November 2026

NTHS
Breakfast and Lunch

All NT students are eligible for a **1 free breakfast** and **1 free lunch** per day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 French Toast Sticks Fresh Fruit Cheese Pizza Sticks Broccoli, Veggie Beans Fruit	**3** Chocolate Chip Muffin Fresh Fruit Bacon Cheeseburger Celery and Carrots Fresh Fruit	**4** Breakfast Sandwich Fresh Fruit Meatball Sub Salad, Cukes Fruit	**5** Yogurt Parfait Fresh Fruit Orange Popcorn Chicken w/ Rice Broccoli, Peppers Fresh Fruit	**6** Mini Waffles Fresh Fruit Buffalo Chicken Pizza Carrots, Tomatoes Fresh Fruit
9 Mini French Toast Fresh Fruit Popcorn Chicken w/ Roll Broccoli, Cukes Fruit	**10** Mini Bagel Fresh Fruit Lumberjack Bowl w/ Roll Corn, Carrots Fruit	**11** 	**12** Cinni Mini Fresh Fruit Grilled Cheese W/ Tomato Soup Salad, BBQ Beans Fresh Fruit	**13** Breakfast Sandwich Fresh Fruit Chicken, Bacon, Ranch Pizza Broccoli, Tomatoes Fresh Fruit
16 Breakfast Pizza Fresh Fruit General Tso Chicken w/ Rice Broccoli, Peppers Fruit	**17** Apple Frudel Fresh Fruit Corndog Carrots, Celery Fruit	**18** Breakfast Sandwich Fresh Fruit Rodeo Burger Fries, Tomatoes Fruit	**19** Chocolate Chip Muffin Fresh Fruit Turkey and Gravy over Mashed Potatoes Corn, Green Beans Fruit	**20** Cherry Frudel Fresh Fruit Chicken Alfredo Broccoli, Veggie Beans Fruit
23 Cinni Mini Fresh Fruit Cheeseburger Fries, Peppers Fruit	**24** Chocolate Chip Muffin Fresh Fruit French Toast Sticks w/ Sausage Smiles, Corn Fruit	**25** 	**26** 	**27** 
30 Cinnamon Roll Fresh Fruit Pasta w/ Meatballs Broccoli, Veggie Beans Fruit	**Offered Daily:** **Breakfast:** Cereal **Lunch:** Chicken Patties, Panini, Tacos, PBJ w/ String Cheese and Pizza	1% and Fat Free Chocolate Milk Offered Daily		

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