# November-December 2026 Head Start Breakfast Menu

## What is a Meal?

You must choose the following components for a qualified breakfast.

- ★ **Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast.**
- ★ **Minimum of 2 grains or 1 grain and 1 meat or meat alternate**
- ★ **Choice of Milk - 1% white**

### Featured Fruit May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, Mandarin Oranges, 100% Fruit Juice And More!!



**DAILY ALTERNATES**

*Choice of Assorted Cereals with Belly Bears*

### Breakfast Prices:

Student: Free
Adult: $3.35


**Food Service Director:**
Darlene D. Wendrock
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**USDA IS AN EQUAL OPPORTUNITY EMPLOYER**

**ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **November-9** | **November-10** | **November-11** | **November-12** | **November-13** |
| **Entrée**<br>Mini Maple Pancakes<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |  | **Entrée**<br>Chocolate Chip French Toast<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |  |
| **November-16** | **November-17** | **November-18** | **November-19** | **November-20** |
| **Entrée**<br>Cinnamon Roll<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Strawberry Pancakes<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>**Peach Yogurt Parfait**<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>French Toast Sticks with Syrup<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |
| **November-23** | **November-24** | **November-25** | **November-26** | **November-27** |
| **Entrée**<br>Mini Blueberry Donut Holes<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |  | | |
| **November-30** | **December-1** | **December-2** | **December-3** | **December-4** |
|  | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Strawberry Cream Cheese Bagel<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entree**<br>French Toast Sticks with Syrup<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Assorted Cereals<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |
| **December-7** | **December-8** | **December-9** | **December-10** | **December-11** |
| **Entrée**<br>Mini Maple Pancakes<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entree**<br>Sausage, Egg & Cheese Biscuit<br>**Featured Selections**<br>**100% Fruit Juice**<br>**Assorted Fruits**<br>**Assorted Canned Fruit**<br>**White Milk** | **Entree**<br>Cherry Frudel<br>**Featured Selections**<br>**100% Fruit Juice**<br>**Assorted Fruits**<br>**Assorted Canned Fruit**<br>**White Milk** | **Entrée**<br>Blueberry Donut Holes<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |
| **December-14** | **December-15** | **December-16** | **December-17** | **December-18** |
| **Entrée**<br>Cinnamon Roll<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Breakfast Pizza<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>Pancake Sausage Wrap<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Choice of Milk | **Entrée**<br>**Strawberry Yogurt Parfait**<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk | **Entrée**<br>**Blueberry Pancakes**<br>**Featured Selections**<br>100% Fruit Juice<br>Assorted Fruits<br>Assorted Canned Fruit<br>White Milk |