coolcaf
FOOD • FUN • FRIENDS

K-3
Breakfast and Lunch
November 2026

All NT students are eligible for a **1 free breakfast** and **1 free lunch** per day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal Bowl w/ Crackers Fresh Fruit _____ Cheese Pizza Sticks Turkey and Cheese Sandwich Egg Chef Salad Tomatoes, Broccoli Fruit	**3** Oatmeal Chocolate Chip Bar Fresh Fruit _____ French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Ham Chef Salad Tots, Carrots Fruit	**4** Chocolate Muffin w/ Crackers Fresh Fruit _____ ½ and ½ Ham and Cheese Sandwich Beef Nacho Salad BBQ Beans, Side Salad Fruit	**5** Mini Bagel Fresh Fruit _____ Pizza Crunchers Bologna and Cheese Sandwich Popcorn Chicken Salad Rice, Side Salad Fruit	**6** Cereal Bowl w/ Crackers Fresh Fruit _____ Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit and Yogurt Celery and Carrots Fruit
9 Cereal Bowl w/ Crackers Fresh Fruit _____ Cheeseburger Turkey and Cheese Sandwich Egg Chef Salad Fries, Side Salad Fruit	**10** Cinnamon Bun Fresh Fruit _____ Little Jacks Bowl w/ Roll Bologna and Cheese Sandwich Ham Chef Salad Veggie Beans, Carrots Fruit	**11** 	**12** Breakfast Round Fresh Fruit _____ Grilled Cheese Bologna and Cheese Sandwich Popcorn Chicken Salad Carrots and Celery Fruit	**13** Cereal Bowl w/ Crackers Fresh Fruit _____ Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit and Yogurt Broccoli, Tomatoes Fruit
16 Cereal Bowl w/ Crackers Fresh Fruit _____ Chicken Patty Turkey and Cheese Sandwich Egg Chef Salad Broccoli, Peppers Fruit	**17** Cini Mini Fresh Fruit _____ Turkey and Gravy over Mashed Potatoes w/ Roll Bologna and Cheese Sandwich Ham Chef Salad Tomatoes, Tots Fruit	**18** Chocolate Muffin w/ Crackers Fresh Fruit _____ Cheese or Pepperoni Pizza Ham and Cheese Sandwich Beef Nacho Salad BBQ Beans, Broccoli Fruit	**19** Cereal Bowl w/ Crackers Fresh Fruit _____ 	**20** 
23 Cereal Bowl w/ Crackers Fresh Fruit _____ Cheeseburger Turkey and Cheese Sandwich Egg Chef Salad Peppers, Smiles Fruit	**24** Pumpkin Bread Fresh Fruit _____ Cheese or Pepperoni Pizza Bologna and Cheese Sandwich Ham Chef Salad Side Salad, Tomatoes Fruit	**25** 	**26** 	**27** 
30 Cereal Bowl w/ Crackers Fresh Fruit _____ Hot Dog Turkey and Cheese Sandwich Egg Chef Salad Fries, Side Salad Fruit				

Offered Daily: Rolls with Salad
PB&J w/ String Cheese
Chicken Nuggets w/ Roll
1% and Fat Free Chocolate Milk
Offered Daily

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