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