Gluten & Dairy Free Lunch

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 GF Chicken Nuggets GF Pretzels Carrot Sticks Diced Pear Apple Chocolate Soy Milk Vanilla Soy Milk	**3** Chef Salad GF Crackers Cauliflower Floret Mixed Fruit Banana Chocolate Soy Milk Vanilla Soy Milk	**4** Daiya Pizza Garden Salad Pineapple Tidbits Fresh Grapes Choice of Milk .	**5** GF Daiya Chicken Quesadilla Black Beans Fresh Broccoli Florets Applesauce Fresh Watermelon Chunks Chocolate Soy Milk .	**6** GF Turkey Ham Sandwich Sriracha Chickpeas Sliced Cucumbers Diced Peaches Fresh Pear Chocolate Soy Milk Vanilla Soy Milk
9 GF Crispy Chicken Sandwich Steamed Green Beans Celery Sticks Sliced Pears Fresh Orange Quarters Chocolate Soy Milk Vanilla Soy Milk	**10** GF Crispy Chicken Salad GF Pretzels Baked Beans, Vegetarian Creamy Coleslaw Carrots Sticks Mixed Fruit Banana Chocolate Soy Milk Vanilla Soy Milk	**11** GF Chicken Taco Glazed Carrots Cherry Tomatoes Mandarin Oranges Fresh Grapes Chocolate Soy Milk Vanilla Soy Milk	**12** GF Pasta with Meat Sauce GF Crackers Garden Salad Applesauce Fresh Strawberries Chocolate Soy Milk Vanilla Soy Milk	**13** Glazed Chicken Leg Mashed Potatoes GF Crackers Fresh Vegetable Sliced Peaches Fresh Pear Chocolate Soy Milk Vanilla Soy Milk
16 GF Grilled Cheese Sandwich Choice of Soup Cucumber Slices Diced Pear Apple Chocolate Soy Milk Vanilla Soy Milk	**17** GF Chicken Egg Roll Chicken Fried Rice Kung Fu Carrots Craving Chicken Salad Fresh Cauliflower Mixed Fruit Banana Chocolate Soy Milk Vanilla Soy Milk	**18** GF Waffles Sausage Patty Hashbrown Potato Rounds Fresh Pepper Slices Pineapple Tidbits Fresh Grapes Chocolate Soy Milk Vanilla Soy Milk	**19** GF Daiya Quesadilla Spanish Rice Salsa Spiced Pinto Beans Shredded Lettuce Applesauce Fresh Cantaloupe Chocolate Soy Milk Vanilla Soy Milk	**20** GF Pasta with Meat Sauce GF Crackers Roasted Broccoli Diced Peaches Fresh Pear Chocolate Soy Milk Vanilla Soy Milk
23 GF Corn Dog French Fries Carrot Sticks Sliced Pears Fresh Orange Quarters Chocolate Soy Milk Vanilla Soy Milk	**24** GF Chicken Gyro Roasted Broccoli Cherry Tomatoes Mixed Fruit Banana Chocolate Soy Milk Vanilla Soy Milk	**25** Roast Turkey & Gravy Mashed Potatoes GF Pretzels Baby Carrots Mandarin Oranges Cranberries Chocolate Soy Milk Vanilla Soy Milk	**26** NO SCHOOL	**27** NO SCHOOL
30 GF Sunbutter and Jelly Sandwich Cucumber Ranch Salad Carrot Sticks Diced Pear Apple Chocolate Soy Milk Vanilla Soy Milk	**1**			

PRICES

EXTRA INFO

HARVEST OF THE MONTH



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