November 2026 School Lunch

EASTCONN Student Food Services

Sterling Community School

Payment for Snacks
Linq Account - Choose EASTCONN as the district
https://linqconnect.com
Cash - Remaining change is added to Linq account
Checks - Make out to EASTCONN Food Services, Memo student name

LOCAL HIGHLIGHT : Sterling, CT

Partnership with 10+ Local Farms with Click, Williamantic and HealthyPlanEat

MEAL PRICES

Breakfast	No Cost
Lunch	No Cost
2nd Entrée	$2.00
Milk	1 included / Extra $0.60
Adult Breakfast	$3.00
Adult Lunch	$6.00

BREAKFAST

Whole-grain cereal & Protein Pack available daily
Monday: S'Mores Breakfast
Tuesday: Chocolate Chip Muffin
Wednesday: Pumpkin Bread
Thursday: Cinnamon Roll
Friday: Bacon, Egg & Cheese Breakfast Sandwich

MADE IN OUR KITCHENS | LOCAL FEATURES | MENU SUBJECT TO CHANGE

Daily Alternate: Mini Corn Dogs or Bagel Lunch Box • Fresh fruit, vegetables & milk served daily

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 Chicken Drumstick served with Whole Grain Waffles Carrots	**11/3** Chicken Patty Sandwich Baked Beans	**11/4** Pancake Breakfast served with Pork Sausage Links and Hash Browns	**11/5** Buffalo Chicken Bowl Tortilla Chips Sour Cream & Salsa Corn	**11/6** Housemade Cheese or Pepperoni Pizza Cucumber Wheels
11/9 Grilled Cheese Sandwich with Tomato Soup Sweet Potato Waffle Fries	**11/10** Roasted Turkey served with Corn, Mashed Potatoes, Gravy, and Cranberry Jelly	**11/11** No School- Veterans Day	**11/12** Meat and Cheese Walking Taco with Sour Cream & Salsa Corn	**11/13** Housemade Cheese or Pepperoni Pizza Romaine Salad
11/16 Macaroni & Cheese with Cornbread Baked Beans	**11/17** Mozzarella Sticks served with Marinara Sauce Mixed Veggies	**11/18** Pancake Breakfast served with Pork Sausage Links and Hash Browns	**11/19** BBQ Chicken Sandwich Broccoli	**11/20** Housemade Cheese or Pepperoni Pizza Cucumber Wheels
11/23 Bacon Cheeseburger on WG Bun Mixed Veggies	**11/24** Pasta and Meatballs served with Texas Garlic Toast Corn	**11/25** French Toast Stick Breakfast served with Pork Sausage Links and Hash Browns	**11/26** No School - Thanksgiving	**11/27** No School - Holiday Break
11/30 Chicken Nuggets WG Pretzel Sweet Potato Fries				

Menus are subject to change based on product availability. Fresh fruits, vegetables, and milk served daily. For food allergy or special meal accommodation questions, contact EASTCONN Food & Hospitality Services. This institution is an equal opportunity provider. Questions? Reach out to EASTCONN Food and Hospitality Services at 860-455-1589 or EastconnFoodService@eastconn.org